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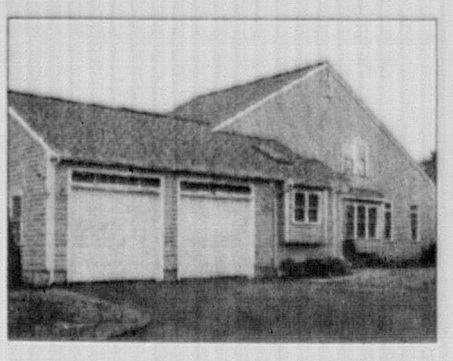

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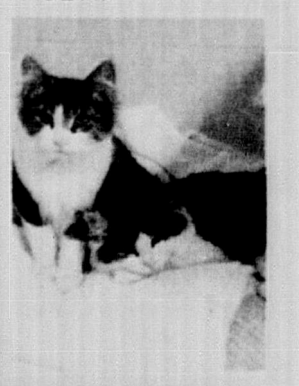

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HEALTHY LIVING

COMING IN PRINT

ROADS: What streets are the worst in town?

WICKED LOCAL.com

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BLIZZARD 2015

Cohasset weathers winter storm

By Erin Dale
edale@wickedlocal.com

Despite over two feet of snowfall and wind gusts up to 70 miles per hour, Cohasset fared well during the first blizzard of 2015.

"It was quite a storm," Town Manager Chris Senior said Wednesday. "While we are incredibly grateful that the storm had much less of an impact on power and trees than had been forecast, there is a significant amount of work to do to clear the more than two feet of snow which has blown and drifted all over town."

The storm started Monday evening and continued into Wednesday afternoon, leading Governor Baker to issue a statewide travel ban starting late Monday night until midnight Tuesday. Cohasset followed the state's lead, issuing a Declaration of Emergency and urging residents to stay indoors.

The worst of the weather led to some coastal flooding, which caused road closures along Jerusalem Road, Bow, Margin, and Border streets, among others; there were also a few power outages, but no major damage was reported.

"There were some sporadic outages but National Grid is on top of them and has been very responsive," Senior said Tuesday.

Both the schools and Town Hall were closed Tuesday and Wednesday. Students were also off Monday, while teachers and staff were in for a

SEE STORM, A4

David Burke of South Main Street uses a snowblower to clean up his driveway during the blizzard on Tuesday.
WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

FIRE CAPTAIN

Reflecting on a long career

Trask retiring after 39 years

By Erin Dale
edale@wickedlocal.com

Cohasset Firefighter Mark Trask's last day of work in Cohasset just so happens to land on a day of celebration for many: Super Bowl Sunday.

Captain Trask will report for duty on Sunday, Feb. 1, and close the chapter on 39 years of working on the Cohasset force.

Then, "he'll be high-tailing it from here to get home in time for kick-off," said Fire Chief Robert Silvia.

"And I won't have a deflated expression on my face!" Trask said with a laugh.

On a sunny Friday afternoon at the Cohasset Fire Station, Trask is eating his lunch in the break room while HGTV plays on a widescreen TV in the background. Over the years the Captain has also worked for Hingham Lumber and Jack Conway Real Estate. He is well-equipped, then, to comment on the "House Hunters" episode playing as a couple looks for beach front property in St.

SEE RETIREMENT, A9

Capt. Mark Trask will be hanging up his fire coat for the last time after 39 years on Feb. 1. WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

BLIZZARD

Team meets

CEMA strategizes to tackle storm

By Erin Dale
edale@wickedlocal.com

If this week's storm response was any indication, Cohasset is well-equipped to handle an emergency – weather or otherwise.

Before the blizzard, which started late Monday afternoon and continued into Wednesday, had barely started, members of the Cohasset Emergency Management Agency (CEMA) met in the town's Emergency Operations Center (EOC), a state-of-art operation located in the basement of the Deer Hill school.

CEMA includes Town Manager Chris Senior, Superintendent of Schools Barbara Cataldo, Acting Police Chief William Quigley, Fire Chief Robert Silvia, CEMA Director Glenn Pratt, Elder Affairs Director Coral Grande, and members of the town's Department of Public Works (DPW), Board of Health, and Board of Selectmen.

The group met early Monday and continued

SEE CEMA, A5

BLIZZARD 2015

Town asking individuals to help shovel snow

By Erin Dale
edale@wickedlocal.com

Cohasset spent Wednesday digging out from this week's blizzard – and the town sought some neighborly assistance.

The town has been hiring individuals to shovel at some critical spots in town, particularly at the senior housing at 60 Elm Street and hydrants around town. Individuals must at least 16 years old, available to work a minimum four-hour shift today and possibly over the next few days. The job pays $12 per hour. Those interested can call the Cohasset Police Department at 781-383-1055.

"With roughly 450 fire hydrants around town, it would be a tremendous help if residents can assist in clearing away the snow from hydrants in their neighborhoods," said Town Manager Chris Senior.

It's a common practice of the town, after snowstorms, to ask residents to adopt a hydrant in their neighborhood and clear it off for public safety.

Fire Chief Robert Silvia said that after a storm of this caliber, with over two feet of snow on the ground, more help is needed.

"Obviously because of the amount of snow we received, we've asked people in the past to adopt a hydrant, help out public safety and shovel them out," Silvia said Wednesday. "Due to the sheer amount of snow we've received, we're in the process of attempting to hire some casual labor for

SEE SHOVEL, A4

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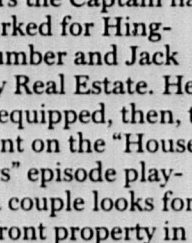

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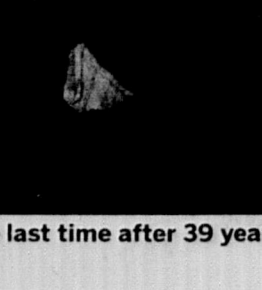

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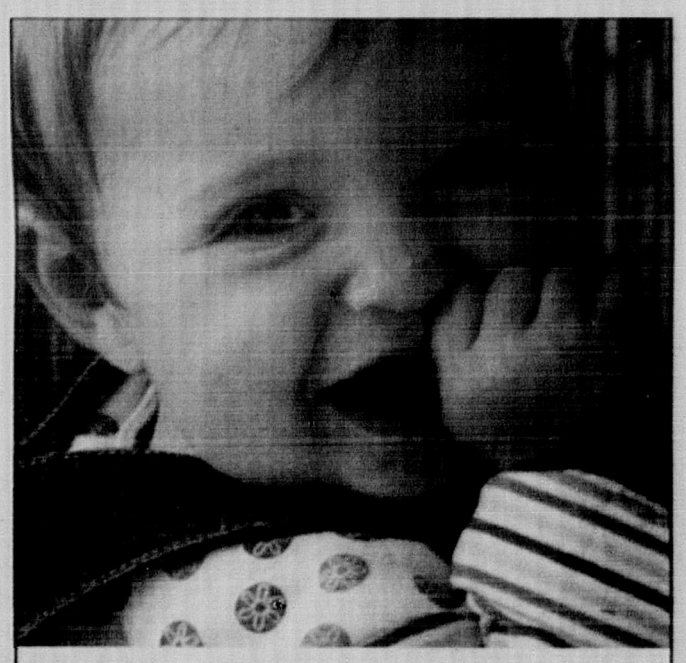

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PICTURE THIS

Lauren Mack

Name: Lauren Mack
Occupation: Associate Producer at LaunchPad Media. Volunteer at the New England Aquarium.
Best day of your life: First day diving in the Giant Ocean Tank.
Best vacation: The CHS French Exchange trip in 2007.
Favorite season: Autumn.
Favorite holiday: It's a toss up between Christmas and Halloween. Christmas is a big deal in my family, but I also love making homemade Halloween costumes!
Favorite food: Chicken noodle soup.
Best book: I'm a big fan of the "A Song of Ice and Fire" series.
Best movie or actor: Anything Pixar.
Best TV show: "Jeopardy."
Best music, group or artist: I've been listening to a lot of El Ten Eleven and Bonobo lately. "Black Sands" is one of my favorite albums.
Pet peeve: Popsicle sticks without jokes, when my family eats my Chinese food leftovers (looking at you, Billy).
Most embarrassing moment: I used to teach sailing in Scituate. One day I was showing the kids how to sail upwind but I got too close to the pier by the Mill Wharf and the boat stuck right in corner of it. I was mortified, but the kids thought it was pretty funny.
Person you would most like to meet: Ellen DeGeneres.

The Cohasset Mariner caught up with CHS alum, New England Aquarium volunteer, and YouTube singing sensation Lauren Mack in downtown Cohasset this week. Lauren filmed a parody video of the song "Let It Go" called "H2O" to help raise awareness and funds for her New England Aquarium Boston Marathon team. If you see Lauren around town, be sure to mention that you spotted her in Picture This! PHOTO/ERIN DALE

Goal: Currently, it's to meet my fundraising goal and cross the Boston Marathon finish line!
Biggest worry: Paying off student loans.
Best part of Cohasset: The end of Forest Avenue where it looks like you're heading straight into the ocean.

ONLY ONLINE

PHOTOS

Cohasset weathers the storm

VIDEO

Siam Cuisine in Hanover

BLOG: WILD ABOUT BIRDS

Pam French, owner of Wild Birds Unlimited, has the word on birds.

HOW TWEET IT IS

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MOST POPULAR STORIES

- Liquor store wants round on 3A
- Officer Kenney embodied community policing
- Economic Development Committee to be recharged
- Facts about burning permits
- PHOTOS: Honoring Rev. Dr. Martin Luther King Jr.

COHASSET ELDER AFFAIRS

Valentine's Day Tea is February 11

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs at 781-383-9112 if interested in attending events and activities or for more information.

Mondays, noon, starting Feb. 2. **Downton Abbey.** Wondering what all the conversation is about? Cohasset Elder Affairs will show this PBS series, beginning from season one through season four. Two episodes will be shown each week (with the exception of Feb. 16). Bring lunch.

Tuesday, Feb. 10, 4 p.m. **Caregiver presentation.** Kim Bennett from Visiting Angels will give tips to help manage dementia. Learn to make loved ones feel less anxious, as well as techniques for effective communication.

Wednesday, Feb. 11, noon. **Valentine's Day Tea.** Sponsored by the Social Service League and the Friends of Cohasset Elder Affairs, at Willcutt Commons (Cohasset's new senior center), 91 Sohier St. Make a reservation no later than Feb. 6.

Thursday, Feb 12, noon. **Intergenerational Lunch.** Fourth grade students from the Deer Hill School will entertain us and join us for lunch.

Beginning Thursday, Feb. 19, 1:30 to 2:30 p.m. **Magic for Beginners.** Learn Magic tricks! Impress your friends and your Grandchildren!! $35 for this five-class session.

ONGOING PROGRAMS:

- Line Dancing: Tuesdays, 1:30 to 2:30 p.m. Three North Main Street. Beginner to Beginner plus. Helps posture and balance, improves memory skills and confidence. Drop-ins welcome. Fee is $5.
- Sit to Get Fit: Thursdays, 10 to 11 a.m. Improve upper and lower body strength, flexibility and coordination from the comfort of one's chair. Fee is $5.
- Second Friday Book Club: 10:30 a.m. to 12:30 p.m. Discussion, coffee and refreshments. Leaders are Addie McGrath and Sandra Murray.
- Knitting: Drop in. Learners are welcome. Fridays from 1 to 3 p.m. Leader: Edna Finegan. Fee is $3.

TRANSPORTATION

Cohasset Elder Affairs offer door-to-door van service to the following:

- Around Town Route 3A: Mondays, 1 to 3 p.m. Stops, as requested, at Buttonwood Books, Supercuts, Bank of America, Rockland Trust, Walgreen's, CVS, Hingham Lumber, Old Colony shops, Aubuchon, etc.
- Shaw's: Tuesdays, at 1 p.m.
- Cohasset Train Station: Wednesdays, drop off for 9:04 a.m. train; pickup for 3:08 p.m. return.
- Wal-Mart/Hanover Mall: Wednesdays, at 9:30 a.m., return at 11:30 a.m.
- Around Town (downtown Cohasset): Thursdays, 9:30 a.m.
- Stop & Shop: Fridays, 9:30 a.m.
- Trader Joes/Marshall's: Second Friday of the month, 9:30 a.m.
- Derby Street Shoppes: Third Friday of the month, 9:30 a.m., return 11:30 a.m.
- Christmas Tree Shop: Fourth Friday of the month: 9:30 a.m.

Call 781-383-9112 at least 24 hours in advance for transportation. For out-of-town trips, a voluntary donation of $5 is requested.

Cohasset Elder Affairs Lunch Program: Lunches provided by celebrity chefs and local restaurants, at noon, on Tuesdays, Wednesdays and Thursdays. Call 24 hours ahead for reservations and/or transportation.

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South Shore Tide Chart

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JAN.-FEB. 2015		HIGH				LOW					
		AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.	SUNRISE	SUNSET
Thursday	29	6:33	9.2	7:13	8.1	12:03	0.5	12:50	0.2	6:59	4:53
Friday	30	7:35	9.2	8:16	8.1	1:04	0.7	1:53	0.2	6:58	4:54
Saturday	31	8:32	9.2	9:12	8.2	2:02	0.8	2:50	0.1	6:57	4:55
Sunday	01	9:24	9.3	10:01	8.3	2:56	0.7	3:39	-0.0	6:56	4:57
Monday	02	10:10	9.3	10:43	8.4	3:44	0.6	4:22	-0.1	6:55	4:58
Tuesday	03	10:51	9.4	11:22	8.6	4:28	0.5	5:02	-0.2	6:54	4:59
Wednesday	04	11:30	9.4	11:58	8.6	5:09	0.4	5:39	-0.2	6:53	5:01
Thursday	05			12:07	9.3	5:49	0.3	6:15	-0.1	6:52	5:02

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

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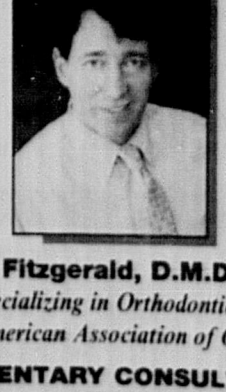

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Storm Scene

An SUV stops at the bottom of Forest Avenue while the driver checks out high tide during the blizzard on Tuesday, Jan. 27. About 24 inches of snow fell locally which may be a record for a January storm. WICKED LOCAL STAFF PHOTO / ROBIN CHAN

DON'T MISS THIS

What to know about Town Hall dropbox on driveway

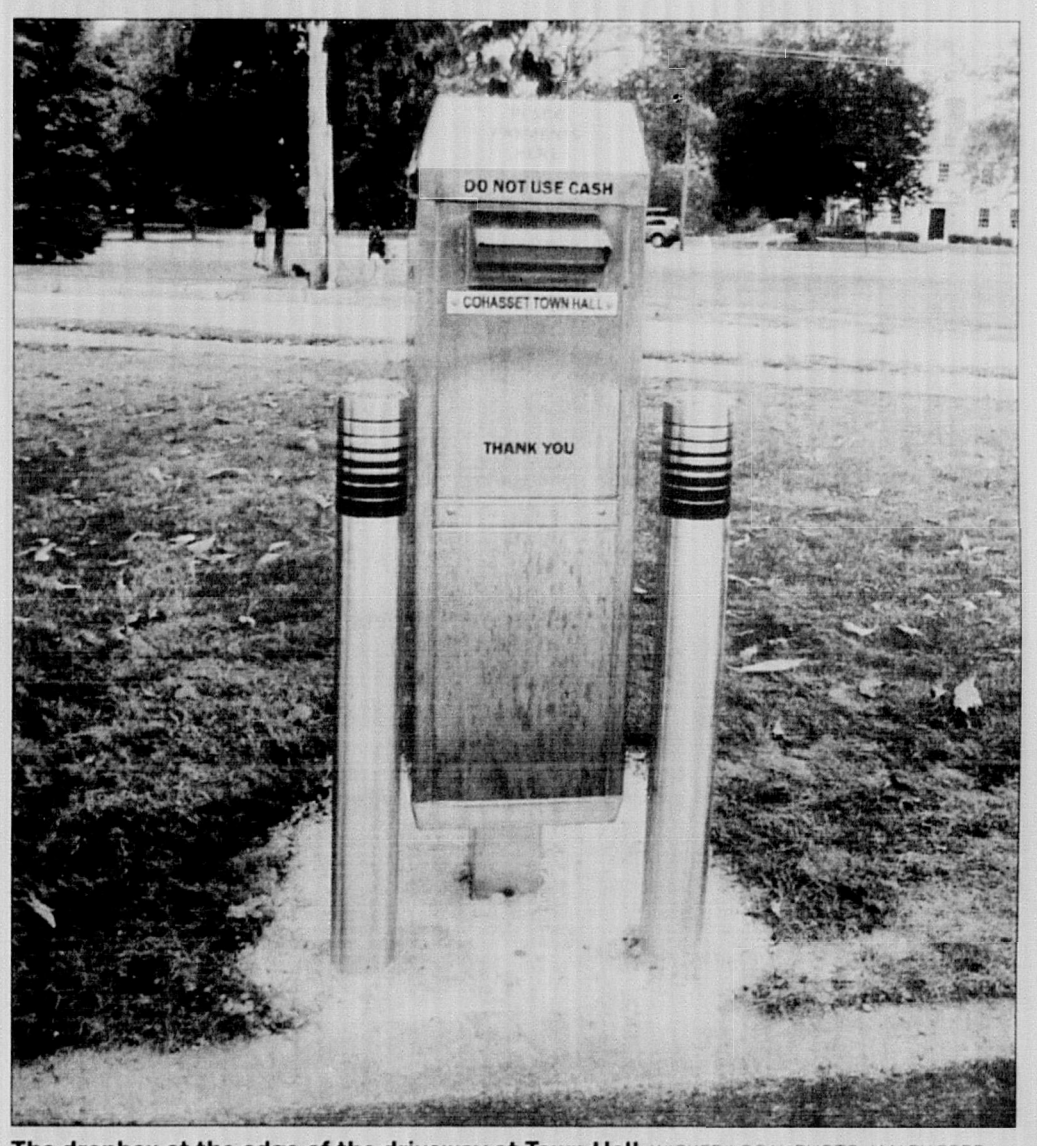
1 The Dropbox provides free 24/7 drop off for Town Hall payments and correspondence as a convenience for residents

2 It does NOT provide proof of delivery.

particularly for Assessing applications.

3 If you need to meet a deadline, go to the appropriate department and get a date/time stamp as proof of delivery.

4 On days Town Hall is open, last pickup is 3 p.m., Friday 12 p.m. Items are sorted and delivered to Town Hall departments on the same day.



The dropbox at the edge of the driveway at Town Hall. WICKED LOCAL PHOTO / MARY FORD

POLICE BEAT

Running red light leads to crash with no injuries

By Mary Ford
mford@wickedlocal.com

Crash

There was yet another crash last week at the intersection of Beechwood Street and Chief Justice Cushing Highway (Route 3A). Police said a 2009 Chevrolet sedan, operated by a 27-year-old Hull woman, was traveling east on Beechwood Street across the intersection on the green light when her car was struck by a 1998 Dodge Dakota pickup truck that was traveling north on 3A through the red light. A 24-year-old Hull man operated the pickup, police said.

The Chevrolet had to be towed; there were no reported injuries. The driver of the pickup truck was cited with a red light violation, police said. The accident took place on Wednesday (Jan. 21) around 6 p.m.

Crash

An officer in a marked police SUV witnessed an accident at Beechwood Street and Chief Justice Cushing Highway around 10:12 a.m. on Thursday (Jan. 22). The officer, who was responding to an emergency call, had the siren and lights on and had come to a complete stop at the red light on Beechwood Street.

A 2011 Cadillac sedan, operated by a 24-year-old Hingham woman, traveling north on 3A stopped at the green light to yield to the police vehicle but was hit from behind by a 2005 Nissan sedan, operated by a 30-year-old Quincy woman. The Quincy woman was cited for following too closely on a state highway, police said. The Nissan was towed; there were no reported injuries.

Crash

Police responded to a two-car, rear-end collision on Tuesday afternoon (Jan. 20) near the MBTA train station. A 2013 Ford Fusion, operated by a 43-year-old man from Scarborough, Maine, was headed north on Chief Justice Cushing Highway (Route 3A) when the vehicle stopped to make a left into a 3A business. A 2013 Toyota sedan, operated by a 73-year-old Hingham man hit the Ford from behind. Neither car was towed and there were no reported injuries. The Hingham man was cited for following too closely on a state highway, police said.

Crash

At around 7 p.m. on Saturday (Jan. 24), a 26-year-old Scituate woman driving a 2008 Kia sedan was headed north in wintry conditions on Forest Avenue toward the water when she went into a slide and struck the stonewall by Black Rock Beach, police said. The car did not have to be towed but there was damage to the passenger side, police said.

Crash

At 7:10 p.m. on Saturday (Jan. 24), a 1998 Honda sedan traveling east on Black Rock Road slid in snowy conditions and hit a tree. The 47-year-old E. Taunton man driving was transported to the hospital with minor injuries, police said. His car was towed.

Seal injured

A team from the New England Aquarium came to Cohasset on Wednesday (Jan. 21) after being notified by police about an injured seal in Little Harbor off Beach Street. Police said the seal was in the 60-to-70 pound range and its flippers appeared to be injured.

Returnables

Police are investigating the apparent theft of aluminum cans from behind Shaw's last week. A 32-year-old Hull man went to the station to report seeing a woman, who was driving a 1992 Chevrolet pickup truck, take six or seven bags of aluminum cans from the loading dock behind the supermarket. He followed the truck onto Route 3A and gave police the plate number. Police said the plate comes back to a 48-year-old Rockland woman who has a history of taking scrap metal.

Parole board

Police assisted the Massachusetts Parole Board that came to town last week to arrest a 34-year-old Hanson man who was working at a Cohasset business on a parole violation.

Skaters

Police notified the Environmental Police on Tuesday morning (Jan. 20) to check on some skaters on the Aaron River Reservoir after hearing from a caller who was concerned for their safety.

The Environmental Police had better access to the skaters from the Norwell and Hingham side which is part of Wompatuck State Park.

Fraud reported

An older Cohasset couple sought advice from police last week that they wanted to get out of a $300 computer service they had paid for because they are worried the service may be remotely accessing their personal information.

DPW

Winter means salt, snow

Cohasset Department of Public Works reminds residents that a sand and salt mixture will be available in the upper corner of the town parking lot. The DPW will re-stock as soon as all streets are safe to travel on.

When snow is forecast, residents are asked to not park on streets plowed by the town to expedite snow removal. Vehicles that obstruct snow removal operations will be towed at the owner's expense. Residents and contractors are reminded not to move snow, ice or water onto roadways that may impede traffic or cause unsafe travel conditions.

The town is not responsible for damage to mailboxes, driveway aprons, walkways, stone walls, grassed areas, shrubs, trees or fences that fall within the town layout.

BRIEFLY

Mariner drop box at Tedeschi's

The Cohasset Mariner has a "drop box" and pickup location at Tedeschi's in the village. The drop box is on the counter in the front window by the candy display.

The Mariner picks up at 8 a.m. on Mondays and Tuesdays. The drop box can be used to drop off glossy photographs, letters, flyers or other editorial copy.

BRIEFLY

Winter parking ban is in effect

Winter parking regulations are in effect through April 1.

No overnight on street parking between the hours of 2 a.m. and 6 a.m. is allowed during winter parking regulations.

Violators are subject to a fine of $25.

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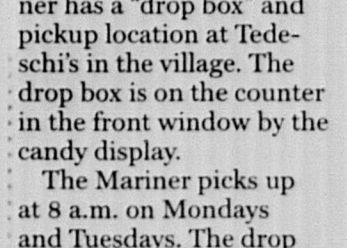
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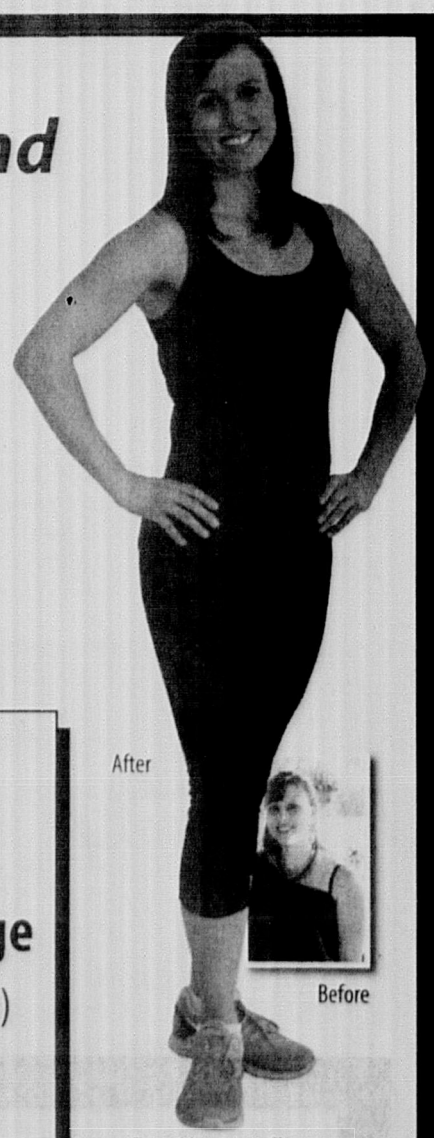
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SHOVEL

From Page A1

the town of Cohasset to supplement [town employees] in an effort to shovel out as soon as possible."

The blizzard, which started Monday evening and continued well into Tuesday, made an impact on the town with coastal flooding but only a few power outages, which were quickly attended to by National Grid.

"Due to the sheer amount of snow we've received, we're in the process of attempting to hire some casual labor for the town of Cohasset to supplement [town employees] in an effort to shovel out as soon as possible."

Fire Chief Robert Silvia

"Fortunately because of the type of snow we received we did not have any problems with downed power lines or loss of power," said Silvia.

Post-storm, "we're in pretty good shape this time," the fire chief added.

"The two major problems we're addressing now is how to move the snow away from the hydrants, away from buildings and fire exits. It's going to take us days to get caught up on that end."

And more snow headed this way Friday, it's going to take the town a little longer to completely dig out, the chief said.

"Unfortunately, Mother Nature doesn't have plans for this snow to go away real fast," said Silvia. "It's going to be cold, and [the next storm] is going to throw a little more on top of it. We're going to have to manage it."

Cohasset's Department of Public Works employees have been "working the last few days around the clock making sure the roads are open," Silvia added.

Residents can help not only by shoveling as much as possible, keeping those hydrants cleared, but also by proceeding with caution when they venture outdoors in their vehicles.

"It's going to be difficult, but hopefully folks understand that and will take their time and be careful, and slow down and use caution until things improve," said Silvia.

—Follow reporter Erin Dale on Twitter @ ErinDaleMariner.

Blake Martini of Cohasset walks backwards to shield himself from the blizzard force winds coming up Forest Avenue. WICKED LOCAL STAFF PHOTOS/ ROBIN CHAN

A man captures high tide with his smartphone at Blackrock Beach during the blizzard.

STORM

From Page A1

professional development day. Superintendent Barbara Cataldo said at the time that since many families were away for the long weekend, they were encouraged to stay away until the storm dissipated.

As flakes were just starting to fall on Monday, Cohasset's Emergency Management Agency (CEMA) met and discussed the town's action plan in the Emergency Operations Center (EOC) in the basement of Deer Hill School (see related story). CEMA is made up of Town Manager Chris Senior, Superintendent Cataldo, Acting Police Chief William Quigley, Fire Chief Robert Silvia, and members of the town's Department of Public Works (DPW), Elder Affairs, Board of Health and Board of Selectmen.

The chiefs recorded a public service announcement in the EOC that was broadcast on 143tv throughout the storm on Tuesday and Wednesday.

The National Weather Service predicted the storm would be "crippling and potentially historic" in a statement on its website on Monday. Whiteout conditions and power outages were expected.

While many town officials were hunkered down in the EOC Monday morning discussing storm preparations, DPW Supervisor Carl Sestito was out on the roads, working to stay ahead of the blizzard. When asked to comment on the coming storm, Sestito apologized and replied that he had no time for remarks.

The DPW continued working all day Wednesday, clearing the school parking lots and sidewalks.

"Our DPW crews have been working almost nonstop for 48-hours and they need to rest," Chief Quigley said in a statement Tuesday."

Lucas Federle, front, of Cohasset leads the way while his sister, Nikki, left, brother Kevin, far right, and Blake Martini, second from right, head down Forest Avenue to check out high tide with their father during the blizzard.

Nikki Federle, 16, of Cohasset shields her face from the blizzard winds while checking out high tide at the end of Forest Avenue with her family.

Crews faced some challenges overnight into early Wednesday morning, when a National Grid truck slid off the road on Lamberts Lane; the same happened to a snowplow on King Street. Both vehicles had to be abandoned, according to Cohasset Police.

The police department had nine officers working the day shift Wednesday to handle emergencies, while the regional dispatch center had over 10 staffers on duty. CEMA held periodic meetings on Tuesday and Wednesday, with many volunteers from around town lending a hand.

"We've had a good dozen people at least today helping make sure the crews are fed and making sure we're staffed," said Senior.

If more outages had occurred, the team would have established a warming center at the Deer Hill School, where the Emergency Operations Center is located. "Fortunately we haven't had any need for that; we haven't really had any power issues," said Senior.

"Obviously the storm was as bad as they said, but fortunately, because of the type of snow we received, we did not have any problems with downed power lines or loss of power," Chief Silvia said Wednesday. "We're in pretty good shape as this time."

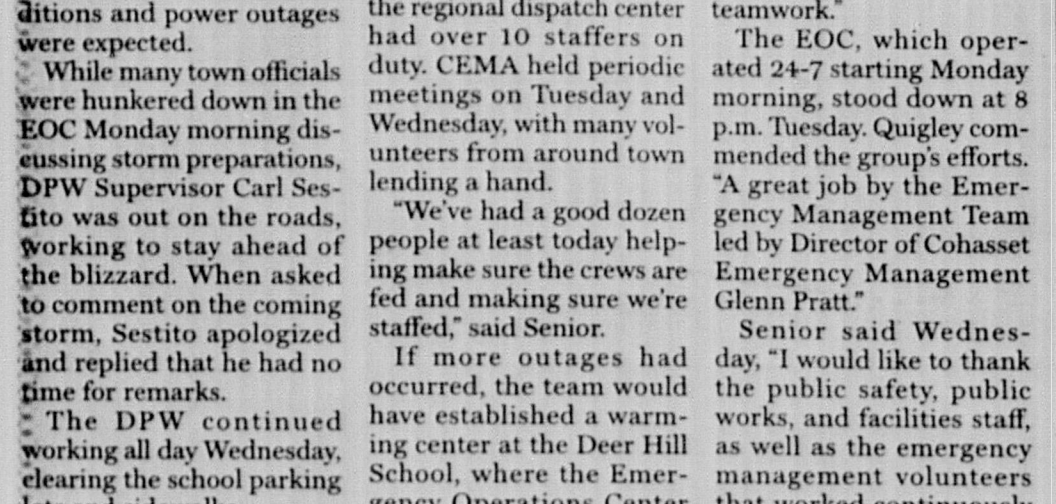
"We had a busy 12 hours, but thankfully nothing too serious," Quigley said Tuesday night. "The afternoon high tide was a challenge but no match for our teamwork."

The EOC, which operated 24-7 starting Monday morning, stood down at 8 p.m. Tuesday. Quigley commended the group's efforts. "A great job by the Emergency Management Team led by Director of Cohasset Emergency Management Glenn Pratt."

Senior said Wednesday, "I would like to thank the public safety, public works, and facilities staff, as well as the emergency management volunteers that worked continuously during the blizzard to keep the Town safe."

—Follow reporter Erin Dale on Twitter @ ErinDaleMariner.

Sandy Maurer of Whitman helps his relative's elderly neighbor on Doane Street during the blizzard.



The Gulf Station on Rt. 3A sold out its inventory of gas while residents stockpiled fuel for the incoming storm on Monday.

Blizzard winds blow snow horizontally past the Replica on Government Island.

Christian Cunnie, CHS senior and intern for the Cohasset Emergency Management Agency, kept the public informed with frequent social media updates on the storm. PHOTO/ERIN DALE

CEMA

From Page A1

meeting periodically throughout the storm, devising emergency strategy, staying on top of issues around town, from flooding to power outages, and checking on the emergency contact list of elderly residents.

At any given time, the EOC had around a dozen volunteers working. The center was open from Monday morning until Wednesday night.

On Monday afternoon, CEMA intern and CHS senior Christian Cunnie was working on communicating with the public via social media updates.

"We'll be pushing out information all through the night and all day tomorrow on all pages," including the CEMA and Cohasset Police Facebook pages and Twitter accounts, as well as the town website and Elder Affairs and Recreation Department pages, said Cunnie.

The group also filmed a public service announcement featuring the two chiefs on Monday morning, which was broadcast every 15 minutes on the local cable access station, 143tv.

Cunnie said he was enjoying helping out at CEMA, which worked hand in hand with the Massachusetts Emergency Management Agency (MEMA).

"I think the call this morning was fun," Cunnie said of sitting in on a conference call with MEMA. "They said [the storm] was going to be pretty similar to Nemo."

The blizzard Nemo, which took place two winters ago, left Cohasset without power for a week. The town fared much better with this year's blizzard, dubbed "Juno," with only a few outages in town that were quickly addressed by National Grid.

This week's blizzard marked town manager Senior's first in Cohasset – although when a storm hit town last January, Senior, who had yet to start working in town, decided to take a drive from his former town in New York to see how Cohasset's emergency management team operated.

"The week before I started last year, I walked in here," Senior said of the EOC on Monday. "It's like déjà vu."

The town manager said he was impressed with how Cohasset weathers storms and other emergencies.

"I think it's a great operation," said Senior. "Everyone is well prepared, and with everyone's cooperation we'll get through this like we have before."

Pratt said Monday, as CEMA prepared to hold its second meeting of the day, that he felt ready for the storm. "So far everything we set out to do, we got accomplished."

While a widespread power outage never occurred, CEMA was prepared with five generators in place: two at Deer Hill, one at Osgood, one at the town library, and another at the senior housing on 60 Elm Street.

If the electricity had gone out all over town, CEMA would have utilized Deer Hill as a warming center, which was done during Nemo.

"The building is set if we have to open a warming center," Pratt said at the time.

He was also prepared to keep the EOC staffed. "We will be manned continually, through whenever."

To keep volunteers, officials, and employees coordinated, all CEMA members stayed in touch – the old-fashioned way.

"Every single employee in any operational department has a radio," said Pratt.

Overall, the CEMA Director said Monday that he expected Cohasset to come through the blizzard just fine.

"I don't think we're in any trouble," Pratt said. "We're good."

—Follow reporter Erin Dale @ErinDaleMariner.

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AROUND TOWN

SNOW FAMILY: Why build just a snowman when you can build a whole snow family? Bailey Thomas, 9, Page Hewitt, 12, and Georgia Barrett, 10, built a cool-looking crew on Rustic Avenue. COURTESY PHOTO

Thayer middle-schoolers earn Term One honors

JENNIFER PIEPENBRINK

Greetings!

Hope everyone is staying warm and has shoveled out by now. The town put out a call for extra "shovelers" on Wednesday. As we went to press Thursday, we are not sure if they still need help. If you can pitch in, call the police at 781-383-1055 to find out. You must be at least 16 years old and available to work a minimum 4-hour shift. Hourly rate $12.

Thayer honors

The following students from Cohasset were named to the Term 1 honor roll at Thayer Academy Middle School for the 2014-2015 school year.

Mary Clare Boselli, grade seven, honors; **Andrew Collins**, grade six, honors; **Annabel Doherty**, grade seven, high honors; **Finnian Doherty**, grade eight, high honors; **Olivia Garelick**, grade six, high honors; **Cass Havlicek**, grade six, honors; **Quinn Havlicek**, grade six, high honors; and **Quinn McConnaughey**, grade six, honors.

UMass-Dartmouth

UMass-Dartmouth students named to the 2014 fall dean's list in recognition of earning a semester grade point average of 3.2 or higher of a possible 4.0 included the following Cohasset residents: **Brittany Pinkus** and **Gage Scammell.** Keep up the great work!

Roger Williams

Hats off to the following Cohasset residents were named to the Roger Williams University dean's list for the 2014 fall semester. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the dean's list that semester:

- **Samantha Bobo,** majoring in legal studies program;
- **Nathan Bumstead,** undecided major;
- **Nicole Robbins,** majoring in criminal justice;
- **Kelsey Rochleau,** marketing major.

Save the date!

The Safe Harbor Cohasset Coalition will host its inaugural educational forum on today's Substance Abuse Crisis. The event is open to all and will be held at the Cohasset High School Auditorium, on Feb. 4th from 7 to 9 pm. The speakers, renown in their respective fields will provide in-depth information about the substance abuse epidemic. Mark your calendar and stay tuned to your Mariner for more news on this important program!

That is the news for this week Cohasset. Send in all your news, photos and celebration info to me no later than Tuesdays by 2 pm.

Just an FYI. We receive dean's list and honors notices from many colleges and private schools, but not all. If your son or daughter has earned recognition, please share that news directly with us!

We also LOVE new baby announcements with photos if possible. Need birth date, weight, length, names of siblings, parents and grandparents. Emailed photos are fine but glossies can be dropped off at Tedeschi's in the village in our Mariner drop box.

EMAIL: aroundtowncohasset@yahoo.com

LIFE AT CHS

Snow days added to long weekend

ASHLEY CURRAN

At this point in the week everyone around town has had plenty of snow and can safely say they will be all set until next year for their fill of winter fun. However, as students of Cohasset High School, we appreciated the two extra days off in addition to the Professional Day we received this Monday.

Thus, during a three-day mini-vacation from school that created a five-day weekend, we all breathed a sigh of relief when we were granted a reprieve from final exams. It seems the weather had CHS goers in their mind these past couple days!

With that being said, little has gone on regarding the high school. The building remained quiet with its doors shut and buried for two days behind colossal snow drifts as students took to the front yard of the school building for rounds of sledding in between gusts of wind. Along the steep slope of the front field facing Pond Street, kids of all ages attempted to sled while being blasted by blizzard condition winds. In the height of the storm on Tuesday, however, hardly anyone was out, a rarity for this Cohasset tradition.

Once the school reopened later in the week, it was business as usual regarding final exams and projects as the last day of the semester came to a close. Hopefully the second half of the year will be as positive as the first for CHS students as they begin new classes and, later, spring sports.

While many sports events were cancelled due to the monstrous amount of snow New England received, some were able to either play on or reschedule for a date in the future. The boys' hockey team played Abington on Wednesday even with the school closed, but the majority of sports, such as girls' hockey and wrestling were rescheduled for Thursday, the following day.

Overall Skipper opponents were given a couple days break from the fierce competition that Cohasset athletes always generate. In addition, all sports practices were also cancelled this past couple days making Skipper domination an even harder feat.

While there was little school related news due to the storm, I'm positive that stories from the weather will be more than enough to entertain!

—Ashley Curran is a senior a Cohasset High School and regular columnist for the Cohasset Mariner.

DON'T MISS THIS

Effective communication is topic of workshop

"Effective Communication and the IEP" presented by Federation for Children with Special Needs and sponsored by Cohasset SEPAC will be held on Tuesday, Feb. 3rd from 7 to 9 p.m. at the Paul Pratt Library.

This workshop addresses the communication skills needed by parents participating as members of the IEP Team. The presentation includes communication skill building techniques to help parents engage effectively in the IEP process through clear concise communication. Participants will learn about pitfalls to avoid and applying best practice strategies to resolve conflict when it occurs. The workshop will be presented by Special Education Attorney, Clare Vann.

Also, the SEPAC website: CohassetSEPAC.org has been updated with many speakers, activities and workshop in the area.

All Cohasset SEPAC speakers are free and open to the public; refreshments will be served.

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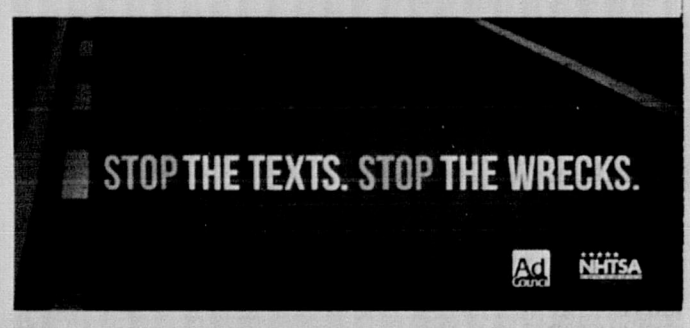

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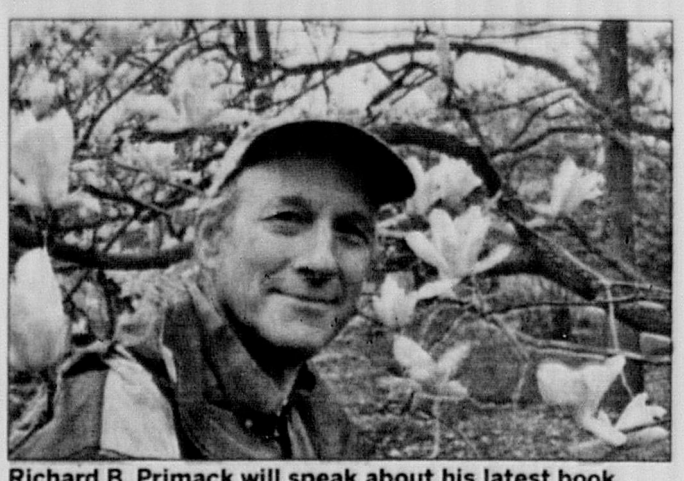
AUTHOR TALKS

Climate change comes to Walden Pond

By Marylou Lawrence
Special to the Mariner



Richard B. Primack will speak about his latest book, "Walden Warming," at Sunday AuthorTalks at 4 p.m., Feb. 8. COURTESY PHOTO

For the last decade, Primack, in collaboration with colleagues from Harvard, studied Thoreau's notes and used his observations as the foundation for their studies of climate change.

Richard B. Primack, professor of biology at Boston University, will speak about his latest book, "Walden Warming," at Sunday AuthorTalks at 4 p.m., Feb. 8, at Paul Pratt Memorial Library.

In the winter of 2001, after many years traveling the world studying tropical biology, Professor Primack changed career directions and returned to Boston to study climate change. He began by looking for evidence that plants, birds, insects, and other animals were changing in response to a warming climate. But finding baseline data older than 50 years was proving to be a near impossible task until serendipity led him to observations Henry David Thoreau had made in Concord in the mid-1800s, which included the first flowering dates of plants from 1851-58.

Further investigation led him to a wealth of Thoreau's unpublished data – natural history tables documenting times of the annual flowering of over 300 plant species as well as the appearance of insects, birds, fish and animals. For the last decade, Primack, in collaboration with colleagues from Harvard, studied Thoreau's notes and used his observations as the foundation for their studies of climate change. Professor Primack's book describes his adventures with his students and their discoveries of the local effects of a warming climate.

Following in the steps of Henry David Thoreau, every spring for the last 12 years, Primack and his colleagues walk around Walden Pond to record tree leafing, flowers budding, returning birds, insects, etc. Thoreau had noted the first open flowers of the highbush blueberry on May 11, 1853; in 2012, Primack notes the bloom occurred six weeks later. The wild asters, lilies, and irises that Thoreau recorded have all but disappeared.

In chapter two of "Walden," Thoreau reminds the reader, "I went to the woods because I wished to live deliberately, to front only the essential facts of life..." How remarkable it is that in his quest for the simple life, his observations have proved vital to ecological research, and that 160 years later, the transcendentalist poet is regarded by many as America's first environmentalist.

In the "New York Times" book review of "Walden Warming," Andrea Wulf says, "...Primack knows that 'one thing becomes clear – climate change is coming to Walden Pond.' Or, as Thoreau might have put it, thanks to his old journals and charts, these 'facts collected by a poet are set down at least as winged seeds of truth.'"

Richard Primack is the author of "Essentials of Conservation Biology" and "A Primer of Conservation Biology." He is also editor in chief of the international journal Biological Conservation.

A wine and cheese reception will follow Professor Primack's talk, and Buttonwood Books will have his book available for purchase and signing. Admission is free.

—Sunday AuthorTalks is sponsored by Dean and Hamilton Realtors, the Cook Estate, and a Taste for Wine and Spirits (located in the Stop & Shop plaza). For more information, call the library at 383-1348 or visit online Cohasset library.org.

GIMME SHELTER

Runway siblings want to stay together

By Tammy Hatch

Logan and his sister, Caroline, have a strong bond and want to be adopted together. COURTESY PHOTO

Logan and Caroline have a very strong bond and need to be adopted together. Won't you come meet our "runway kitties?"

Meet Logan and his sister, Caroline, two beautiful 5-month-old longhaired tabby kitties who were living on a runway at Logan Airport before being trapped and rescued.

Logan is a very curious and friendly boy who will approach anyone entering the room to say hello. He will climb into your lap or let you pick him up and drape over your shoulder like a ragdoll.

Caroline on the other hand prefers to stay nestled inside of the cat condo and watch all the goings on in the room from a safe distance. A bit smaller than her brother, sweet-faced Caroline needs to be approached slowly.

Logan is a very attentive brother and will rush over to Caroline's side if he senses she's feeling a little nervous. He's quick to calm Caroline by licking her head. Caroline adores her brother and her nervousness abates when he is at her side.

Caroline is a shy little girl and is going to need understanding and patience with lots of love. She probably would not do well in a home with young children who may not understand she frightens easily and should be approached slowly. Logan and Caroline have a very strong bond and need to be adopted together. Won't you come meet our "runway kitties."

Spay Waggin'

We will be hosting the Animal Rescue League Spay Waggin' back on Monday, Feb. 9th. If you need to have your cat spayed or neutered, or know of someone who does, please call the shelter at 781-925-3121 to book your appointment. Having your cat altered is helping to control the overpopulation of homeless animals. Thank you to all of the Veterinarians and Vet Technicians who come here to provide this much needed service to the community.

HSAR is located at 50 L Street in Hull. We are open to the public Monday nights 6:30-7:30 and Saturdays 2:00-3:00pm. Special appointments can also be made by calling our Adoption Coordinator, Judy, at 781-534-4902. Visit us at www.hsar.org or "Like" us on Facebook. 2015 Kittendales calendars are still available. They can be purchased on-line, at the shelter during open hours or at Toast Restaurant in Hull. The cost is $20.

As always, donations of canned kitten and cat food and dye-free dry food are truly appreciated. Please check our wish list on the shelter website, www.hsar.org, if you are interested in helping us with much needed supplies.

—Tammy Hatch is a Volunteer and Board Member at Hull Seaside Animal Rescue.

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BUSINESS

eSpace has just about everything

Water views and more offered

By Carol Britton Meyer
cmeyer@wickedlocal.com

All work and no play can make for a boring life, so why not have fun while maximizing productivity?

That's the idea behind the new premier business hub, eSpace, that recently opened in the Hingham Shipyard, offering a relaxed but upscale atmosphere that sends the message: "This is really the one place you want to be," said co-owner John Strachan.

eSpace features attractive individual offices and shared office space for more than 40 freelancers, start-ups, small businesses, and independent professionals.

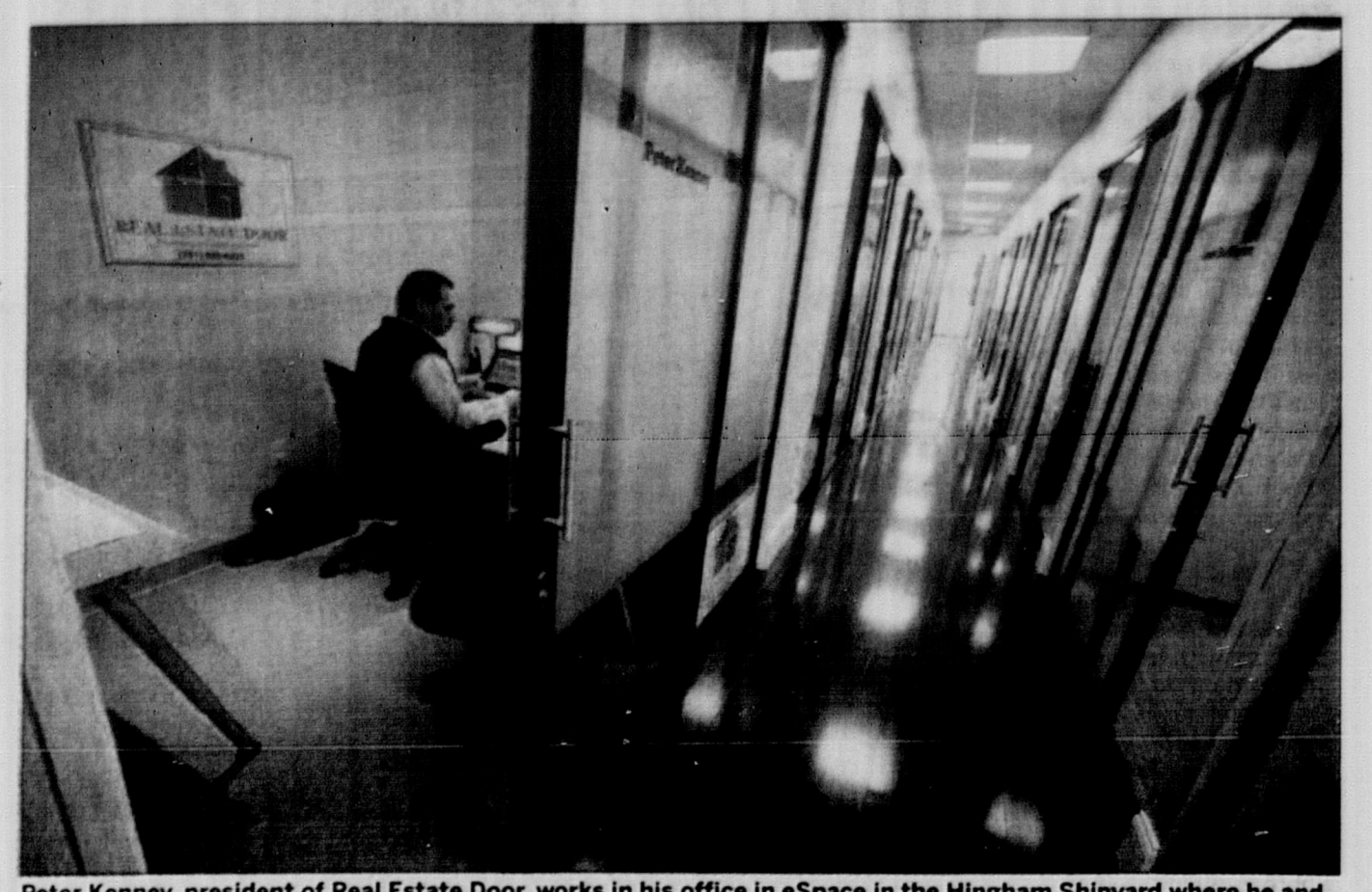
But what makes it different from the traditional executive office setting is the 2,000-square-foot airport-style clubroom with dramatic waterfront views of the harbor, creamy leather couches, club chairs, indirect lighting, a contemporary fireplace, high-table seating, big-screen TVs broadcasting news and sports events, kitchen, and a 40-foot wrap-around bar with granite veneer that doubles as a workstation during the day as part of a $1½-million-plus buildout.

One of eSpace's most popular features is its close proximity to the Shipyard ferry service to Logan Airport and Boston.

"We were already 55 percent full, without even advertising, when we opened Jan. 16," said Strachan. "This is efficient space that works that is also affordable and high-quality." eSpace, which also has a location in Charlestown, provides a high-energy, fun environment with opportunities for collaboration, idea-sharing, and networking among fellow businesses and a wide range of amenities "that allow more free time to live our lives."

Greg Lane, President of Next Generation Strategies Group, recently moved into eSpace from another location in Hingham.

"We were looking for something different," he said. "eSpace offered our thriving start-up beautifully designed workspace, access to professional office amenities along with the collaborative atmosphere we were seeking. It's also hard to duplicate the waterfront setting right outside our doorstep with the ferry to Boston and Logan and great restaurants and shops."



Peter Kenney, president of Real Estate Door, works in his office in eSpace in the Hingham Shipyard where he and his 5 agents will share. WICKED LOCAL STAFF PHOTOS / ROBIN CHAN

Other amenities

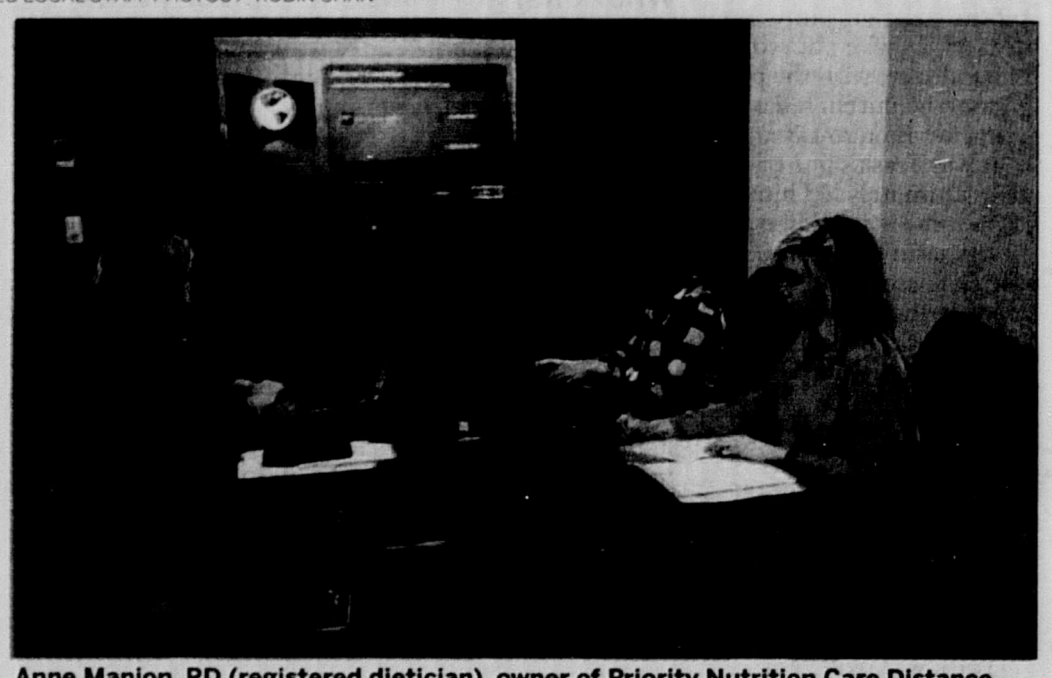
The Shipyard has become the hub for business located on the South Shore, Strachan observed. "With water views, a gym, and many restaurants [along with the residential and retail components] in the surrounding area, it's the place to live and work," he said. "The sunset looks beautiful through the rear window of the clubroom. This is a nice way to merge work with life's energy."

Companies have already relocated to eSpace from Hingham, Cohasset, Weymouth, Norwell, Hanover, Duxbury, Marshfield, Scituate, Quincy, and Boston (for a reverse-commute).

"Having office space on the South Shore when you already live here allows for more family and living time," Strachan said. "All you have to do is jump on the ferry to go to Boston for a meeting."

Private glass-front offices for one to six people are available, ranging in price from $750 to $1,500 a month (including high-speed fiber-optic Internet and WiFi service, fulltime IT support, a state-of-the-art phone system (or use your own) and utilities), depending on the view, through short-term leases. Dedicated workstations start at $450 a month, with a phone closet for making private calls.

There are also different-sized conference rooms – named after Caribbean islands and featuring beach scenes to relax the mind — for hosting clients that may be reserved through an electronic booking system. The muted wall colors and mahogany floors are easy on the eyes and the 12-foot-high ceilings make for a roomy feel.



Anne Manion, RD (registered dietician), owner of Priority Nutrition Care Distance Dietic Internship meets with Jessica Gloss, MS, RD and Kristen Monahan, RD, in the large conference room while helping them figure our their next step after they had completed Anne's program.

Strachan's eSpace partner, Greg Grant, pointed out the "real cool" Eastern white pine bar top, wood that came from an old school house in northern Connecticut, and other wood that came from a tree in the Berkshires. "We sourced a lot of local and other reclaimed materials rather than getting the wood from a big mill," Grant said. "Everyone who uses this space should be super-proud of it."

Every office is close to the clubroom. "Basically there's not a bad office in here," Strachan said.

The offices, decked out in warm, oatmeal-colored carpeting, bear the business owners' names rather than their companies, so it won't take long for everyone to be on a friendly, first-name basis. "This is good for people who tend to forget names and creates more of a personal connection and a really positive environment," Strachan said.

The hallways will soon showcase "for-sale" artwork from two Boston universities on a rotating basis for yet another creative touch.

Office occupants include attorneys, marketing firms, developers, venture capitalists, financial service companies, and others.

There's a full-time concierge to greet guests and clients, to make hotel, dinner, or airline reservations, and to run personal and business errands – from a last-minute gift to ink for the printer.

Social gatherings

Energy-efficient eSpace also offers free coffee, wine, and beer from Hingham Beer Works (which occupies the space below) for meetings that may turn into social gatherings at night, along with room service for food delivered "hotel style" by Beer Works to an individual office or conference room meeting.

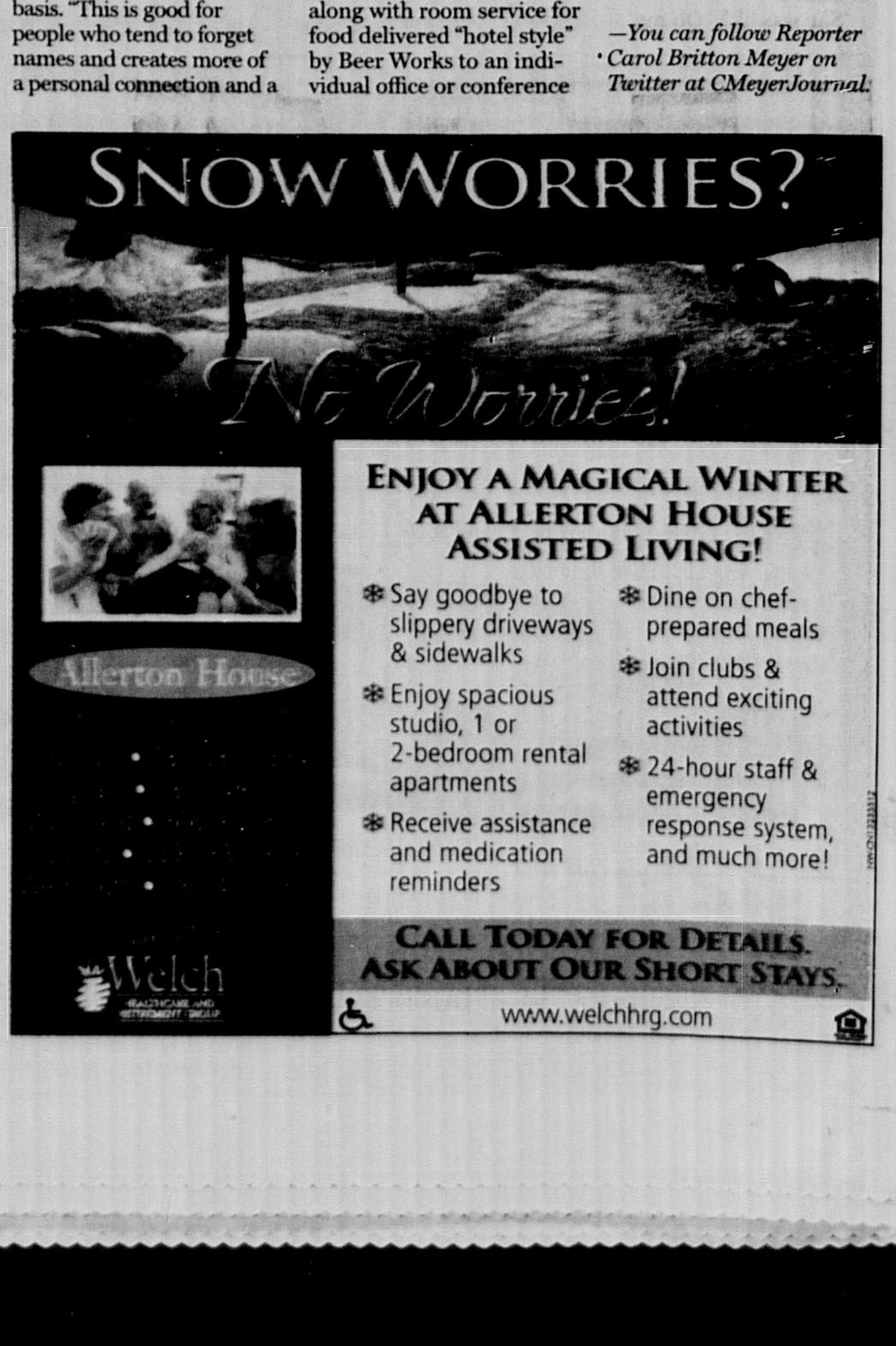
Companies and individuals running their businesses out of eSpace are also offered corporate rates at the Boston Harbor Hotel, Battery Wharf Hotel, and the Taj Hotel as well as corporate rates at BodyScapes, the health club located in the Shipyard. More partnerships and discounts will soon be available.

eSpace tenants can use the clubroom after hours for events. The space is also available for non-profits when not in use by one of the eSpace businesses or individuals. "We want the clubroom to be used 24/7," Strachan said.

eSpace was designed by Life.Science.Architecture, Inc., of Charlestown, one of the leading computer lab and workspace architects.

For more information, visit: espaceboston.com/hingham.

—You can follow Reporter Carol Britton Meyer on Twitter at CMeyerJournal.



RETIREMENT

From Page A1

Martin.

It happens to be a spot where he and his wife, Janet, like to vacation. "I head for the warm," he smiled.

Trask will have plenty of time to kick back and relax, enjoying time with his wife and their three grown children, Jason, Andrea, and Shannon, as well as grandkids Bailey, Jasper, Lane and Lilly, now that his longtime career is coming to a close. As he looks back on the past nearly four decades, Trask says he feels "wide-ranging emotions."

"Sometimes disbelief, sometimes a sense of accomplishment, sometimes astonishment," he said. "All the time, all those years. All those storms."

Trask, who resides in Duxbury with his wife, was born and raised in Cohasset. His father, Harry, was a Pulilitzer Prize winning photographer. Trask said his parents were "newly married, and I was newly minted" when his father photographed the ship Andrea Doria as it sank off the coast of Nantucket. He was 28 when he won the Pulitzer; with the prize money, he purchased a home on Bancroft Road.

It was Trask's father who ultimately led him to become a firefighter; Harry used to jog around the Cohasset High School track with George Casey, who was the senior captain in the fire department at the time.

"I applied and took the exam at North Quincy High School with a thousand guys in the state," Trask recalled, adding that there hadn't been a civil service exam in five years due to affirmative action.

Trask was living and working in Gardner, Mass. at Nichols & Stone, a furniture manufacturer. He had followed his soon-to-be wife, Janet, there. The two met when Trask was 15 and Janet was 14 while camping with their families in North Conway, New Hampshire. They exchanged addresses and became pen pals.

"We communicated by writing when we got home; long-distance calls were expensive," he explains. After meeting up a few times, the two eventually lost touch. A few years – and "many boyfriends and girlfriends later" – the pair reconnected after Trask discovered Janet's phone number in his brother's little black book.

He called her parents' home in Ashburnham and learned that Janet worked at a pizza shop in that town. Trask then called the shop and ordered a pizza, asking it to be delivered to Cohasset.

"She was like, 'Oh my god!'" on the phone, Trask laughed. "She knew."

At that point he was "fresh out of high school" and looking for work. His bet so far was mowing lawns. Janet started working for Nichols & Stone and convinced Trask to apply; he ended up getting hired and moved to Gardner.

"I moved up there, and by Christmas, we were engaged," he said. "I was 18."

Janet's father had "one rule," though; she had to be engaged for one year before getting married.

Trask's future father-in-law happened to be the fire chief in Ashburnham. "There was a lot of interest there," Trask said. He started studying the chief's firefighting manuals and codebooks. He initially planned to join the Ashburnham department – until he heard back from Cohasset.

After interviewing in then Chief Piepenbrink's living room, Trask started was hired. It was November 1976, "the bicentennial year."

Starting out assigned to dispatch at the Elm Street station, which today is the town's sole fire station, Trask moved to the Beechwood station a month later, where he worked for the next three years. The town also had a station at West Corner, and was just starting to run the town's ambulance service, taking over from the police department.

"When Captain Trask started, we had just started our fledgling ambulance service," said Silvia. "Now it's a top level, highly respected service."

"The trucks have improved tenfold," said Trask. "They went from 'putt-putt' trucks that couldn't get out of their own way to these diesel-powered monsters that can move quickly."

Changes

Looking back on how the department, which was "at its maximum in the late '70s" and seeing it "shrink to where we are today," Trask has observed many changes.

The reduction from three fire stations to one wasn't the worst change, he said. "Those stations were antiquated; it was probably time for them to close."

However, he hopes the town will consider potentially opening a new station along Route 3A in order to "connect to other parts of town quickly." This move "comes down to the townspeople's priorities," the captain said. "I don't know if it will ever actually come to fruition. People like the small-town atmosphere."

Today, the department has two chiefs – Siliva and Assistant Chief John Dockray – 19 firefighters, of whom four are captains, and two call firefighters. Trask said that Silvia is his eighth chief, and the two started working together around the same time.

"Now that he's leaving, I'm the most senior member of the department," said Silvia, adding that his colleague will not be easy to replace.

"Captain Trask has been the fire prevention officer for 30 years. To fill that void is going to be very difficult, [although] he promised me he's not going far," said Silvia.

Code consultant

Trask said he is "exploring the idea" of becoming a code consultant. It's "all that reading code books" he did before he even started working as a firefighter. This interest in code is what ultimately landed him the captain position, as well as a designation by then Chief Lincoln as the department's fire prevention officer, a role that "covers a huge range of fire code enforcement."

Trask was 26 when he became a captain in 1982. The following year, in August 1983, "We had the most serious fire we've ever had in Cohasset history" on North Main Street. The grim event struck the young captain.

"As tragic as it was, it gave me a motivation and direction moving forward," said Trask.

Another major change that year would also push Trask forward – legislation requiring all homes to have smoke detectors. In the firefighting field, it was a game-changer.

"Smoke detectors were brand new – they became law the same I became captain," said Trask. "In my career of 30 years in fire prevention, the smoke detector law was the single most [important] piece of legislation in terms of safety that I've seen.

"We went from having massive fires all the time to small, one-room fires," the captain said, adding the town saw a "significant reduction in large, total loss fires."

And while there are still total loss fires "now and then," including the Reflections Antiques Emporium fire at West Corner last February, most of the time "they're much rarer," said Trask.

What changes could take place in the next 30 years? The fire prevention officer said that sprinklers are the next big thing.

"They're the most comprehensive way to protect your family and house," said Trask. Silvia said that Trask has been instrumental in reaching out to those building new homes in Cohasset, encouraging them to install sprinkler systems. They're becoming a feature in more and more homes, said Trask.

"When I came into the fire department, we had 12 buildings in town that were sprinkler protected; now we have more than 80 – mostly commercial or educational" buildings, the explained, predicting more improvements coming down the line.

Joking that in his early days on the job, there were no cell phones, internet, personal computers, microwaves, or cable TV, Trask said that new technology is key to continuing fire prevention.

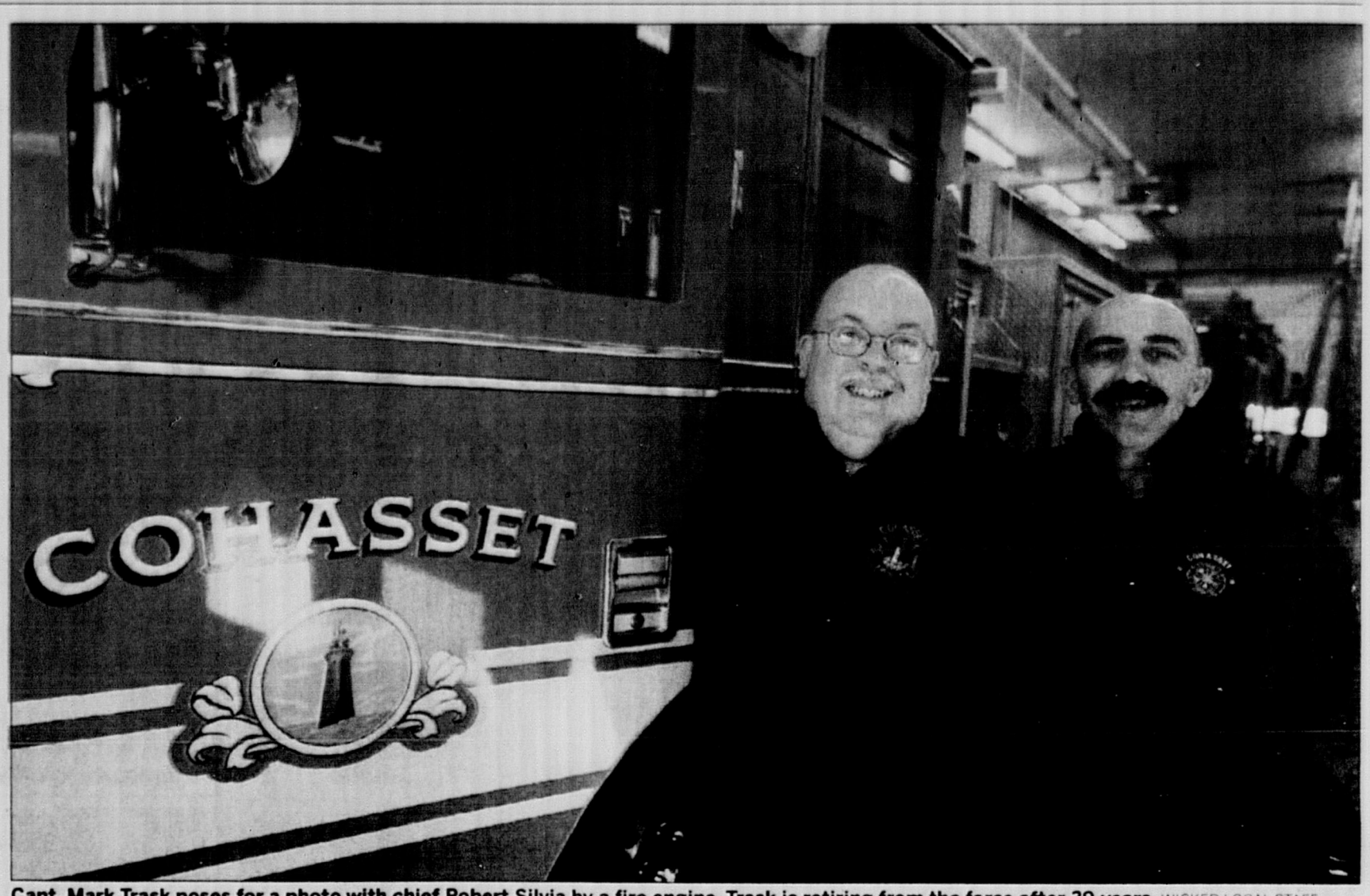
"Technology is going to present itself in the future for life saving and property conservation," said Trask.

After nearly 40 years on the force, the firefighter has seen many changes to the Cohasset landscape, with new school buildings, the Stop & Shop plaza moving to a larger location on 3A, the construction of the Old Colony plaza on 3A, along with the Avalon apartments and commuter rail. These were all major changes that are "now part of the fabric" of the community, he said.

And the captain would know. "In my time here I've been in just about every house in Cohasset," said Trask. "Every street in town has seen an impact in 30 years."

And there are many buildings in town that, without fire prevention, would not still be here, he added. "Some of the buildings in town are still standing because of the fire codes."

—Follow reporter Erin Dale on Twitter @ ErinDaleMariner.



Capt. Mark Trask poses for a photo with chief Robert Silvia by a fire engine. Trask is retiring from the force after 39 years. WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

What changes could take place in the next 30 years? The fire prevention officer said that sprinklers are the next big thing.

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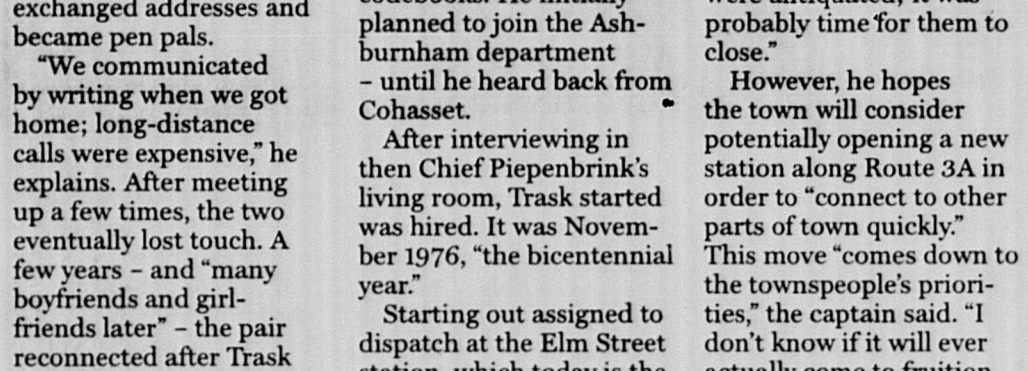

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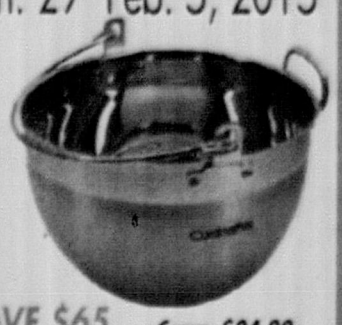

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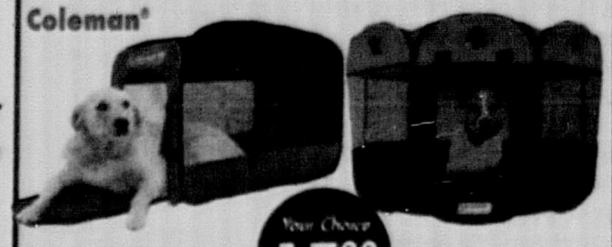

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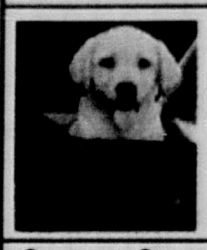

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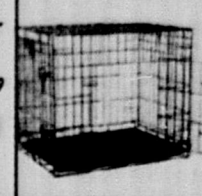

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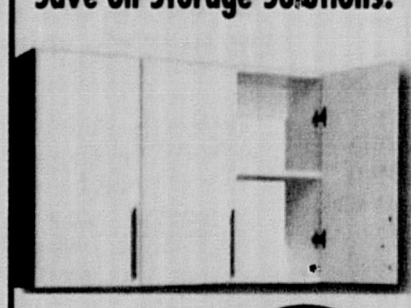

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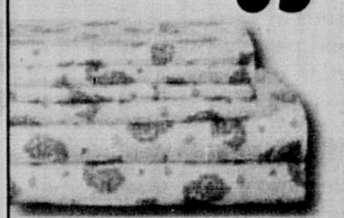

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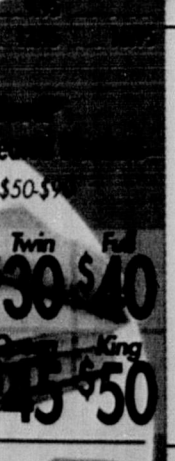

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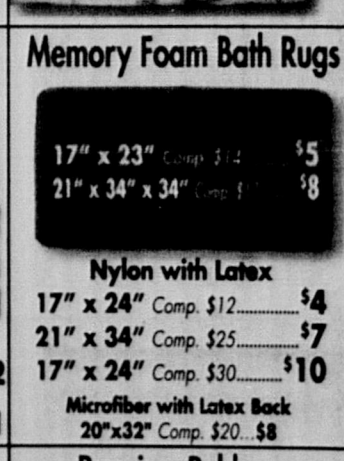

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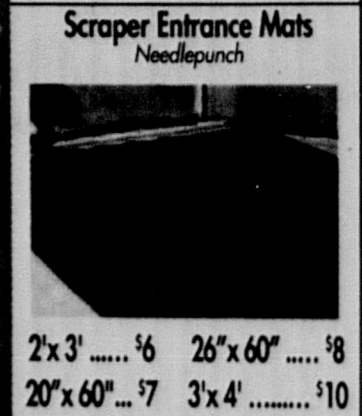

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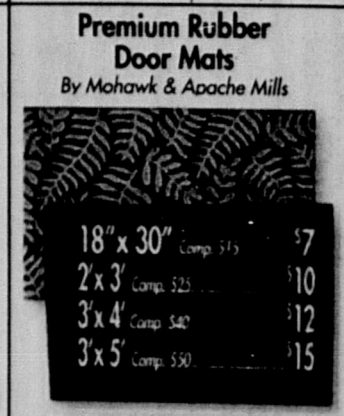

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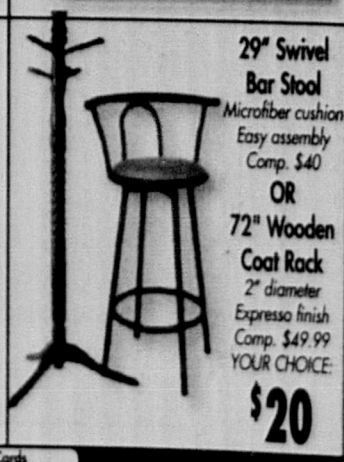

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HOLLY HILL

Farm events and activities this year

Holly Hill Farm is at 236 Jerusalem Road. For more information, call 781-383-6565. Or visit the website a: hollyhillfarm.org

February Vacation Discoveries: Tuesday, Wednesday and Thursday, Feb. 17, 18 and 19, 9 a.m. to noon, for children ages 6 through 10; limit of 10 children. Cost is $96 for FHHF members; $161 for nonmembers; scholarship assistance available. Join others for fun adventures to explore the wintry barnyard, visit the animals and hike the woods and field edges. There is plenty to see and experience in the cold months, lots of compost to stir and even some seeds to sow, and creating some take-home crafts.

Summer Camp: June 8 through Aug. 28. Come to Holly Hill Farm for a summer program. There is much to discover, taste and enjoy at Holly Hill and farm teachers aim to create a memorable experience for all. With 12-weeks of programming designed for kids ages 3 through teens, options abound. Visit the website for all of the details. Don't delay, many programs fill quickly.

Farm Pantry: A Community Service Program for Teens ages 15 through 18: June through August, Monday through Friday, 9 a.m. to noon, and/or 3 to 6 p.m. No fee required. This rewarding program for teens is fast becoming one of the most popular. Students explore organic growing methods as they help to sow, grow, harvest and deliver fresh produce for local food pantries in Cohasset and Hull, as well as, Father Bill's Place, a community shelter in Quincy. Forms are available on the website. For more information, call education director Jon Belber at 781-383-6565 or email jbelberhollyhill@hotmail.com.

School partnerships: the weekly harvest: Recently, three Cohasset High school community service students harvested some cold broccoli and kale and brought it to Cohasset food pantry. Soon, second grade students at the Foster School in Hingham will recycle some snack and food scraps in a clear bin with some red wriggler worms for a lesson on vericomposting. While public programs are the most visible outreach provided the local community, farm educators have partnerships with more than 40 schools along the South Shore.

OPEN MIC

Valentine's coffeehouse

Love is in the air at Ground Level! Whether you're coupled up or flying solo, you can come sing a love song at this month's coffeehouse. The family-friendly open mic night is on Friday, Feb. 6 from 7 to 10 p.m.

This coffeehouse is open to all, so feel free to bring friends, family, neighbors, and anyone else you love! Come relax and enjoy the music, snacks, and, of course, coffee!

Ground Level takes place on the first Friday of every month in the Beechwood Church basement (51 Church Street, Cohasset). For more information, visit beechwoodcc.org or call 781-383-0808. "Like" Ground Level on Facebook (www.facebook.com/groundlevelcaf) or follow on Twitter @GroundLevelCaf.

THEATER

One-act play festival

Cohasset Dramatic Club will again present "Briefs," its festival of 10-minute plays, on Friday, February 6, 7:30 p.m. and Saturday, February 7, 7:30 p.m. at the Cohasset Town Hall Theatre.

CDC is excited to bring back this entertaining evening of short plays for all to enjoy. Directors and actors from throughout the metropolitan Boston area are featured, as well as original works from award-winning playwrights from across U.S.

Tickets are $20 for the evening, which includes cabaret-style seating, complimentary snacks, dessert and beverages, and seven 10-minute plays.

Tickets can be purchased at the door, or by calling 617-922-0280, or online at [brownpapertickets.com/event/1149495].

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SPECIAL 40% OFF
COFFEE, TEA & ESPRESSO MAKERS
Special 23.99-767.99. Reg. 39.99-1279.99, after special 29.99-899.99. From left: Cuisinart coffee maker, #DCC1200 (★ 62864), Krups tea kettle, #BW740D50 (★ 771631) and Nespresso Citiz espresso maker, #D121USBKNE1 (★ 798342).

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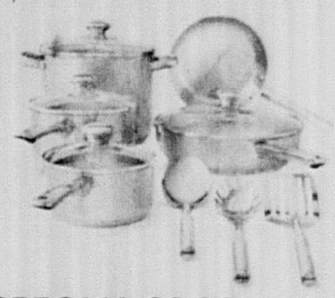

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12-PC. COOKWARE SET
Reg. 119.99, after special 69.99. Only at Macy's. Stainless steel (shown, ★ 707382) or nonstick (★ 713667) cookware by Tools of the Trade.

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COOKWARE CHOICES
Reg. 39.99-49.99, after special 29.99. Calphalon Everyday 10" nonstick omelette pan (★ 1499144) or Cuisinart Chef's Classic 5.5-qt. stainless steel multipot (★ 272110).

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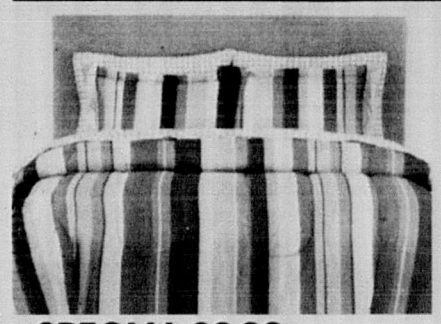

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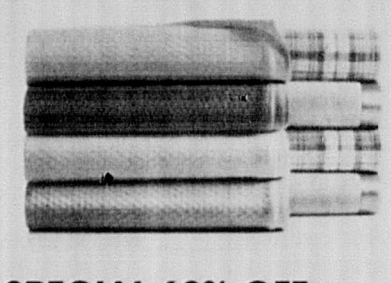

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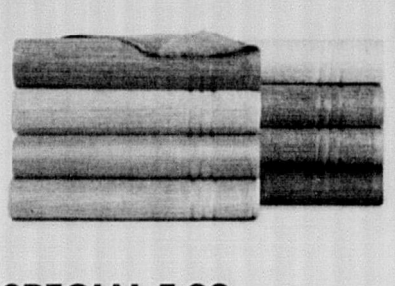

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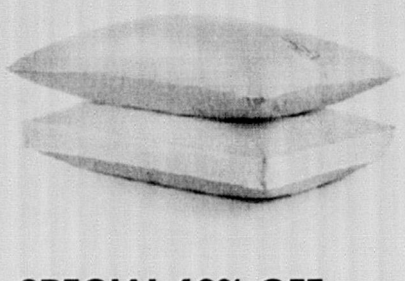

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FREEDOM
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OPINION

HOW TO SUBMIT

Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, cohasset@wickedlocal.com, or fax to 781-741-2931.

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

OUR VIEW

Traveling igloos

Editor's note: This week we are recycling this editorial. It is worth repeating judging by the number of "traveling igloos" we are likely to see in the days ahead.

We're not sure if it's a nationwide problem or unique to New England.

But why do so many motorists drive with snow all over their cars?

Could it be many houses don't have garages? Could it be those that do are so cluttered the family car is parked outside? Could it be laziness?

We admit to being totally perplexed about this and there isn't a great deal written about the practice.

Granted this week's snowstorm put even self-proclaimed "snow lovers" near the edge. They may be considering becoming "snow birds" by looking in the travel pages for a warm oasis.

In addition to cabin fever, those fans of winter — like the rest of us — are coping with tons of snow to remove from walkways and driveways. Then there's the potential for more no-school days for children that aren't always a vacation for working parents.

But there are SUVs out there that cost upwards of $60,000 whose owners are driving them around with nary a peephole to see the outside world and upwards of a foot on snow on the hood and roof. We have news for them: anti-lock brakes and four-wheel drive aren't going to protect you or the other motorists on the road and pedestrians walking along if you can't see out the windows.

Flying snow and ice can also hit another vehicle causing that motorist to crash.

It's just commonsense: lack of visibility and huge pieces of ice and hardened snow flying through the air are safety hazards. Even light, powdery snow coming off a car or truck causes a fog-like condition for other vehicles.

One Internet Web site put it best. According to Car Talk's Official Winter Driving Tips at: www.cartalk.com: "You need visibility in poor conditions, because you have to keep your eye peeled for every other knucklehead on the road."

Tom and Ray Magliozzi of Cambridge (a.k.a. the former "Click and Clack, the Tappet Brothers"), who hosted a talk show on National Public Radio member stations for years until 2012, offered these suggestions:

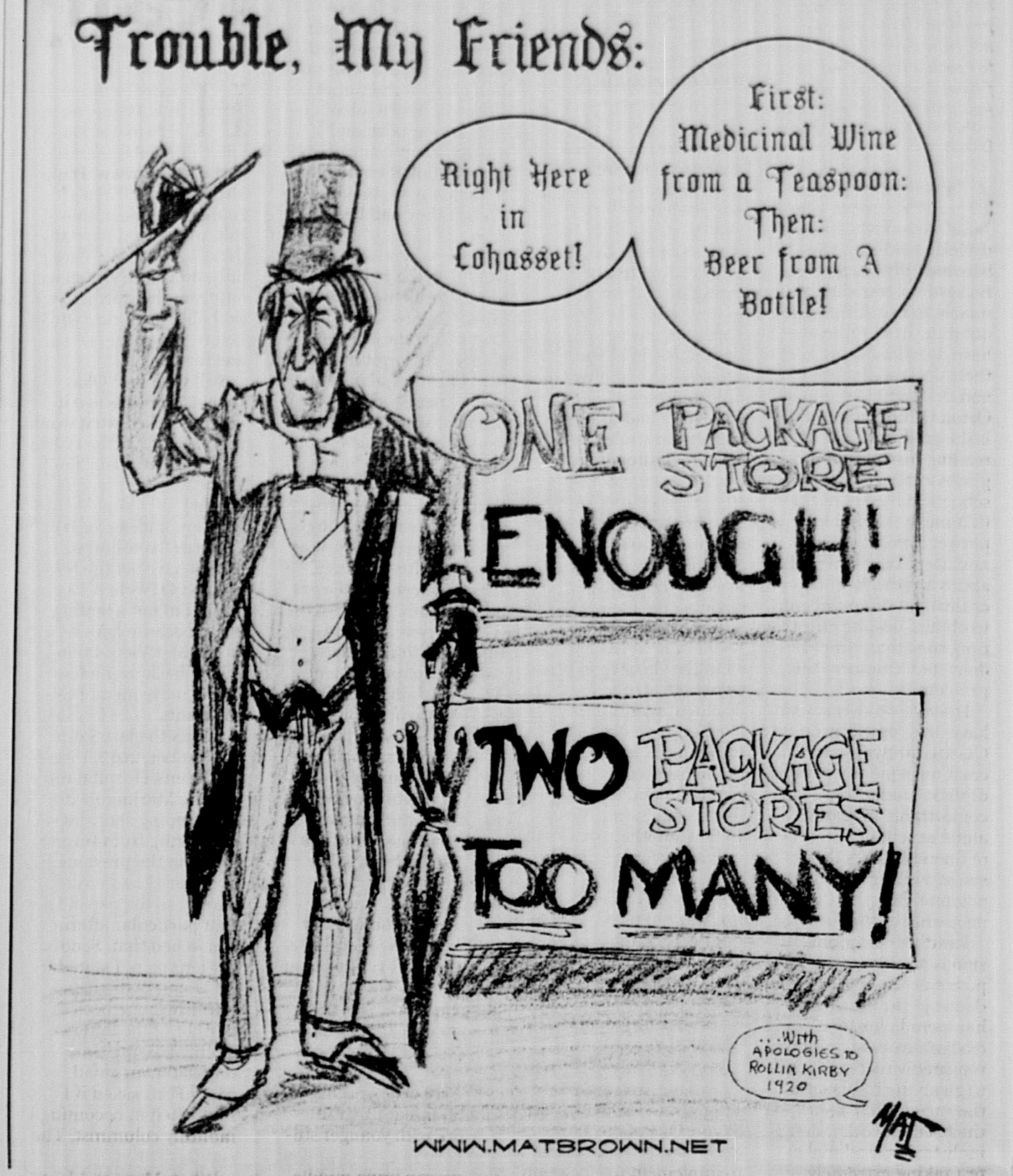
"Make sure every glass surface is clear and transparent using a snow brush and/or ice scraper. Your side-view mirrors and all lights should be brushed and cleared as well.

"Now if you haven't been smart enough to do so already, clean the snow off the rest of the car. Why? Because the rest of the snow will either (a) slide off the roof and cover your windshield as you're slowing down; or (b) fly off onto someone else's windshield and cause him or her to smash into you."

So let's not see any more traveling igloos out there — they know who they are!

If those drivers are not going to listen, then we hope they take the following advice.

Among myriad other winter driving tips ranging from tune ups to keeping windshield wipers in good shape, the Magliozzi brothers also added this: "Our best tip is still this: move to Hawaii!"



PUSHING THE EDGE

The case of the deflated football

GLENN MANGURIAN

The country has been consumed with breaking news including ISIS terrorism, airplane crashes and global warming. We live in a troubled world with challenging issues. Not far from Hingham we have a national crisis – the mystery about the deflated footballs. Investigators seem stumped as to how the footballs became deflated. Is it time to call in some of history's greatest sleuths? What would they think of deflate-gate? Here is what they might say.

Inspector Clouseau

"I want to interview everyone who attended the football game. Send them to my hotel room. I'll find who did this."

Sherlock Homes

"It is elementary, my dear Watson. This is the work of Professor Moriarty. Prior to the game Moriarty broke into the locker room disguised as a referee. The ball boys gave him access to the footballs. He carefully reduced the inflation levels to cover his Las Vegas bet."

Hercule Poirot

"Ah, you see Poirot sees things that others do not see. Notice the laces. One of them has been slightly altered to leak air at a very slow rate after reaching a pressure of 12.5 psi. Find the man who stitched the football and you will find the person who has committed this grave injustice to the nation. Tout de suit.

Jack Bauer

"I understand there is a crisis of confidence threatening the United States and the Free World. There is no question in my mind that this is yet another North Korean act of cyber terrorism. Fly me there in the next hour. I'll take Kim Jong-un to a special site and use my own off-book interrogation techniques. I'll have the threat eliminated in '24 hours'."

Columbo

"Oh, Mr. Belichick you've got a wonderful team and that Tom Brady, he's a swell guy. I wonder if I could have an autograph here on this lunch bag for Mrs. Columbo. Oh, there's just one more thing ..."

Perry Mason

"I want Coach Chuck Pagano on the witness stand. I will get him to admit he secretly had one of his ball boys alter the footballs during the opening kickoff."

Patrick "the Mentalist" Jane

"This travesty has all the markings of 'Red John'. He wants us to focus on the deflated football while he steals the pretzels during the second half."

There you have it – some of the best investigative minds in the world with different theories. Maybe we'll never discover the truth. We'll that's OK with me. Go Pats!

—Glenn Mangurian is a Hingham resident of 25 years. He spends his time consulting, teaching leadership and writing to provoke thinking. He welcomes your comments and can be reached at gmangurian@frontierworks.com.

BRIEFLY

Consider running for office

Nomination papers for the annual Town Election for 2015 will be available on Monday, Feb. 9, at the Town Clerk's Office. The last day to obtain nomination papers will be Thursday, March 19. Last day to submit nomination papers to the Board of Registrars for certification is Monday, March 23. In order to hold an elected office, people must be registered voters of the town. Note: Residents are not running for office until they take out papers and the Board of Registrars certifies the signatures.

Positions: Selectmen for three Years (one); School Committee for three Years (two); Trustees Paul Pratt Memorial Library for three Years (three); Assessor for three Years (one); Board of Health for three Years (one); Cohasset Housing Authority for five Years (one); Planning Board for five Years (one); Recreation Commission for five Years (one); Sewer Commission for three Years (one); Water Commission for three Years (one).

Cohasset Mariner

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TOWN CLERK

Complete and return census forms

The 2015 annual Town Census forms have been mailed to every household in Cohasset. This census package also includes a dog license application. All dogs must be licensed by April 30 each year. Dog forms are on a tear off portion of the census forms. The licenses are valid through Dec. 31, 2015. Dog forms need to be returned as soon as possible with a current rabies certificate.

Compliance with this state requirement provides proof of residency, street listings, veteran's bonuses as well as protection of voting rights, senior citizen programs and related benefits. The census form, does not register people as voters. The population figure has a bearing on the state and federal aid Cohasset will receive.

While the street list is primarily used to update the voting list, statistics on children are taken for the School Committee, providing it with data on current enrollment as well as present and future school population. (Note: The School Committee uses the annual census information to help project future enrollment and space needs. Review the form carefully to ensure each child is reported and all dates of birth are accurate.)

Any member of the family in the military service, away at college or confined to a rest home whose legal residence is the same as one's own should be included on this form.

Anyone who did not receive a census form, or if more information is needed, call the Town Clerk's Office at 781-383-4100, ext. 106.

FIRE DEPT.

Four facts about burning permits

1 The 2015 Open Air Burning Season started on Thursday, Jan. 15, and will close on Friday, May 1.

2 Residents must obtain a permit to burn during the season, and register their permit number each day they wish to burn when burning is being allowed.

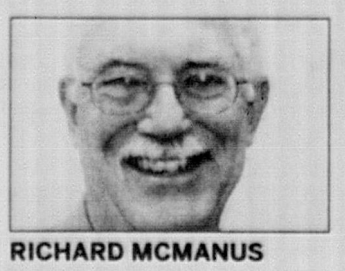
3 The Fire Department uses a web-based system (cohassetma.org) for residents to obtain and register their burning permit for the season. Once on the website, select the Burn Permit Registration and fill out the registration form and submit the $10 fee via credit card. Once payment has been received the system will generate a permit number to use for the entire 2015 Open Air Burning Season.

4 Residents wishing to burn need to check the Town website (cohassetma.org) and select Check to see if burning is allowed and activate one's permit. This selection will say if burning is being allowed for the day and will allow residences to register their permit number for the day.

LESSONS LEARNED

Distance learning and dyslexia

Many students who struggle to learn to read are able, with appropriate instruction, to compensate for initial reading problems by becoming accurate decoders but fail to reach a level of sufficient fluency to become fast and efficient readers.
-- Pamela E. Hook & Sandra D. Jones


RICHARD MCMANUS

Close to 20 percent of our population is dyslexic. Many dyslexic readers never become fully successful readers, remaining unable to read throughout their lives. Others have decoding skills, but their skills are labored and dysfluent. Although Orton Gillingham (OG) is the gold standard of reading instruction programs available in public schools, it has limitations that make it less than perfect for that critical next step. Developing the ability to read fluently is critical but often difficult to obtain, despite effective programs that, properly delivered, can solve this problem.

Dyslexic students who have progressed through OG are rarely fluent readers. Consequently many of these students are not comfortable in reading aloud at school. Their lack of fluency makes them sound halting and slow when reading, and often embarrasses them.

Reading comprehension is also damaged by poor fluency, so that academic performances are hampered globally. Many dyslexic students must repeatedly read materials to glean the information they need. This makes their schoolwork increasingly taxing, and makes test taking extremely challenging. They may be given extra time to complete tests like the SAT or ACT, but this extra length can be counter productive, as they become exhausted.

Dysfluent reading damages productivity in both class work and homework. We frequently have worked with dyslexic students who are reading at less than 100 wpm, even in high school. That reading frequency is roughly half what is needed to be a successful student at any age, but for a high school student it makes all schoolwork almost impossible.

We have had dramatic impacts on students who are dysfluent. We employ a powerful series of exercises along with a measurement system that assures that our students become more effective and more efficient readers.

One of our tutors, Rachel Currie-Rubin, met a family whose daughters were both struggling with dysfluent reading. They lived at some distance from our location, and did not feel comfortable reading aloud even when developing new skills. In fact, another limiting factor for improving reading is that students who are struggling do not want to be reading in public. Reading is such an essential skill, and students who are struggling often also have powerful emotions and do not want to work in public.

Consequently we redesigned our well-proven program to work over Skype. One of our most experienced tutors worked to implement the program through the Skype interface. We devised materials that we could either email to the girls or hold up and show to the camera through Skype.

Working over distance turned out to be more successful than we had ever envisioned. The girls both learned to become far more efficient readers, and remain comfortable and far more effective as students. One of their parents said, "I watched your tutors work with my daughters — the tutors did a wonderful job of building rapport, and while I was a skeptic, I do not think it could have worked any more effectively if they had been present."

Once we were able to work with the girls three times a week they made rapid progress — and after taking the summer off both girls continue to read fluently and productively. Their study is more productive and they use less time to complete more work and to study more effective. Our plan to offer fluent phonemic awareness along with building reading speeds was just as effective with them as if they had been in Cohasset at our center.

These new tools are opening a totally new pathway for our center. We are no longer limited by distance in helping students who are in need of our services. Another valuable feature of this approach is to provide privacy to students who are embarrassed by their reading disabilities. We have frequently encountered students who are reluctant to come to our center because they fear a stigma. However this issue is entirely solved by using the Skype interface and other online tools to provide a shelter from those feelings.

We are now working to create similar programs to work with younger students, but we are confident that we can bring middle and high school dyslexic students to a high level of reading fluency if they are willing to work for at least three hours per week.

—Richard McManus is director of the Fluency Factory in Cohasset.

GROWING ON THE FARM

Winter tales of red wrigglers

From the "how a farmer keeps busy in winter" file comes some tales of red wriggler worms working to take care of the environment and the interests and predictions of local second-graders.

Recently, all the second-graders at the Foster Elementary School in Hingham talked snacks and veggie scraps. As farm educators and wannabe farmers and growers, we at Holly Hill know one of our biggest concerns and focused efforts involves compost. This rich, healthy component of soil that does so much to enhance the growing of organic plants and is a needed part of successful growing. And in an effort to find means of sustainability, the students at Foster took a large step to help make their own compost.

With the assistance of red wrigglers, who were donated on loan from our large bin of compost, each class put about 20 small red wriggler worms in a clear plastic bin with plenty of air holes. Together the class discussed what the worms would need to survive in their new home. The class had collected some lettuce from a never-eaten salad, an orange rind, a slice of cantaloupe, an avocado seed pit, a banana peel and a part of a rotting apple. I once saw a sticker proclaiming that "A rind is a terrible thing to waste." I agree, as the students also talked about how food scraps for worms keeps food scraps out of the trash bin. Food scraps out of the trash bin also make for less trash for the kind folks whose job it is to collect and carry out the garbage.

JON BELBER

The students are also part of a school-wide effort to compost items and ingredients at lunch, including many of their now-paper plates and trays from cafeteria line. What a great effort to increase the amount of all things recycled!

The students are also part of a school-wide effort to compost items and ingredients at lunch, including many of their now-paper plates and trays from cafeteria line. What a great effort to increase the amount of all things recycled! Not just paper and plastic bottles apply. In fact, the students at Foster have named their outdoor compost bins, I suppose to better associate with the bins that will help sustain their gardens that will grow their food and future snacks.

In Hingham, Foster is not alone in this effort of conservation and compost. Bins with red wriggers will start at south later this week (children may have to store those food scraps through the storm), East school second-graders are due to assess the bins they started in November. At PRS, one classroom is underway with their bin and predictions ("the worms will eat everything!"), while another PRS teacher has her multi-tiered bin in operation and production throughout the school year.

As for the Foster bins, there is also the need to add some torn newspaper for ruffage and some dirt and grit for the soft toothed worms. Add a little water, as all living creatures need water, and the bins are capped and ready for the process to begin. The vermicompost will actually be the fruit of the worms' labor. The new habitat for the worms will also not feature any worm phones, televisions or radios. They will remain blissfully unaware of deflated stories and inflated conversations. Instead they will make a super product, enough to fill a small bowl, and all the better to help grow new, healthy vegetables come spring, which is due to follow this busy, windy, now snowy winter.

—Jon Belber is a Scituate resident and the education director at Holly Hill Farm in Cohasset. He teaches students and adults about organic gardening and farming. His column appears twice monthly in the Mariner. He can be reached by email at jbelberhollyhill@hotmail.com. For information on upcoming programs at Holly Hill, visit www.hollyhillfarm.org.

VIEW FROM THE FRONT PORCH

Turning 50 isn't really all that bad

Happy birthday to me, Happy birthday to me, Happy fiftieth birthday (sort of) to the Viewwwww, Happy birthday to me! Yeah it's going to be one of those columns. If you have anything better to do like pay bills, do laundry or shovel out from the storm, now's probably the time to do it before you get sucked in any further.

JOHN MCSHEFFREY

Still with me? Okay then, 27 months ago if you had asked what would happen first A) the Cohasset Mariner would 'fire' me; B) my wife would say 'enough is enough'; C) I'd run out of ideas; or D) I'd write 50 columns; I would have bet the house against D. Well, it's a good thing I'm not a betting man, because here we are at the 51st View, taking a look back over a few of the more memorable moments.

It was the last Saturday in October, 2012. I was in Children's Hospital reading the Mariner next to my sleeping son who was recovering from surgery. Twice in the previous five years I had written a letter to the paper. On that particular afternoon, I matched that. Sending my letters in, I stated that I'd be fine if the paper published one both or neither of the letters; I was simply passing time. A few days later, an email from Mary Ford asked if I'd be interested in becoming a monthly columnist. The rest is history.

When Mary and I first got together to discuss the column idea, I was quite apprehensive about the thought of committing to a monthly 600 word column, but nowhere as apprehensive about this as my wife and family. With me, I had a list of 15 to 20 possible ideas to write about; at least five of those are still in the idea stage. I might argue that some of my best columns are the ones I've never submitted.

Looking back over the columns, there are a few that make me cringe (I'm sure you have a few too), but the one that sticks out as my favorite piece has to be the one entitled "Good bye Miss O", a tribute to my daughter's friend and our wonderful neighbor, Olivia Peracchi, who was moving to Texas. In a somewhat uncomfortable moment, Olivia first read the column at our house, but looking back that moment is a gift I'll always treasure. That said we'd all gladly trade it to have Miss O back in the old neighborhood.

Personal topics have been in many ways both the easiest and the most difficult to write about. Kind words for Par-Tee, coaching, helping Kirsten Ripple, last year's junior triathlon and my daughter's Kung-Fu teacher were personal articles that simply flowed for me (I still strongly recommend Jade Forest if you are looking for a wonderful experience for your child). However, the piece about suicide was a nine-month struggle.

Town issues are perhaps the ones that have had my wife most worried about having a crowd with pitchforks and torches showing up on our doorstep, but they are the ones that inspired me to do this in the first place. Voter participation, confronting bullying, professionalism of our Selectmen, appreciating the job of our Police Chief, helping the food pantry and the safety of our children, are some of the issues that I've tried to address.

From passing comments at the ball fields and in the stores, to emails and letters, I have truly appreciated reader feedback to my columns, both kind and otherwise. Without a doubt, the column that garnered the greatest response was the one about the gas prices in town. Within two weeks of that article, the Stop & Shop station dropped almost 20 cents a gallon. People still mention it to me.

Four particular responses stand out. Following the Neil Armstrong article about my son's recovery from his broken leg, I received an email from someone reflecting about struggles her child had faced; it was a deeply touching and personal note. After last November's Thanksgiving column, I got a wonderful postcard from Nino and Terese D'Urso, it truly made my week and I still have it. In January I got an incredibly kind surprise by way of an email from the Glavin family who moved from Cohasset a few years ago, but continue to read the Mariner online. They dropped me a note to say that they were sending their best to Christopher Furtado and his family.

Finally, if I'm going to dish out whimsical quips and observations, I sure as heck better be able to enjoy them being dished back and that is exactly what I did when I read Peter Wood's recent letter about my last column. Well written Peter, thanks for thoughts and the smile.

Not everything has been positive with the View. The hardest part of writing a column has been trying to minimize the spelling and grammatical mistakes and let me tell you, it's not an easy task (thank goodness for the help of my incredibly wonderful, patient and intelligent wife). Also, while the View has helped play a role in encouraging voter participation and support for causes like the food pantry, it's failed at my number one passion — getting the Selectmen to stop hiding from and properly enact a Halloween Candy Tax Credit for Fairoaks Lane residents. This has been a stumbling block for me and it's my hope that moving forth Chris Senior will put the pressure on the Selectmen to do the right thing and pass the much needed tax relief for all of us on Fairoaks.

Will there be another 50 Views? I have no idea, but if there is, I can guarantee it won't be in a span of 27 months, I've learned that writing a column is a marathon not a sprint. It's been a pleasure to be part of the Mariner team and I hope that along the way one or two columns may have made you smile or think.

As always, thanks for reading. You know, turning 50 isn't that bad, but I've yet to get my AARP Card.

—John McSheffrey has been part of the Cohasset community since 2007 and can be reached at jjmcs@aol.com

LIBRARY CORNER

Paul Pratt Memorial Library, 35 Ripley Road. Call 781-383-1348 for more information or visit the website at: cohassetlibrary.org.

LIBRARY BOOK GROUP: Join others for coffee and discussion at 10 a.m., on Wednesday, Feb. 4, to discuss the book "The Invention of Wings" by Sue Monk Kidd. All are welcome.

MOVIE MATINEE: Enjoy a free daytime movie at the library at 11 a.m., Friday, Feb. 6. Sandwiches donated by Shaw's of Cohasset. Free admission. Call the library for more information.

SUNDAY AUTHOR TALK: Author Richard Primack will talk about his new book "Walden Warming" at 4 p.m., Sunday, Feb. 8. A wine and cheese reception and book signing will follow Primack's talk. Free admission. Seating is limited.

IPAD WORKSHOPS: Technology expert Katy Mayo will lead two 2-hour workshops on how to use an iPad. The first session will take place from 6:30 to 8:30 p.m., on Thursday, Feb. 12. The second session will be from 6:30 to 8:30 p.m., Thursday, Feb. 26. Attend one or both. Bring an iPad for a hands-on experience. Sponsored by the Friends of the Cohasset Library.

ART EXHIBIT: South Shore Art Center will present an art exhibit by Tony Pilla at the library through Feb. 28.

LIBRARY KIDS

'Big Ryan' is coming Feb. 7

The following events for children will take place at Paul Pratt Memorial Library, 35 Ripley Road. For more information, call 781-383-1348 or visit the website at: cohassetlibrary.org.

CELEBRATE "TAKE YOUR CHILD TO THE LIBRARY with Big Ryan's Tall Tales, Saturday, Feb. 7 at 3 p.m. Join others in the Meeting Room for a hilarious family adventure. For more information about the program go to: bigryanstalltales.com.

MAMASTEPH: Mondays, Feb. 2, 9, and 23 at 10:30 a.m. Funded by the Friends of the Cohasset Library.

LEGO CLUB: Mondays, Feb. 9 and 23 at 4 p.m.

STORYTIME: Tuesday, Feb. 3 and 17 at 10:30 a.m., in the Story Room.

DROP IN CRAFTS: Thursdays from 10:30 a.m. to 1:30 p.m.

PUPPET STORY TIME WITH LEIGH AND FRIENDS: Tuesdays, Feb. 10 and 24, at 10:30 a.m., in the Story Room. Funded by the Friends of the Cohasset Library.

FORUM

Group creating 'Safe Harbor' for substance abuse

By Erin Dale
edale@wickedlocal.com

As a heroin epidemic continues to sweep the South Shore – there were 91 overdose deaths in 2014 alone, according to published reports – a Cohasset coalition formed to fight the problem locally.

The group, dubbed "Safe Harbor Cohasset," was formed last summer by the town's Social Service League to discuss and identify potential solutions to what has grown into a local drug abuse crisis.

An upcoming educational forum, scheduled for Wednesday, Feb. 4 at 7 p.m. in the Cohasset High School auditorium, will have some "straight talk" on substance abuse, featuring speakers Jennifer Rowe of the ADA Norfolk County Drug Task Force, Dr. John Kelly of Harvard Medical School, Father-daughter team Jack and Becca Reilly of "Learn to Cope," and Joanne Peterson, founder/executive director of "Learn to Cope."

There will also be private training in how to administer Narcan, an inhalant that can reduce the effects of a drug overdose, led by Warren Nicoli of the Manet Community Health Center.

According to co-founder Christine Murphy, the SSL voted last May to make the drug epidemic its next focus, and Safe Harbor was established the next month.

"Statistics drove the focus in this direction," said Murphy. "The headlines screamed for attention! Substance use disorders are the number one public health problem in the U.S. today. This epidemic has consumed more lives than car accidents and gunshots combined."

Over a two-year period on the South Shore, a fatal overdose claimed a life every eight days, approximately 99 deaths in that timeframe, according to the Coalition.

"The death rate in Norfolk County from overdoses increased from 64 in 2013 to 91 in 2014, close to a 30 percent increase year over year. It was a matter of life or death now," said Murphy.

Murphy, whose former husband struggled with heroin addiction for over 30 years until he died from an overdose in 2005, felt a sense of urgency.

It was her best-kept secret, she said of his addiction, and her family struggled in silence without any support. However, Murphy said she felt strongly that lives could be saved and parents could get support, as long as the stigma of drug addiction could be erased or minimized.

"No more secrets!" she said. "Young people were dying due to embarrassment. Secondly, young people from Cohasset were overdosing and dying at an increasing rate."

Murphy felt a personal drive in co-founding the coalition with plans to study specific issues in Cohasset, develop environmental strategies to target them, and provide education to halt the upstream issues with the school age population. Part of the coalition's outreach will include school surveys to be conducted in Cohasset to gather data to develop targeted long-term strategies and educational programs, Murphy explained.

Over the past two years, Murphy and Safe Harbor co-founder Marita Carpenter, who is also president of the SSL, have both attended meetings, trainings and conferences on the substance abuse epidemic, and were inspired to launch a task force of their own.

"A great many towns already had very effective coalitions in place and they were making decided differences in their communities," said Murphy.

Invitations to join the Coalition were sent to a broad spectrum of stakeholders from across all sectors of the community, including town and school leaders, teachers, nurses, parents, clergy, police and fire personnel, as well as concerned citizens.

Safe Harbor has over 60 founding members from across the spectrum in the community and held its first official meeting last July.

Since then, the group's mission has been "to foster a strong and inclusive community that encourages healthy, educated and responsible choices about drug and alcohol use," said Murphy. "The mission is supported by evidenced based, prevention focused, sustainable policies and programs."

What does Murphy hope to gain from next week's forum?

"I want to introduce Safe Harbor to the town at large. Our main focus is to educate the town on the substance epidemic," she said. "We would love to build our active membership to work on several initiatives simultaneously."

The forum's speakers were handpicked to address key questions from the community.

Jennifer Rowe, the Norfolk County ADA, will be providing an overall scope of the problem in Norfolk County, particularly concerning opioid abuse. Rowe will discuss the path from abuse of prescription opioids, such as OxyContin, to heroin addiction.

"I want the community to understand the problem is local and pervasive," said Murphy, adding, "The progression from prescription pain killers to addiction is sneaky and quick."

Dr. John Kelly will discuss the deleterious effects of substances on adolescent brains.

"He is a renowned addiction researcher," said Murphy. "He relates his information using science and statistics."

Dr. Kelly's presentation He will focus on the use of alcohol, marijuana and drugs on the brains of children under 23.

"I want parents and children to understand that they will experience an assault on the brain. The message is to put off trying any of these substances until you are 23 and your brain is formed and stable," said Murphy.

Also, father-daughter team Jack and Becca Reilly will be relating their journey from addiction to recovery.

"They came from an upper-class town with all of the same amenities as Cohasset," Murphy explained. "My hope is that people see the similarity and realize it can and does happen here."

Joanne Peterson, the Executive Director of "Learn to Cope," will help parents identify risk factors, overview the opioid problem, and provide an open avenue to parental support.

"She will review a very eye-opening poster outlining the various things to look out for and paraphernalia used in drug abuse," said Murphy. "My goal is to provide an open door to 'Learn to Cope' to provide support to families in Cohasset undergoing this issue."

Lastly, the forum will provide Narcan training to anyone who is interested in learning in a private setting.

"Our goal is to save lives to give them another chance," said Murphy.

Look for more on this issue in an upcoming edition of the Mariner.

If you go:

What: Safe Harbor Cohasset Coalition presents: "What's Happening Here and Now? Educational Forum on Today's Substance Abuse Crisis." Featuring guest speakers Jennifer Rowe of the ADA Norfolk County Drug Task Force, Dr. John Kelly of Harvard Medical School, Father-daughter team Jack and Becca Reilly of "Learn to Cope," and Joanne Peterson, founder/executive director of "Learn to Cope."
When: Wednesday, Feb. 4, 7 to 9 p.m.
Where: Cohasset High School Auditorium
Why: Leave armed with the right information to protect your family.
Learn more: facebook.com/safeharborcohasset

COHASSET

CPC hearing continued to Monday

By Erin Dale
edale@wickedlocal.com

Cohasset's Community Preservation Committee (CPC) met Monday, Jan. 26 despite the blizzard, but only to open and continue the scheduled public hearing to next Monday, Feb. 2 at 7:30 p.m.

Town Hall was closed on Tuesday, Jan. 27, and all municipal board meetings were canceled.

CPC chairman Russ Bonetti decided to meet on Monday night to open the hearing, then continue it to the following Monday.

"I'm going to go ahead with it; it's not going to snow heavy until later," Bonetti said in a phone call Monday morning, adding that he was not concerned about the evening's weather forecast. "Having lived in Maine and the Poconos, where we used to walk ten miles in the snow, uphill both ways to school, this would be considered a dusting. I hate to cancel it."

Bonetti said that he had hoped to get some of the committee's business taken care of this week, including officer elections, but it would have to wait until the full board could be present.

The CPC is required by state statute to hold a public informational hearing each year, during which the committee will discuss the needs, possibilities and resources of the town regarding community preservation and accepting applications for potential CPC participation.

In addition to electing officers the night's business includes discussing potential Community Preservation projects such as restoring the town flag, signage for the Sailing Club, and upgrading the veteran's memorial at Dennis Reardon Square.

Chairman Russ Bonetti said the meeting is also open to anyone who would like to come before the CPC to "discuss the viability of projects and procedures."

More CPC coverage in upcoming edition of the Mariner.

FASHION SHOW, FEB. 6

Bloom Boutique opens in Cohasset

Local lingerie boutique, Bloom, opened at its new Cohasset location at Old Colony Square on Monday, Jan. 25. The new store is twice as large as Bloom's former Hingham space and allows owner, Melinda Freda, to expand her merchandise.

The shop owner is celebrating the relocation with a "bubbles and bites" reception and fashion show on Friday, Feb. 6, featuring Valentine's Day lingerie styles and spring 2015 resort wear.

Bloom carries the underpinnings in a woman's wardrobe, "the foundation garments that enhance a woman's figure and are the start of her wardrobe," said Freda.

When Freda opened her Hingham store eight years ago, she started exclusively with lingerie and then expanded into swimwear. At her new location, Freda will also begin carrying athletic wear by Nancy Rose Performance.

The new Cohasset store is a spacious 1500 square feet with larger and more private dressing rooms – an ideal setting to showcase Bloom's expansive merchandise.

Bloom is holding a Grand Opening Party in the new store on Friday, Feb. 6, from 6 to 10 p.m. featuring a fashion show, music, and champagne and hors d'oeuvres. RSVP at info@bloomlingerieboutique.com or call 781-749-0063.

Bloom Boutique is located in Old Colony Square, 132 Chief Justice Cushing Highway (Route 3A). For more information call 781-923-1454, visit online at: bloomlingerieboutique.com or email info@bloomlingerieboutique.com.

COH

Beacon Hill Roll Call

By Bob Katzen bob@beaconhillrollcall.com

Senator Robert L. Hedlund (R-Weymouth) 617-722-1646 Room 313C

Representative Garrett J. Bradley (D-Hingham) 617-722-2520 Room 479

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Volume 40 - Report No. 3 January 19-23, 2015

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

THE HOUSE AND SENATE: Beacon Hill Roll Call records local senators' votes on four roll calls from the week of January 19-23.

The Senate last week voted on the rules under which it will operate for the 2015 session. The changes from last year's rules include an increase from 24 hours to 48 hours in the amount of time that the agenda for formal sessions must be made available to the public; creation of three new standing committees - The Committees on Personnel and Administration, Intergovernmental Affairs and Redistricting; requiring any senator who cites a report or study during debate to provide a copy of it to other senators who request it; requiring the text of any bill voted upon by the Senate to be posted online within 24 hours of the vote; requiring a copy of any further or redrafted amendments to the state budget to be distributed to senators to allow a "reasonable amount of time" for review prior to a vote; adding an additional Republican member to some committees; requiring all Senate committee votes to be posted within 48 hours on the Legislature's website; and an increase from one to three the number of Democratic assistant majority floor leaders and from three to four the number of GOP minority party floor leadership positions.

There was no roll call on approval of the entire package. It was approved on a voice vote. Supporters said these long overdue bi-partisan changes to the rules would make the Senate more transparent and efficient.

PUT SENATE COMMITTEE ROLL CALLS ON WEBSITE (S 6) — Y *

Senate 38-0, approved a rule that would require all Senate committee votes to be posted within 48 hours on the Legislature's website. The current rule is vague and requires committee votes to become "a public record and be available to the public."

Supporters of the rule said this would simply give the public quick and easy access to the committee votes of their legislators. They noted under current rules, a person has to come to the Statehouse in Boston during regular business hours in order to obtain this information.

(A "Yes" vote is for requiring that Senate committee votes be posted on the Legislature's website.)

SESSIONS BEYOND MIDNIGHT (S 6) — Y *

Senate 6-32, rejected a rule requiring a unanimous vote in order for any Senate session to continue beyond midnight. Current law requires a two-thirds vote to go past midnight.

Supporters said requiring unanimous consent will virtually put an end to post-midnight sessions. They argued it is unnecessary and irresponsible to work while legislators are exhausted and taxpayers are asleep.

Opponents said the rule is undemocratic and will allow one legislator to end Senate debate and action.

(A "Yes" vote is for requiring a unanimous vote to continue beyond midnight. A "No" vote is against requiring it.)

REQUIRE TAX HIKE PROPOSALS TO BE ONLINE SEVEN DAYS PRIOR CONSIDERATION (S 6) — Y *

Senate 7-31, rejected a rule requiring that all proposals raising taxes be available online for at least seven days prior to their consideration. The amendment also requires the budget-writing Senate Ways and Means Committee to include specific information when it releases the multi-billion dollar annual state budget. The required information includes all new initiatives and major policy changes along with their funding source and the services they offer; any reliance on one-time non-recurring revenues; a diagram that clearly details all the spending recommendations and corresponding revenue sources and shows the spending on each item for each of the previous five fiscal years.

Supporters said that legislators and the public should have at least a week to review proposed tax hikes and make their voices heard. They noted that requiring specific information from Ways and Means will increase transparency and make it easier for everyone to better understand the budget and exactly what it does.

Opponents said the rule is well-intentioned but that compiling the information would be an unnecessary burden on the legislators and staff on the Ways and Means Committee.

(A "Yes" vote is for the rule. A "No" vote is against it.)

ADD THREE NEW LEADERSHIP POSITIONS (S 6) — Y *

Senate 37-1, approved an amendment that would increase from one to three the number of Democratic assistant majority floor leaders and from three to four the number of GOP minority party floor leadership positions These additions would result in an additional $7,500 stipend for the two Democrats in these two new positions and $15,000 for the additional Republican in this one new position, for a total of $30,000 per year.

Amendment supporters said these changes will help the Senate operate in an efficient and transparent way.

The lone opponent offered no arguments despite repeated e-mails and phone call attempts by Beacon Hill Roll Call.

(A "Yes" vote is for the three new positions. A "No" vote is against them.)

ALSO UP ON BEACON HILL

BAKER SAYS DEFICIT IS $765 MILLION - Gov. Charlie Baker said his aides have crunched the numbers and he projects a $765 million budget deficit for the current fiscal year that ends on June 30, 2015. This is considerably more than the $329 former Gov. Deval Patrick predicted prior to leaving office. The Massachusetts Taxpayers Foundation's estimate is even higher. It recently predicted a $1 billion deficit. Baker has said he will not support any new taxes, tax hikes or local aid cuts to close the gap.

MORE BILLS SIGNED INTO LAW - While the 2015 legislative session begins to grind to a start, Beacon Hill Roll Call reports on several more bills that former Gov. Deval Patrick signed into law shortly before he left office and Gov. Charlie Baker moved into his new office on the fourth floor of the Statehouse.

CHILD SEXUAL ABUSE PREVENTION (H 4305) - Creates a task force on child sexual abuse prevention. The task force would develop strategies for incentivizing organizations serving children to develop and implement sexual abuse prevention and intervention plans. It would also develop a five-year plan for using community education and other strategies to increase public awareness about child sexual abuse including how to recognize signs, minimize risks and act on suspicions or disclosures. The task force would make recommendations to the Legislature.

MAKE IT EASIER FOR CITIES AND TOWNS TO FUND COLLECTION PROCESS FOR TAX TITLE FORECLOSURES (S 2298) - Allows Massachusetts cities and towns to establish a revolving fund into which legal and administrative fees and charges recovered during legal proceedings for tax title foreclosures would be deposited. The municipality could then use the money directly to pay for the necessary expenses the community incurs during the collection process. Current law places the funds into the community's General Fund. The revolving fund could be created only in cities and towns that receive local approval to do so through passage of a by-law or by a vote of the town meeting or city council.

Supporters said this new fund would make collections easier by providing a dedicated source of funding without the problems and delays that come with having to get the money from the General Fund.

THEFT FROM RETAIL STORES (H 1474) - Creates new crimes relating to theft from retail stores. The new crimes include using duct tape or other devices that block sensors designed to set off an alarm if not removed by the cashier; using an emergency exit to escape following the theft; and creating a bogus sales receipt or UPC code. The measure also creates a new crime of working in an organized retail theft ring.

Supporters said that these theft rings are estimated to cost Massachusetts retailers more than $160 million annually.

HOMELESS YOUTH UNDER AGE 24 (H 4517) - Creates a commission to study and make recommendations to provide adequate resources for unaccompanied homeless youth under the age of 24. The state would then enter into contracts with organizations and agencies to provide housing and support services to these youths.

YOU CAN'T MAKE THIS UP

'When vengeance turns to forgiveness'

REV. BILL TURPIE

Eventually, he was rescued from imprisonment when American paratroopers landed in Beijing and liberated his prison. He went back to the states with a desire to return to Japan as a missionary.

Many have heard the remarkable story of Louis Zamperini made famous in the long running best seller "Unbroken" and the recent movie by the same name. But few have heard the story of Jake DeShazer. He is another veteran of the war against Japan — his story may be even more remarkable than Zamperini's in its ultimate impact.

DeShazer had recently enlisted in the Army Air Corp when he heard on the radio that the Japanese had bombed Pearl Harbor. He was filled with rage and vowed, "They'll pay for this!" His opportunity for payback came a year later when DeShazer was selected as one of General Jimmy Doolittle's raiders in a daring bombing run over the Japanese mainland.

General Doolittle was put in charge of 16 B-25 Mitchel Bombers and tasked with what was considered an almost suicidal mission to strike the Japanese homeland from an aircraft carrier in the Pacific. Jake DeShazer was the bombardier on the last plane to leave the carrier USS Hornet. His crew released their bombs over the Japanese city of Nagoya and then tried to make their way beyond Japan to part of China that was not occupied by Japanese troops. Unfortunately, they ran out of fuel early and had to parachute into enemy territory.

Jake, his crew, and many others in the raid were immediately captured and imprisoned. The Japanese were furious. Some of his comrades were killed outright by a firing squad, while Jake and the others were brutally tortured.

Jake DeShazer spent 34 months in solitary confinement. Despite beatings and malnutrition he refused to give in. Surprisingly, after two years of confinement the Emperor of Japan ordered that members of the raid be treated with greater respect. They were given improved rations and even books.

One of the books Jake received was a Bible, which he began to read intensely. He came from a family of Free Methodists, a small Christian denomination noted for their missionary work in many countries, but he never had much interest in faith. He says that as he read the Scriptures, he became convinced of their truth and decided to commit his life to Jesus.

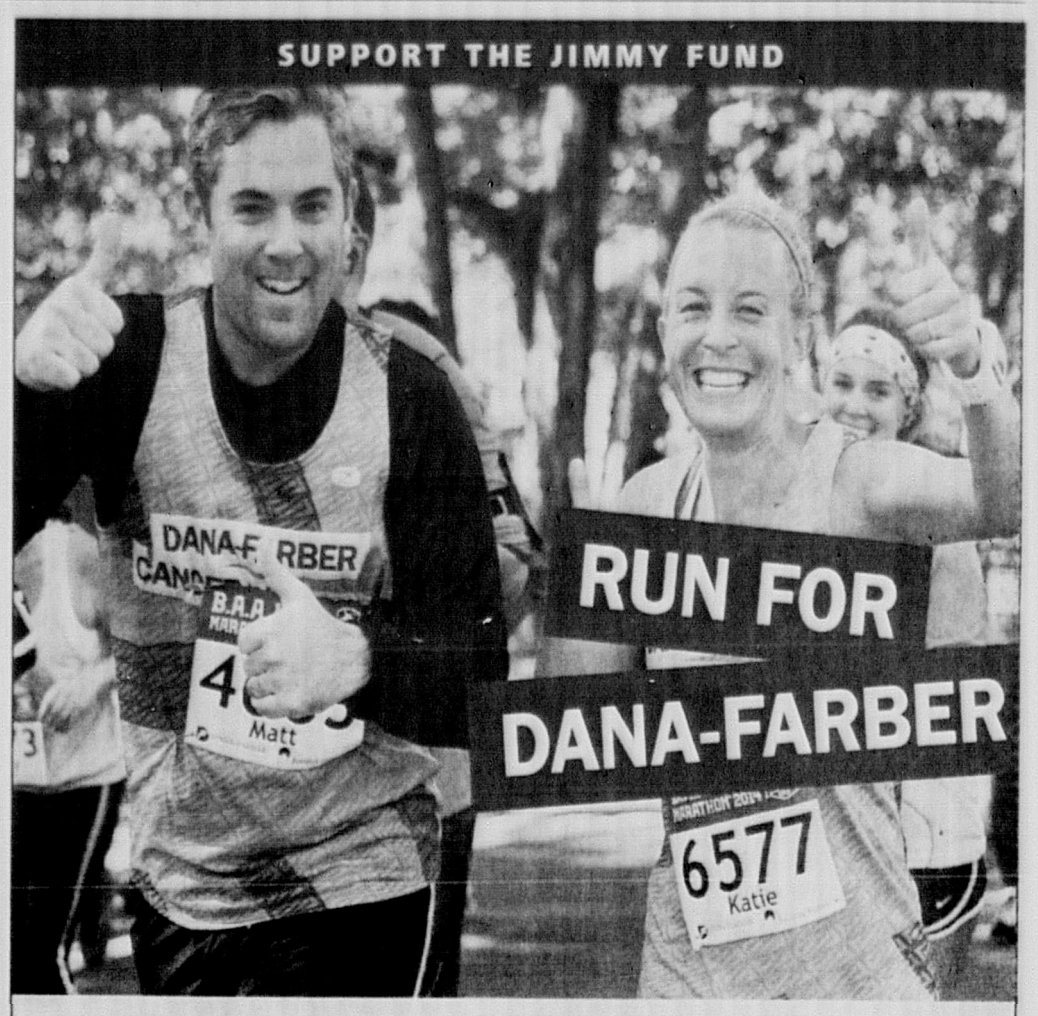
In addition, he also decided to treat others with the respect and love that he saw evident in the life of Christ. Despite his bitterness at the Japanese, he resolved to forgive the people and leaders of the country and also treat his captors with respect. When he did this he recounted that his guards' attitudes toward him also began to change.

Eventually, he was rescued from imprisonment when American paratroopers landed in Beijing and liberated his prison. He went back to the states with a desire to return to Japan as a missionary. He graduated from from Seattle Pacific University, a Free Methodist School, and in 1948 set out for Japan. After he had been in the country for a while, he wrote a pamphlet in Japanese entitled "I Was a Prisoner of Japan." In it he discussed his imprisonment and his forgiveness of the Japanese people.

Somehow the pamphlet fell into the hands of Mitsudo Fuchida, the fighter pilot who led the bombing raid on Pearl Harbor! Amazingly, after reading the pamphlet, Fuchida converted to the Christian faith and reached out to DeShazer. The two became good friends and often toured Japan together to share their mutual faith and to speak about the importance of forgiveness and reconciliation.

In 1959 DeShazer even returned to Nagoya, the city he had once bombed as a Doolittle Raider, to start a church and to continue to stress the importance of forgiveness and reconciliation. He spent 30 years as a missionary in Japan and died in 2008 at the age of 95. He is well known in that country as "a hero of peace and reconciliation."

—Since 2007 Bill Turpie has been pastor of New North Church in Hingham. New North is a community church with a focus on the inward journey of faith and an outward journey of service. Before coming to New North he worked as a business reporter for WCVB-TV, Wall Street Journal Reports and as senior correspondent for the Odyssey and Hallmark Channels covering religion. For a number of years he also ran his own production company.



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The Jimmy Fund

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NYC DAY TRIP

New York, New York!

Gather some friends and enjoy a Spring day in New York City! A deluxe motor coach leaves Cohasset Town Hall at 6 a.m. on Saturday, May 9th and arrives in New York City at approximately10:30 a.m. The bus has a Midtown drop off near Rockefeller Center and pick up at 7 p.m. sharp behind St. Patrick's Cathedral. Youth under 18 must be accompanied by an adult. Fee: $49 per person. The Recreation Department can provide suggestions for possible activities to engage in but ultimately the fun of New York City is all up to you.

Rockefeller Center is home to over 40 restaurants, more than 100 shops, and countless attractions. Take in a show — get up to 50 percent off ticket prices at the TKTS booth at the Marriott Marquis Hotel in Times Square. Treat your family to a horse and carriage ride through Central Park. Teens would enjoy the virtual tour of NYC located on the 2nd floor of the Empire State Building. And if you haven't had enough of a bus ride — you can see the City and the sights by taking the Gray Line Busses with unlimited hop-on/hop-off.

It's the perfect itinerary for fun and fresh air while you enjoy all that Manhattan has to offer (and someone else does the driving!) Space is limited. Sign up at cohassetrec.com

SATURDAY

Drowned Hogs challenge Ground Hog

For the 20th year, the Drowned Hogs will storm Nantasket Beach and make their mad dash into the Atlantic Ocean. At noon, on Saturday, Jan. 31, hundreds of hardy nutcases committed to doing something cool and crazy for a cause — Wellspring Multi-Service Center — will predict spring's arrival. According to Drowned Hog lore:

If the Drowned Hogs frolic in the ocean's brine,
Spring arrives right on time.
But if they dunk and scream back out,
Winter will be a six-week bout.

All individuals, teams, groups or families with warm hearts willing to do something chill for charity are welcome to join the craziness! Anyone can join, but there are a few rules:

The swim doesn't count unless the swimmer fully dunks.

Wet suits are allowed only if the wearer also wears a tutu and a tiara!

High school teams, college groups, running clubs, multi-generational families, sports teams, book clubs and hipsters have all become regular participants. Registrations are still being accepted. Information and pledge sheets are available at www.drownedhogs.org or www.wellspringhull.org. Registration fee is $10 and includes the eagerly awaited 2015 Drowned Hog T-Shirt.

Following the icy plunge at high noon, survivors and onlookers are all invited to warm up at the Nantasket Beach Chamber of Commerce's Drowned Hog Soup and Chowder Fest at the Nantasket Beach Hotel. Last year's defending champions, Barefoot Bob's for chowder and Plaza Azteca for soup, will be challenged by scrumptious offerings from 10 other South Shore restaurants and caterers. Tickets are $10 and can be purchased online or at Wellspring, 814 Nantasket Avenue. All proceeds will benefit the food pantry at Wellspring.

Super Bowl weekend can be even more super when an icy dive in the ocean is part of the program! Join the hundreds of philanthropists who straddle a fine line between charity and insanity...and go hog-wild for charity. Visit: drownedhog.org or wellspringhull.org to be part of this polar plunge.

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Third Prize

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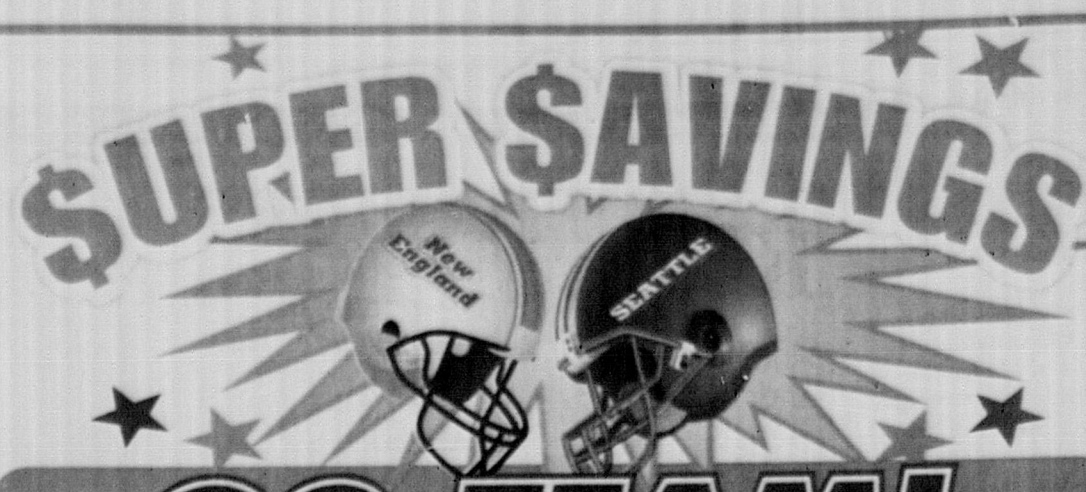

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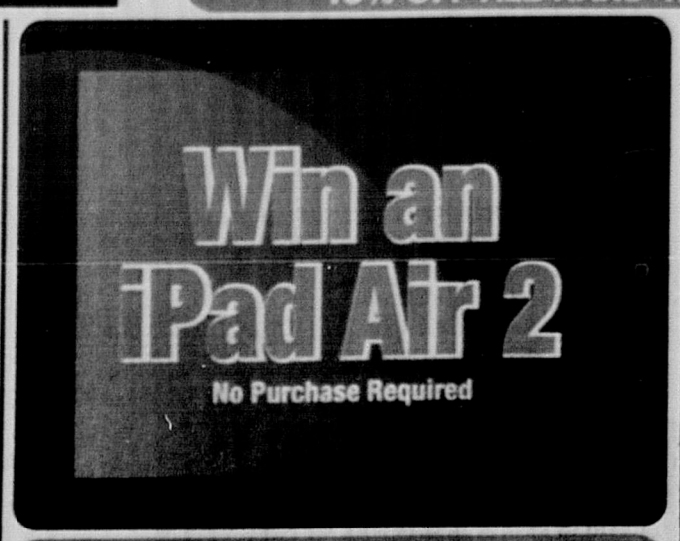
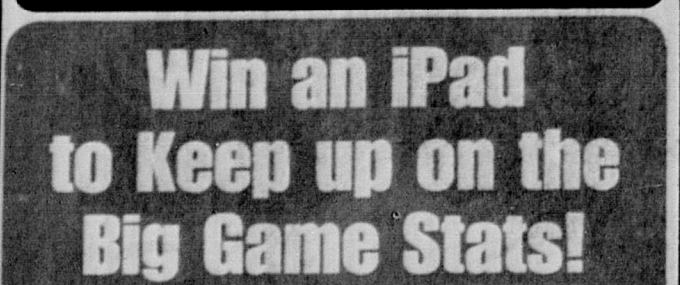
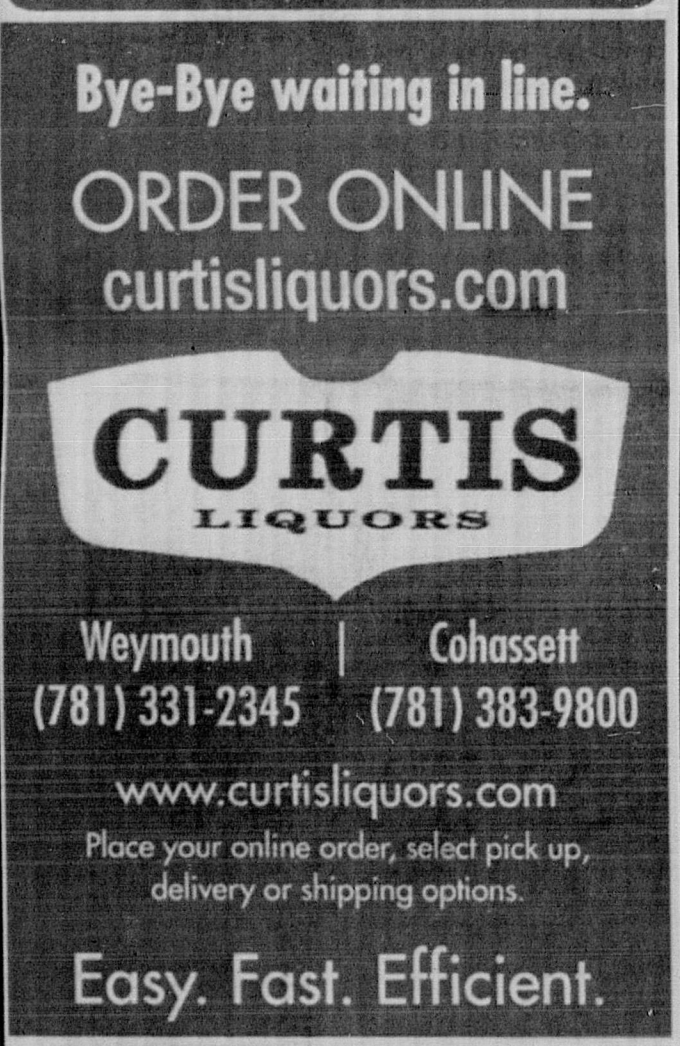
JAMESON IRISH 750 ML	$25.99	1.75 LTR	$39.99
JOHNNIE WALKER RED 1.75 LTR	$31.99,	BLACK 750 ML	$32.99
OLD SMUGGLER SCOTCH 1.75 LTR			$15.99
TULLAMORE DEW IRISH 1.75 LTR	$37.99,	750 ML	$22.99







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KORBEL ALL TYPES 750 ML	$9.99
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BERINGER FOUNDERS (ALL TYPES) 1.5 MAG	$12.99,	750 ML	$7.99
BLACKSTONE WINES (ALL TYPES) 750 ML			$6.99
BOGLE WINES (ALL TYPES) 750 ML			$8.99
BOTA BOX (ALL TYPES) 3.0 BAG/ BOX			$14.99
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BV NAPA CABERNET, PINOT NOIR 750 ML			$14.99
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SUTTERHOME WINES (ALL TYPES) 1.5 MAG			$8.99
THE CRUSHER CABERNET SAUVIGNON, PINOT NOIR 750 ML			$10.99
TOASTED HEAD WINES (ALL TYPES) 750 ML			$9.99
WILLIAM HILL COASTAL WINES (ALL TYPES) 750 ML			$12.99
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IMPORTED WINES

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BELLA SERA WINES (ALL TYPES) 1.5 MAG			$9.99
BRANCOTT PINOT NOIR, SAUVIGNON BLANC 750 ML			$7.99
BOLLA WINES (ALL TYPES) 1.5 MAG			$9.99
CATENA CABERNET, CHARDONNAY, MALBEC 750 ML			$14.99
CAVIT WINES (ALL TYPES) 1.5 MAG			$10.99
CIELO PINOT GRIGIO 1.5 MAG			$9.99
DAVINCI CHIANTI, PINOT GRIGIO 750 ML			$9.99
GABBIANO WHITE LABEL, PINOT GRIGIO MAG	$10.99	750 ML	$6.99
GASCON COLOSSAL RED, MALBEC 750 ML			$9.99
JACOBS CREEK WINES (ALL TYPES) 750 ML			$6.99
KIM CRAWFORD SAUVIGNON BLANC 750 ML			$10.99
KRIS PINOT GRIGIO 750 ML			$9.99
LINDEMANS WINES (ALL TYPES) 1.5 MAG			$8.99
LITTLE PENGUIN WINES (ALL TYPES) 1.5 MAG			$8.99
LUNA DI LUNA BLUE 1.5 MAG			$9.99
MATUA SAUVIGNON BLANC	$9.99,	PINOT NOIR 750 ML	$9.99
MEZZACORONA WINES (ALL TYPES) 1.5 MAG			$9.99
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SPORTS

MORE INSIDE

- POLICE/FIRE LOG, **B4**
- OBITUARIES, **B4**
- ARTS PREVIEW, **B6**, **B7**
- HEALTHY LIVING, **B10**, **B11**
- MUSIC, **B12**
- HOROSCOPE, **B14**

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com.

SPORTS NOTES

Send Your Stuff

William Wassersug is the Sports Editor for the Cohasset Mariner.

Coaches, players, parents, please send your stories, photos or story ideas to wwassersug@wickedlocal.com and follow him on Twitter @scifisportsguy

SPORTS ROUNDUP

Swimmers qualify

The Cohasset swim team has had some big results lately, with the girls notching wins over Quincy and North Quincy.

The girls won the Quincy match 59-41 and beat North Quincy 57-41.

The boys lost 77-63 to Quincy/North Quincy.

During the meet, Nicky Tolosko qualified for sectionals in the 50 Freestyle, while Lena Welch qualified for Sectionals and States in the 100 Breastsroke.

Basketball wins

Friday night the boys basketball team also picked up a solid victory, beating Hull 66-45.

The boys and girls didn't have a chance to add to their win totals this week however, as both games against Carver were postponed by Tuesday's blizzard.

The girls will play their makeup game, Feb. 4.

The boys game hadn't been scheduled at press-time.

Boys Hockey ties

The boys hockey team tied Abington 3-3 Wednesday night, to improve to 7-2-4, while climbing into the rankings in a couple of hockey polls.

Adam Benson scored twice for the Skippers and Jeff Powers added a goal and an assist.

The game was physical, with both teams called for 13 penalties.

"We dominated play in the first period and seemed to be taking control of the game when all of a sudden whistles and penalties took over," Cohasset coach Phil Mahoney said. "The game became chippy and our play disintegrated at times into individual effort as opposed to teamwork. When we di skate and move the puck, we produced quality scoring chances and if we had been a little more opportunistic, we would have won by a comfortable margin. Once again, we have to keep our poise and composure as a team for all three periods. When we do that, we can play with anyone."

SPORTS

Schedule

Friday, Jan. 30
Boys Basketball
vs. Mashpee, 6:30 p.m.
Girls Basketball
at Mashpee, 6:30 p.m.
Gymnastics
at Notre Dame Academy, at Mass. Gym Center, Hingham, 7:30 p.m.
Saturday, Jan. 31
Girls Hockey
vs. Ursuline, at Randolph, 12:45 p.m.
Monday, Feb. 2
Boys Basketball
at Norwell, 6:30 p.m.
Girls Basketball
vs. Norwell, 6:30 p.m.

YOUTH BASEBALL

Hingham Harbormen Baseball Clinic

The Hingham High School baseball team, with State Champion coach Frank Niles, will host a baseball clinic open to all players Age 8 to Grade 8 the week of Feb. 20 from 3 p.m. to 6 p.m.

The clinic will be at Cohasset Sports Complex, 34 Crocker Lane, Cohasset.

The cost is $75 per player.

Make checks payable to: Hingham Baseball Boosters and mail to Allyson Lussier, 264 South Street, Hingham, MA 02043.

For more information, email hhsbaseball2015@gmail.com

Complimentary pizza and refreshments will be served.

BOYS HOCKEY

Knowing a good thing

Icemen tie undefeated Norwell

By Mark Ducharme
Correspondent

Cohasset hockey coach Phil Mahoney knows a good thing when he sees it.

The Skippers believe in what they are doing and the results show so far during the season.

They have come through with some strong performances including a 4-4 tie with South Shore Leading Norwell.

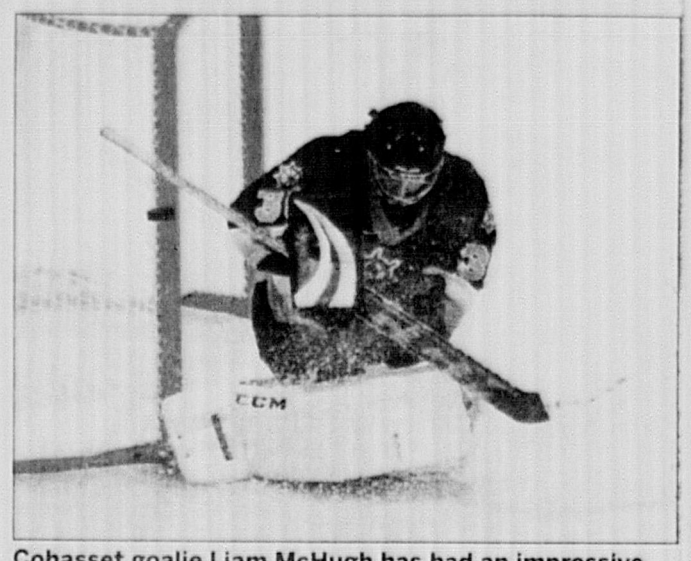
"Norwell is clearly the class of the league," said Mahoney. "They are deep and they are talented and well coached. We had a couple of leads on them. We were not able to hold on to the lead. We went out there and tied them."

The tie was an indicator of a team listening and learning from their coaches.

"We have a first year coaching staff and it shows them that the systems are working. When you believe in each other and believe in your linemate and move the puck and skate hard good things will happen."

The good things have been happening for the Skippers, who entered the week in second-place in the South Shore League.

SEE BOYS, B2



Cohasset goalie Liam McHugh has had an impressive season in net for the Skippers. WICKED LOCAL PHOTO/WILLIAM WASSERSUG

GIRLS HOCKEY

Cohasset-Hanover's Valerie Farren and Sam Taylor lead the chase to the puck in the third period of their 4-1 come-from behind win over Scituate, Saturday. WICKED LOCAL PHOTO/WILLIAM WASSERSUG

Keeping it together

Girls notch pair of big victories

By Mark Ducharme

The building and the upkeep to maintain success is not easy for girls hockey teams.

Cohasset-Hanover girls hockey coach Deb Beal has worked at putting together a team that is battling for a spot in the Div. 2 tournament and in the process she is trying to develop her team's depth for the future.

The Skippers qualified for the tournament last year and have a good chance to return.

They were able to come up with a big win over Norwell, 1-0 at the Zapustus Arena in Randolph.

Beal feels that her team and Norwell, which qualified for the tournament two years ago are running in the same competitive field.

"The second half of the season is interesting for us," said Beal. "We dropped one to Whitman-Hanson/Silver Lake and obviously we did not want to do that. It took a little bit of the wind out of our sails, but to come back and play as well as we did in the win over Norwell it was good for us."

Callie Hoadley battles for control, Saturday against Scituate.

Beal said the two teams were similar.

"We both are in the same boat," Beal said. "We both have some really good skaters and we both have some kids that we are developing to keep the program running. In order to keep the program running you have to play these kids. Norwell and Scituate are both on the same page as we are."

The Skippers have the situation of developing their personnel and/or cutting their rotation in games.

This is not an easy answer for Beal as for which way that you want to go.

Katie Talacci plays the puck on Saturday against Scituate.

"It is very hard," said Beal. "You do not ever want to discourage a kid that comes out here and puts on the skates and is doing something. The most important part is being a member of a team. You don't want to break a kids spirit and you don't

SEE GIRLS, B3

WRESTLING

Cohasset's Grant Guempel battles in the 138 weight class at the Cohasset Wrestling Tournament. Guempel finished sixth in his division, then came back with a pin against Rockland in the next meet. WICKED LOCAL PHOTO/WILLIAM WASSERSUG

Climbing back to the top

Wrestlers win six of nine

By William Wassersug
wwassersug@wickedlocal.com

The Cohasset wrestling team has been working hard this season, and the results have started to really show on the mats over the past several weeks.

Friday, the team went 2-1 in a tri-meet, beating Dighton-Rehoboth 44-30 and Bristol 48-34.

The team lost the other match of the day, 46-31 to Norton.

Triple winners on the day were Matt Froio, Hayes Keniley and Sean Mavilia, who recently returned from an injury.

Drew Skolnick, Xander Schubert and Nick Tetreault each won two matches on the day.

The wins helped the Skippers to climb back toward the .500 mark.

"We started 1-7," Cohasset coach Torin Sweeney said. "We've won six of our last nine matches to get back to 7-10 now."

The Skippers are also 2-0 in the South Shore League with matches against Randolph and Norwell.

SEE WRESTLING, B2

FIGURE SKATING

Silver Blades continue winning streak

Local figure skaters shine at Lake Placid

The Cohasset Mariner

Local skating club 'Silver Blades Skating School' sent five of their finest young skaters to the 46th Annual Lake Placid ISI championships in Lake Placid, New York the weekend of January 9-11.

The four girls and one boy team of skaters did something no one was expecting. They each delivered unbelievable performances, and brought home a third place overall team trophy. Individually they earned a total of 12 Gold, 2 Silver, and 4 Bronze medals. With over 450 skaters in attendance and teams from all over the east coast, it meant each of the Silver Blades skaters had little to no room for errors in their routines. The five person team consisted of Grace Shaughnessy of Cohasset, Lise Trulsson of Cohasset, Lilly Wallingford of Cohasset, Andrew Deluca of Rockland, and Jasmine Lanata of Scituate, ranging in age from 8 to 10 years old.

A highlight for the skaters was the finalist round of held Saturday night. This event gives the skaters the opportunity to again skate on the 1980 Olympic Ice under spotlights in front of their friends and family. This opportunity was awarded to skaters who took the Gold in their Artistic or Spotlight event earlier that day. All five members of Silver Blades qualified to compete in the final by winning their initial event. Lilly Wallingford and Andrew Deluca once again took Gold by winning their final events and having the honor of saying they were Artistic and Spotlight champs.

The team continued to have standout moments throughout the weekend. Lise Trulsson and Jasmine Lanata took the Gold in both their technical and artistic events. Given the overall level of the skaters at

SEE SKATING, B2

'Silver Blades Skating School' sent five of their finest young skaters to the 46th Annual Lake Placid ISI championships in Lake Placid, New York the weekend of January 9-11. Pictured from left:), Lise Trulsson, Andrew DeLuca, Grace Shaughnessy, Jasmine Lanata, and Lilly Wallingford at a special trophy presentation at their home rink after returning from Lake Placid. COURTESY PHOTO

HOCKEY

Canadiens and Sharks undefeated

South Coastal Hockey League roundup

By Mark Ducharme
Correspondent

The Canadiens and the Sharks are the only two undefeated teams left at the quarter pole in the Men's South Coastal Hockey League.

Marshfield's Brian Kennedy scored with 1:05 left in the game to snap a 3-3 tie and give the Canadiens a 4-3 Classics Div. win over the Maple Leafs. Sean Keegan of Pembroke, Tom Powers and Marshfield's Glen Harnisch had a goal and an assist each for the Canadiens.

Joe MCafferty, Dave Denton and Steve Mudge both of Marshfield scored a goal each and Shawn Malloy had two assists for the Leafs.

Hanover's Jay Parker, Art Riccio and Daron Jacobs of Pembroke scored a goal each as the Sharks stayed undefeated in the Legends Div. with a 3-0 win over the Saints. Greg Smith of Hanover recorded the shutout for the Sharks.

Pete DelPrete of Hanover had three goals and an assist while Pembroke's Brian Hurcombe scored two goals and Ron DiCecca of Marshfield added a goal in the Red Wings, 6-5 Classics Div. win over the Bruins. Mike Mullen of Marshfield and John McDonald had two assists apiece for the Wings.

Hanover's Peter Fallon scored two goals, Pat Sherry, Marshfield's John Zimmer and John Tympanick added a goal each for the Bruins. Mike Martin had two assists for the B's.

Sean Taylor scored two goals and set up two others in the Black Hawks, 7-2 win over the Rangers in a Classics Div. matchup. Mike Murray of Norwell and Stephen White both had a goal and two assists for the Hawks. Tony Rota, Jim Polito and Bill McIver added a goal each while Pembroke's Ken twigg had two assists in the win.

Chad Sullivan and Peter McIntyre both had a goal apiece for the Rangers.

Scituate's Skip Tufts scored a goal and set up two others in the Whalers, 4-1 Legends Div. over the Toros. Jim Toner, Harry Mathews and Kevin Mackin added goal each for the Whalers and Paul Lyons of Pembroke scored for the Toros.

Jim Callahan scored two goals, Jack Parsons of Marshfield, Richard Buckley and Mike Simon added a goal each to lead the Crusaders to a 5-1 Legends Div. win over the Stingers. Marshfield's Chris Harrinbgton had two assists and Richard Petrosino of Marshfield scored a goal for the Stingers.

The Cohasset hockey team has played well this season, and recently tied Norwell. WICKED LOCAL PHOTO/ WILLIAM WASSERSUG

BOYS

From Page B1

They are getting balanced scoring as they did in the battle with Norwell as they had four different goal scorers. Jeff Powers, Cole Joslin, Tommy Durkin and Michael Cohen had a goal each for the Skippers in their tie with the Clippers.

Cohasset will have some tough South Shore League games coming up. They have Rockland and East Bridgewater before they play a non-league game against Swampscott at home on Feb. 7.

"The Norwell game is a confidence builder," Mahoney said. "It shows these kids what we are working hard on in practice works. We are doing it for a reasoh to go toe-to-toe with the top teams in Div. 3 in Eastern Mass. It is great for them.

"Abington's goalie is hot and Rockland is a solid team right behind them. Those are two huge games in the league." The Skippers had no problem putting away Cardinal Spellman for the second time this year in a non-league game. They won the game, 8-1 after defeating them earlier in the year, 8-0.

Kyle O'Brien had big first two periods for the Skippers, who built a 7-1 lead after 30 minutes. He scored two goals and set up four others.

Cohen, Durkin, Joe Camapdelli, Ryan LoSordo and Brad Winn added a goal each for the Skippers, who dominated the game.

Cohasset also learned what they can ill afford to have happen to them in getting ready for its tough South Shore League stretch. They had too many penalties in a 4-3 loss to Pembroke.

"We took 10 penalties in the Pembroke game," said Mahoney. "We killed ourselves. We don't have the depth, in fact no one has the depth to get 10 penalties and win a game especially for us where we don't have numbers. When we get up into that two or three penalties it breaks up your line combinations. You have kids who get tired and you can not regroup everyone. Pembroke skates very hard and checks hard, you have to stay out of the box."

There have been a lot of positives for the Skippers as they roll into the month of February with the new coaching staff.

"There have been so many kids that have played well," said Mahoney. "We have been building a little more depth and trying to put together a third line. T hey have come along pretty well.Our first line has been tremendous all year and defensively we have been solid. Our goalie, Liam McHugh has kept us in a lot of games and when we made some mistakes early. Everyone is really playing well."

WRESTLING

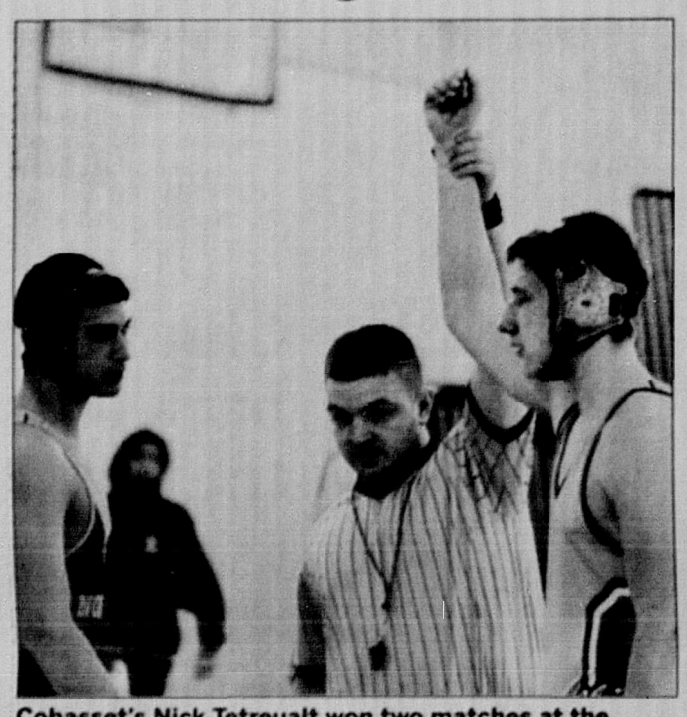
From Page B1

If Cohasset wins both, they'll win the league.

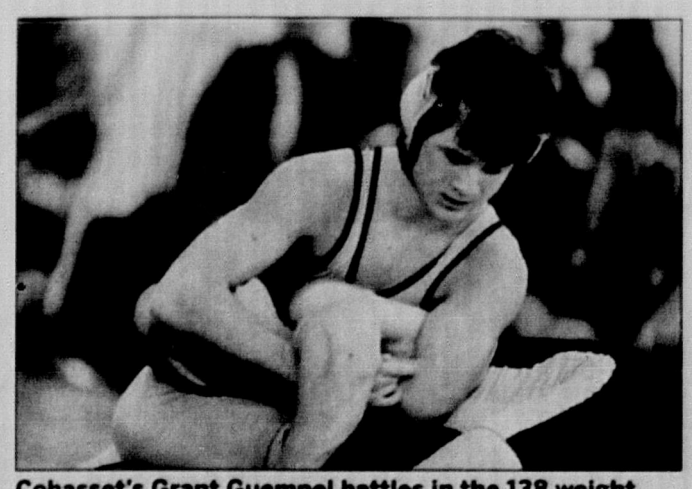
The meet against Randolph has been rescheduled for Tuesday, Feb. 3 at home, and Norwell is Wednesday night at 7 p.m. at Norwell.

"We're finally getting people healthy from injury," Sweeney said. "We're getting going again. We have seven matches left. Hopefully we can get back to .500."

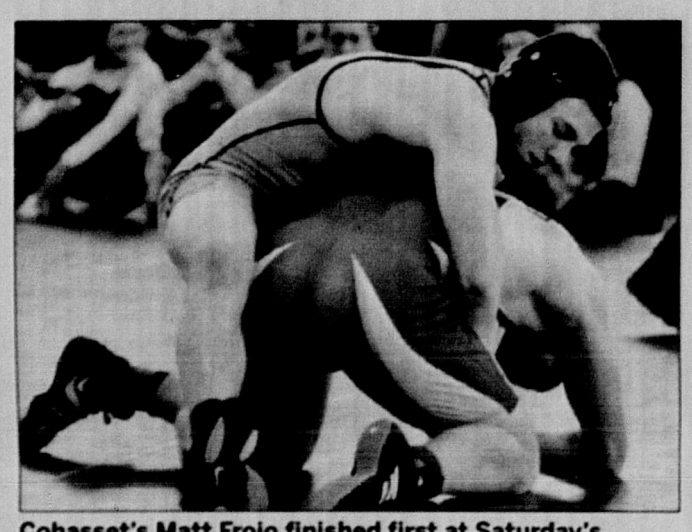
Wicked Local Photos by William Wassersug



Cohasset's Nick Tetreualt won two matches at the Cohasset Wrestling Tournament earlier this season.



Cohasset's Grant Guempel battles in the 138 weight class at the Cohasset Wrestling Tournament earlier this season. Guempel finished sixth in his division.



Cohasset's Matt Froio finished first at Saturday's Cohasset wrestling Tournament.

SKATING

From Page B1

the event, this was another significant accomplishment which helped the team secure the third place finish overall. Silver Blades, in the lead most of the weekend, was dubbed "The Little Team that Could" by Coach Leslie Ryan.

Liz Shaughnessy, Club Director, coached her daughter Grace at the event. Grace was the youngest of the Silver Blades members, helping her team bring home the trophy by earning gold, silver and bronze medals, in her fifth year competing at the event. "It's one of our favorite events of the season and is Grace's favorite place to compete," Shaughnessy said. "There's something special about getting to compete in the same arena, on the same ice, as the USA 'Miracle on Ice' hockey team in 1980. Even though our skaters were too young to remember, they get it, they all know how special it is to be there".

Silver Blades Skating School members also represent the U.S. Figure Skating Club 'Skating Club of Hingham', located out of Bavis Arena in Rockland. Next up for the club is Bay State Games, February 20-22, in Williamstown, MA, where skaters will compete for a chance to qualify for State Games of America to be held in Nebraska next summer. For more information on skating programs offered, including group instruction, visit www.skateclubhingham.org.

Local skating club 'Silver Blades Skating School' sent five of their finest young skaters to the 46th Annual Lake Placid ISI championships in Lake Placid, New York the weekend of January 9-11. Lilly Wallingford warms up with a spin for her Free-Style Routine. COURTESY PHOTOS

Jasmine Lanata finishes her routine during the Artistic Final on the 1980 Olympic Ice.

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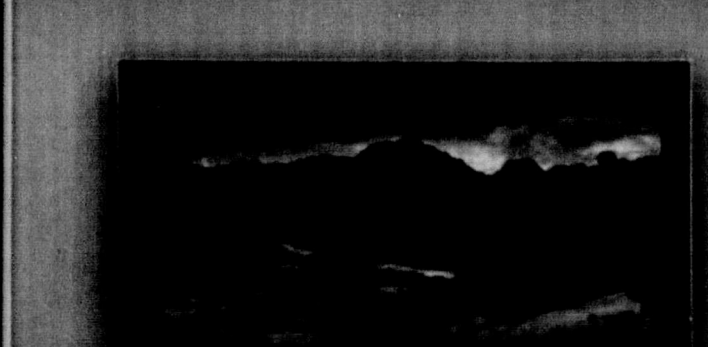

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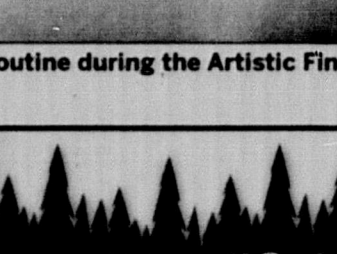

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GIRLS

From Page B1

want to give them too much. There is a very fine line. It is difficult and it is hard.

"They are athletes and they play hard and they have a wonderful time. That is why we are here."

The Skippers face a pair of co-operative teams on the horizon. They will go against Quincy/North Quincy, which they beat in the first-round of the Quincy Holiday Tournament, 5-1.

They will also go against Ursuline Academy on Saturdy before taking on Medway/Ashland on Wednesday.

"A lot of (the personnel) girls hockey comes in chunks," Beal said. "You have the Breakers teams and all these teams that play together and they stay in the program together. If there is a missing link below them, how are you going to compensate for that when this whole group goes.

"I think that is what a lot of us face. We are not powerhouse like Duxbury or Hingham or Sandwich. We are the little schools and we are a co-operative team."

The Skippers were able to hold off the Clippers with a strong game from junior goalie Shea Kearney. She came up with some big stops in her 22 saves including some breakaways in the first two periods in her team's 1-0 win.

Cohasset/Hanover had some chances as well in the game, but it was not until the second period they got the game's only goal.

Valerie Farren redirected a pass in front of the net into the far corner with 3:06 left in the second period for the only goal of the game. Jenna O'Brien and Callie Hoadley both had assists on the play.

Farren came back and scored a game-tying goal and Sam Taylor added the winner in Cohasset-Hanover's, 2-1 win over Scituate, Saturday at Hobomock Arena.

Both goals were highlight-film worthy as Scituate players were bringing the scorers down from behind as they netted the goals.

Both goals also resulted in Scituate penalties, but no power plays due to the goals scoring on the plays.

"It was sheer determination by the forwards," Beal said of the goals. "They defense was doing their job. It was sheer grit."

Beal felt her team played a solid game against Scituate.

"We didn't play poorly at all," she said, potentially talking about the first two periods that ended with Scituate leading 1-0.

"Scituate came out with more fire. They're teetering on the edge of the tournament. They played well. They're breaking in a new goalie (Julia Blacker). For a kid who had never played hockey, she's doing a great job. They're rallying around her."

As for her own team, Beal had plenty of credit to go around.

"Callie Hoadley, our sophomore center from Hanover is playing well and sophomore defender Cassidy Bodie from Hanover is also playing well. Those two are kind of our staples right now. They are consistent across the board. They do not go up and they do not go down. What you see is what you get.

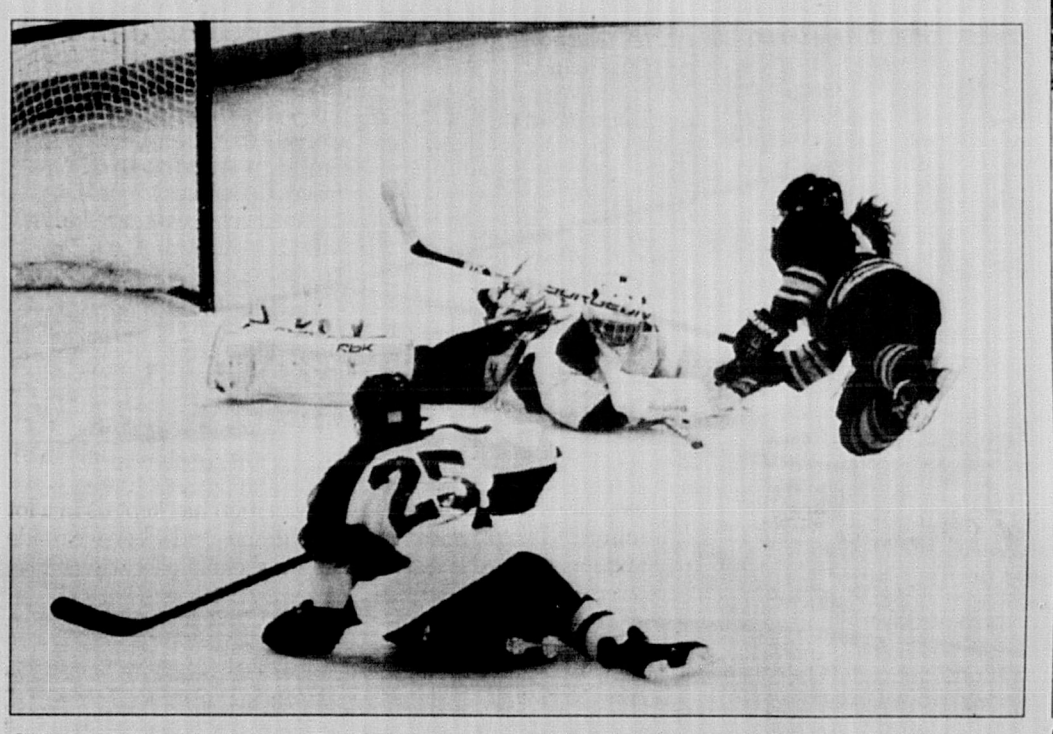
"From Cohasset, you have Katie Talacci, there is no one that works like that kid on the ice. Defensively, we are developing Morgan Lundin and up front of what we are developing Valerie Farren. We have Alex Martini and Ellie Jackisch both out with a concussion and those are two big hits. For us to play competitively without those two is pretty good."

In their most recen action Sunday, Hanover/Cohasset had a tough one, losing 5-2 to Whitman-Hanson.

Sports Editor William Wassersug contributed to this story.

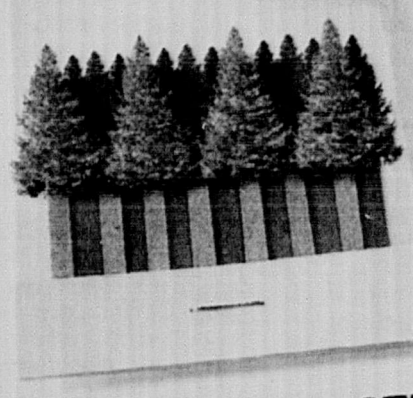
Cohasset-Hanover's Sam Taylor brings up the puck during Saturday's 2-1 win over Scituate. Taylor netted the game-winner in the third period. WICKED LOCAL PHOTO/WILLIAM WASSERSUG

Katie Talacci races up the ice during Cohasset-Hanover's 2-1 win over Scituate, Saturday. WICKED LOCAL PHOTO/WILLIAM WASSERSUG



Cohasset-Hanover's Sam Taylor goes airborne while scoring the game-winner against Scituate on Saturday. COURTESY PHOTO/JIM FARREN

Cohasset-Hanover defenseman Morgan Lundin gives the puck to goalie Shea Kearney on Saturday against Scituate. Kearney had an outstanding game in the 2-1 win. WICKED LOCAL PHOTO/WILLIAM WASSERSUG



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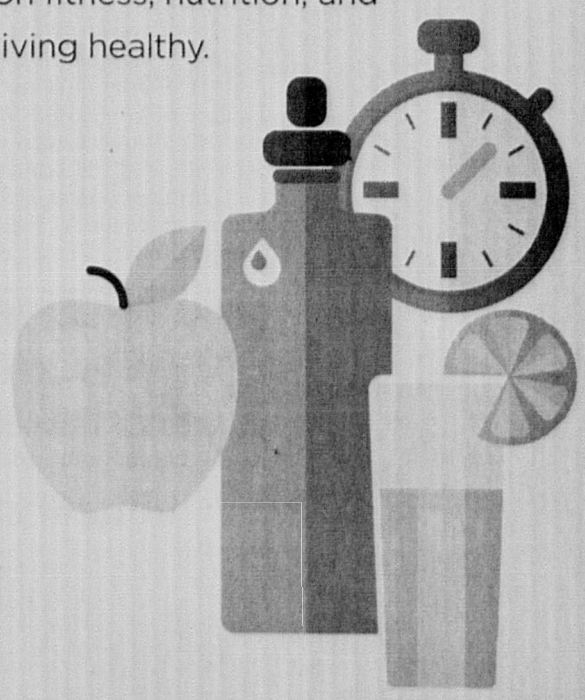

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TOWN OF COHASSET

Notice is hereby given under Chapter 140, Section 59 under the Massachusetts General Laws that the Board of Selectmen, as Licensing Authority for the Town of Cohasset, will hold a public hearing on Tuesday, February 10, 2015 at 7:10PM to consider the application of Hajj Auto Care, Inc. for a Class II license (to sell used cars) at 55 South Main Street. The public is invited to offer input on the proposed in writing in advance of the public hearing or in person at the hearing.

Cohasset Board of Selectmen

AD#13235865
Cohasset Mariner 1/30/15

99 HOWARD GLEASON RD.
LEGAL NOTICE
PUBLIC NOTICE OF ENVIRONMENTAL REVIEW

PROJECT: Cohasset Yacht Club Building and Site Rehabilitation

LOCATION: 99 Howard Gleason Road, Cohasset, MA 02025

PROPONENT: Cohasset Yacht Club

The undersigned is submitting an Environmental Notification Form ("ENF") to the Secretary of Energy & Environmental Affairs on or before February 02, 2015

This will initiate review of the above project pursuant to the Massachusetts Environmental Policy Act ("MEPA", M.G.L. c. 30, s.s. 61-62I). Copies of the ENF may be obtained from: CLE Engineering, Inc. 15 Creek Road, Marion, MA 02738 Tel: 508-748-0937 Attn: Scott Skuncik

Copies of the ENF are also being sent to the Conservation Commission and Planning Board of Cohasset where they may be inspected.

The Secretary of Energy & Environmental Affairs will publish notice of the ENF in the Environmental Monitor, will receive public comments on the project for 20 days, and will then decide, within ten days, if an environmental Impact Report is needed. A site visit and consultation session on the project may also be scheduled. All persons wishing to comment on the project, or to be notified of a site visit or consultation session, should write to the Secretary of Energy & Environmental Affairs, 100 Cambridge St., Suite 900, Boston, Massachusetts 02114, Attention: MEPA Office, referencing the above project.

By Cohasset Yacht Club

AD#13235043
Cohasset Mariner 1/30/15

To Place A Legal Ad Call Mary (781) 433-7902

COHASSET POLICE/FIRE LOG

Friday, Jan. 16

7:30 a.m. **Sohier St.,** directed patrol.
9:54 a.m. **Depot Court,** parking enforcement.
10:21 a.m. **Chief Justice Cushing Hwy.,** motor vehicle stop; verbal warning.
11:02 a.m. **Chief Justice Cushing Hwy.,** motor vehicle stop; citation issued.
11:35 a.m. **Summer St.,** assist public, assisting with funeral.
11:37 a.m. **Beechwood St.,** open door. Neighbor reports front door to house open; no one appears to be home, no cars in the driveway. Dogs frequently open the door.
3:38 p.m. **Nichols Road,** medical aid.
3:59 p.m. **Surfside Road, Scituate,** mutual aid ambulance.
4:49 p.m. **King St.,** animal call. Deer hit in road. Caller wanted to disconnect to call Crazy Paws.
5:42 p.m. **Beechwood St. and Chief Justice Cushing Hwy.,** motor vehicle stop; verbal warning for speed.
6 p.m. **Brewster Road and Chief Justice Cushing Hwy.,** motor vehicle stop, verbal warning for red light.
6:11 p.m. **Chief Justice Cushing Hwy. and Schofield Road,** motor vehicle stop; written warning for red light.
6:44 p.m. **Chief Justice Cushing Hwy.,** traffic hazard. Hitchhiker heading south on 3A about a mile before Shaw's, heading toward Scituate. Nothing from Pond Street to Scituate line.
7:17 p.m. **Forest Ave.,** Police Department investigation, follow-up.
8:14 p.m. **Police Headquarters,** Police Department investigation.
8:30 p.m. **Jerusalem Road,** medical aid.

Saturday, Jan. 17

6:53 a.m. **N. Main St.,** traffic enforcement.
7:13 a.m. **King St.,** motor vehicle stop; citation issued.
7:24 a.m. **Avalon Drive,** medical aid.
10:40 a.m. **Atlantic Ave.,** property lost. Caller requesting an officer to take a report on a lost diamond from her ring.
11:22 a.m. **Cedar Acres Drive,** inside gas odor. Keeps smelling odor of gas. National Grid notified.
12:36 p.m. **Pond St.,** Jr./Sr. High School, medical aid, injured wrestler.
5:34 p.m. **Beechwood St. and Chief Justice Cushing Hwy.,** erratic motor vehicle operation. Older model Chevy Tahoe all over the road. Units checked the area, nothing showing.
5:54 p.m. **Chief Justice Cushing Hwy.,** Walgreen's Pharmacy, medical aid. 12-year-old female slammed her hand in the door. She is at the pharmacy now.
6:21 p.m. **King St.,** motor vehicle stop; citation issued.
6:50 p.m. **Chief Justice Cushing Hwy. and Mendel Road,** motor vehicle stop; citation issued.
7:17 p.m. **Pleasant Lane,** suspicious activity. Caller reporting hunters behind the house. Units checked the area, nothing showing.
8:11 p.m. **Bay View Drive,** assist public.
9:08 p.m. **Sohier St.,** motor vehicle stop; verbal warning.
10:36 p.m. **Chief Justice Cushing Hwy.,** erratic motor vehicle operation. Officer reports being flagged down by a party reporting erratic operation of a red Jeep Wrangler. All over the road, almost ran party off the road, crossed into Scituate. Scituate Police Department notified.

Sunday, Jan. 18

12:42 a.m. **Bayberry Lane and Clay Spring Road,** motor vehicle stop; verbal warning.
12:51 a.m. **Chief Justice Cushing Hwy. and Pond St.,** warrant arrest: Thomas J. Woods, 20, of 133 Booth Hill Road, Scituate.
5:25 a.m. **Cedar St.,** medical aid.
11:39 a.m. **King St.,** youth complaint. Caller reports people on the north side of Lily Pond, concerned because it is warm out. Officers report there are families out there and it is iced over.
2:05 p.m. **Wheelwright Farm,** Police Department investigation.
3:45 p.m. **Margin Court,** medical aid.
6:18 p.m. **N. Main St.,** well being check.
7:14 p.m. **Chief Justice Cushing Hwy.,** Starbucks, medical aid.

Monday, Jan. 19

7:05 a.m. **Elm St.,** Police Headquarters, DPW. Request Highway be notified to treat roads due to ice.
9:26 a.m. **Clapp Road, Scituate,** mutual aid ambulance, motor vehicle accident.
10:36 a.m. **Beechwood St.,** warrant. Officers attempting to serve warrant.
11:34 a.m. **Forest Ave.,** motor vehicle stop; citation issued.
11:35 a.m. **Chief Justice Cushing Highway,** medical aid.
11:52 a.m. **Jerusalem Road,** motor vehicle stop; citation issued.
12:54 p.m. **Jerusalem Road,** motor vehicle stop; verbal warning.
1:04 p.m. **Linden Drive,** motor vehicle stop; citation issued.
1:09 p.m. **N. Main St.,** motor vehicle stop; citation issued.
1:11 p.m. **Aaron River Road,** well-being check. Caller is concerned for a male party walking about 50-yards offshore on the ice. People look fine and some people are ice fishing.
1:20 p.m. **Forest Ave.,** motor vehicle stop; verbal warning.
1:42 p.m. **Cedar St.,** traffic hazard. Caller reports a fuel truck was leaning to one side when it took the corner, she feels it is over-filled. Area search negative.
2:48 p.m. S. Main St., motor vehicle stop; citation issued.
4:42 p.m. **ELM ST.,** medical aid.
5:04 p.m. **Pond St.,** motor vehicle stop; verbal warning.
5:47 p.m. **Ripley Road and Sohier St.,** motor vehicle stop; citation issued.
6:05 p.m. **Sohier St.,** motor vehicle stop; citation issued.
6:34 p.m. **King St.,** Sunrise, medical aid.
10:30 p.m. **Chief Justice Cushing Highway,** Shaw's, larceny report. Possible theft of aluminum cans in the back parking lot.

Tuesday, Jan. 20

8:30 a.m. **Nichols Road,** medical aid. 3-year-old with allergic reaction given Epi-Pen.
8:58 a.m. **King St.,** Sunrise, medical aid.
9:48 a.m. **Highland Ave.,** Town Hall, medical aid. Woman fell and hurt her back.
10:31 a.m. **Chief Justice Cushing Highway,** mutual aid given. Out assisting another agency. Reports male is in custody of Mass Parole.
10:32 a.m. **Jerusalem Road,** traffic enforcement.
10:59 a.m. **S. Main St.,** animal call. Caller would like to see an officer regarding a female who walks her dog by his house and they run into his yard and chase his chickens. Male will follow up with ACO.
11:26 a.m. **Beechwood St.,** Beechwood Dam, well-being check. Caller reports a skater on the Aaron River Reservoir. She is concerned due to weather not being cold enough. Requests Environmental Police be notified to see if they can advise the male who seems to be accessing from Wompatuck in Hingham.
12:40 p.m. **Howe and Jerusalem roads,** motor vehicle stop; verbal warning.
1:08 p.m. **Chief Justice Cushing Highway,** minor motor vehicle crash. Caller would like to see an officer for help with paperwork exchange.
5 p.m. **Chief Justice Cushing Highway,** medical aid.
6:28 p.m. **Pleasant Lane,** suspicious activity. Caller stated hunters in the woods and then hung up, possible elder affairs issue.

Wednesday, Jan. 21

5:15 a.m. **Red Gate Lane,** medical aid.
7:08 a.m. **N. Main St.,** traffic enforcement.
9:22 a.m. **Beach St.,** animal call. Caller reports a seal washed up on shore. The seal is injured, flippers appear to be injured. Left a message with N.E. Aquarium. N.E. Aquarium has a volunteer in the area with the seal now. A team will be responding to collect the seal.
10:35 a.m. **Beechwood St.,** fire investigation. Caller reports a neighbor is having two brush fires, is not sure if they have a permit. Just wants to make sure it is safe. Person has registered for a permit and homeowner stretched a hose.
11:59 a.m. **Jerusalem Road,** medical aid.
1:33 p.m. **Chief Justice Cushing Highway,** traffic enforcement.
4:36 p.m. **Summer St.,** St. Anthony Church, medical aid. Caller reports female party sitting in a car fell and hit her head and she is bleeding. Caller states she wanted to drive home. Caller took her keys. Patient being loaded for transport to SSH.
5:59 p.m. **Chief Justice Cushing Highway,** Fiori's Service Station, motor vehicle crash. Two cars involved, no smoke, no fire. Caller complaining of neck pain. Express notified and en route. Reports obtaining sign-offs.
9:20 p.m. **Elm St.,** Police Headquarters, medical aid. Request fire for evaluation in lobby. Patient aboard A2 for transport. Juvenile released to custody of father.

Thursday, Jan. 22

7:15 a.m. **Jerusalem Road,** directed patrol.
7:21 a.m. **Jerusalem Road,** motor vehicle stop; citation issued.
10:12 a.m. **Chief Justice Cushing Highway,** Fiori's Service Station, motor vehicle crash. Minor motor vehicle crash, spill/leak. Applying Speedy Dry. Express has motor vehicle.
11:40 a.m. **Beechwood St.,** Beechwood Dam, suspicious activity. Caller reports wind-skaters out on the ice at Aaron River Reservoir. They appear fine.
12:29 p.m. **Rust Way,** parking complaint. Caller reports the construction vehicles are blocking the whole street. They were having a delivery and will be moving shortly.
3:45 p.m. **Atlantic Ave.,** fraud. Caller was trying to call business line regarding fraud.
4:04 p.m. **Lincoln Park, Scituate,** mutual aid ambulance.
5:30 p.m. **Bailey Road,** Police Department investigation, follow-up.

Friday, Jan. 23

1:15 a.m. **Beechwood St.,** suspicious activity. Caller reports a vehicle driving through the driveway and into her yard. Caller thinks it could possibly be a Nissan. Just left toward the Reservoir. Caller wishes to speak to an officer. Has requested extra patrols in the area.
1:33 a.m. **Beechwood St.,** patrol request. Resident requests extra patrols.
6:58 a.m. **Pond St.,** directed patrol.
7:03 a.m. **King St.,** motor vehicle stop; citation issued.
7:22 a.m. **King St. and Lily Pond Lane,** motor vehicle stop; citation issued. Officer requests tow for expired registration. Vehicle towed to owner's residence.
8:01 a.m. **Hull St.,** medical aid.
9:47 a.m. **Chief Justice Cushing Highway,** Buttonwood Books & Toys, medical aid. Employee passed out, fell down loading dock, awake and conscious.
10:09 a.m. **S. Main St.,** motor vehicle stop; citation issued.
10:11 a.m. **Avalon Drive,** fraud. Received a call from a computerized voice stating she was behind on the National Grid bill. Caller did not give any information.
4:06 p.m. **King St.,** Avalon Bay, litter/dump. Caller reporting about 30 minutes ago a Chevy Silverado illegally dumped trash into their Dumpster. Leasing office personnel called to report this was a resident in another vehicle.
7:27 p.m. **Red Gate Lane,** medical aid.
9:32 p.m. **Arrowwood St.,** medical aid.
9:38 p.m. **Forest Ave.,** motor vehicle stop; citation issued.
9:58 p.m. **Chief Justice Cushing Highway and King St.,** motor vehicle stop; citation issued.
10:10 p.m. **Ripley Road,** motor vehicle stop at Paul Pratt Library. Summons to be issued.
10:39 p.m. **Powers Lane,** medical aid.
11:07 p.m. **Stevens Lane,** noise complaint. Caller reporting loud banging noises on Stevens Lane, possibly from the house with the ice rink in the back. Officer spoke to a group playing hockey and advised them and they will wrap it up.
11:56 p.m. **S. Main St.,** animal call. Caller reports dogs barking in the backyard. States dogs have been barking for hours. Additional call reporting the same. Dogs are all inside, seems to be quieting down.

Traffic safety tip of the week

Remember to always clear off the snow from all your windows, and from the roof, before driving. Flying snow, which may come in large pieces, may hit passing vehicles and cause a crash. This driver didn't clear the roof and as he braked the snow came down blocking his windshield. For taller vehicles, consider using a snow brush that extends so you can clear the whole roof. COURTESY PHOTO

OBITUARIES

Obituaries appearing in this section are paid for and written by families, often through the services of a funeral director.

Tamsin Elliott

COHASSET – Tamsin "Tammy" Elliott, R.N. of Cohasset, passed away January 19, 2015, at the age of 55.

Beloved daughter of the late John F. and Barbara (Crowley) Elliott, she was the devoted sister of John F. Elliott Jr. and his wife Karen of Cohasset; cherished aunt of Jack Elliott of Cohasset. Also survived by many cousins.

Tammy was a volunteer at the Talking Information Center of Marshfield and a member of the Cohasset Historical Society. She was very active in St. Anthony Church and a member of the Vincent Club of Boston.

Tammy worked as a registered nurse at Beth Israel Deaconess Hospital, Mass. General and South Shore Hospital.

A Mass of Christian burial was celebrated Monday, Jan. 26, 2015, at 10 a.m. in St. Anthony Church, Cohasset. Visiting hours were Sunday, Jan. 25, 2015, from 3-6 p.m. in McNamara-Sparrell Funeral Home, 160 So. Main St. (across from St. Anthony Church), Cohasset. Interment is private.

Tamsin Elliott

Donations may be made in Tamsin Elliott's memory to the Dr. Marshall Kaplan Endowed Fun in Hepatology Tufts Medical Center, 800 Washington St., P.O. Box 231, Boston, MA 02111.

For an online guest book and more, please visit www.mcnamara-sparrell.com.

McNamara-Sparrell FUNERAL HOME
781-383-0200

Kathleen E. Reichardt

HULL – Kathleen E. (Fitz-Patrick) Reichardt "Katie" of Hull, died January 20, 2015.

Katie was born and raised in Cohasset then moved to Hingham where she raised her family and later to Hull on her retirement from the Hingham Library as the "over dues lady". She was an accomplished artist who enjoyed events at Aisling Gallery and teaching art classes at Damon Place. Arts and crafts were her pleasure and her talent. Katie was an active member of Parents without Partners as well as a contributor/supporter to Wellspring, Hull. Her main passion was her family, spending time with those she loved and educating them about the family history in West Corner and Ireland.

Beloved wife of the late Donald J. Reichardt. Loving mother of John and his wife Pauline of Weymouth, James and his fiancé Kathleen of Lakeville and the late Judith Reichardt Grossman. Devoted Marmo of James Jr., Suzanne, Sam, Patrick, Devin, Sean, Aidan and Liam. Caring sister of Rosalie Leupold of MD. Also survived by many nieces and nephews.

Kathleen E. Reichardt

Relatives and friends are respectfully invited to attend the visiting hours on Friday 4-7 p.m. at Pyne Keohane Funeral Home, 21 Emerald St. (off Central St.), Hingham. A Celebration of Life Service will be held in the funeral home at 10:30 a.m. Saturday prior to the Funeral Mass in St. Anthony's Church, Cohasset at 11:30 a.m. Burial in St. Paul's Cemetery, Hingham.

Donations in memory of Katie may be made to Special Olympics, 1133 19th Street NW, 12th Floor, Washington, DC 20036-3604.

See www.Keohane.com or call 1-800-Keohane for directions and online condolences.

How to Submit an Obituary to the Weekly Newspapers

To contact our obituary department, please e-mail
obits@wickedlocal.com
or
call **781-433-6905**
or
Fax **781-433-6965**

Obituaries for the weekly newspapers are taken at the Randolph office Monday through Friday.

Please Call for Deadline Details

SUBSTANCE ABUSE

What's happening here and now

Safe Harbor Cohasset Coalition will host its first educational forum on Today's Substance Abuse Crisis. The event is open to all and will take place in the Cohasset High School auditorium, 143 Pond St., from 7 to 9 p.m., on Wednesday, Feb. 4.

The speakers represent personal, clinical and legal backgrounds. Each will present the latest information in their field; helping attendees understand the current crisis and provide the tools and knowledge to educate and protect one's family. Joanne Peterson, the executive director of Learn to Cope said, "This year is one of the worst I've seen. We can't keep up with the epidemic."

■ Jennifer Rowe, ADA

Norfolk County Prescription Drug Task Force will focus on Straight Talk – Substance Abuse Statistics in Norfolk County.

■ Dr. John F. Kelly, Harvard Medical School, will present scientific research on the Effects of Substances on the Developing Brain.

■ Becca and John Reilly will detail the journey from addiction to recovery from a father/daughter perspective.

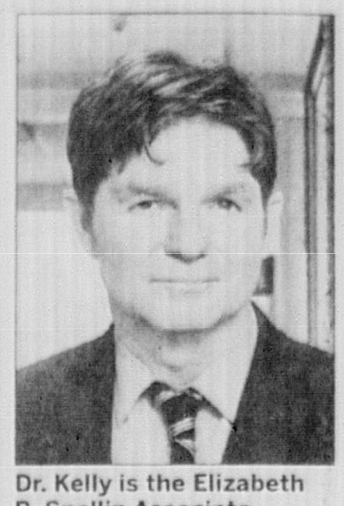
■ Joanne Peterson, founder and executive director of Learn to Cope will provide firsthand insight and hope to parents of children with substance use disorders.

■ Warren Nicoli from Manet Community Health Center will provide private Narcan training.

Sponsored by the Social Service League of Cohasset, the coalition was founded in June 2014 by a broad spectrum of concerned stakeholders from across all sectors of the community. The mission is to foster a strong and inclusive community that encourages healthy, educated and responsible choices about drug and alcohol use. The mission is supported by evidenced-based, prevention focused, sustainable programs and policies. Learn more at: facebook.com/safeharborcohasset.

Joanne Peterson is the Founder and Executive Director of Learn to Cope.

COURTESY PHOTOS



Dr. Kelly is the Elizabeth R. Spallin Associate Professor of Psychiatry in Addiction Medicine at Harvard Medical School.

DON'T MISS THIS

SAT prep registration

Registration is now opening for the SAT prep program through Episcopal City Tutoring (ECT), beginning sessions on Feb. 2. This program prepares students to take the SAT in May and June. Students meet math and English tutors in the "Watermelon Room" at St. Stephen's Episcopal Church at 16 Highland Ave.

Started in 2010 with the mission of "Test prep with a social impact", ECT has worked effectively with students in four other Boston suburbs. The Cohasset site successfully debuted in February 2014. What makes ECT unique is that in addition to providing high-quality personalized tutoring, the profits are used to tutor students in underserved neighborhoods. The one-on-one approach allows tutors to focus on a student's unique needs and challenges, and communicate the most helpful strategies in a way that makes sense to the student. There is a special emphasis on skill development and confidence building.

The comprehensive program provides students with ten, 90-minute tutoring sessions. The cost is set affordably at $85 per session. The prep course curriculum is non-religious and focuses only on SAT preparation for English and math. A student or family need not have any church affiliation to register for classes. Interested families can go to episcopalcitytutoring.org for more information on registration, or contact ECT Cohasset Site Manager Stephanie Sears at 413.329.8291.

American Heart Association.
Fighting Heart Disease and Stroke

Heir Pollution

FACT:
About 6,200 children in the United States die each year from illnesses caused by their parents' secondhand smoke.

FACT:
Each year mothers who smoke at least 10 cigarettes a day cause 8,000 to 26,000 new cases of asthma through secondhand smoke.

HeartStroke Briefs
For more information, call 1-800-AHA-USA1 or visit americanheart.org

WinterARTS PREVIEW

Eddie Dominguez, "New Mexico Sunset," at the Fuller Craft Museum. CONTRIBUTED PHOTO / DIANE MARSH

TAKE OFF THE CHILL

Heat things up with the season's best in music, theater, dance and arts

Harsh, windy days and piles of snow and ice make many of us want to curl up at home in bed with a good book. But when we make the effort to get out to a local event – music, theater, dance or an art exhibit – it can energize and revive our dormant spirits. It's not just the act of seeing a great performance or an exciting exhibit, but gathering together with a community of people who share our appreciation for artistic expression. It's uplifting to be with our neighbors at the theater or a concert, and to see and meet people out enjoying the abundance of creativity our area has to offer.

— Nancy Olesin

ART

Winter exhibits highlight physicality and classics

By Chris Bergeron
Daily News Staff

If Percy Shelley ran a museum, he might have written, "If winter comes, can exciting spring exhibits be far behind?" And, if he lived in eastern Massachusetts, Shelley could have written poems about samurai warriors in Worcester, documentary photographers at Fruitlands and exciting ceramics in Brockton. These great exhibits will warm your soul and inflate your spirits to at least the league minimum.

Museum of Fine Arts, Boston

A new exhibition of photographer Herb Ritts' work, including sensual images of supermodels Cindy Crawford and Naomi Campbell, will open March 14 in a show that celebrates the human body. Starting April 5, a major exhibit, "Hokusai" showcases paintings, woodblock prints and illustrated books by Japan's first internationally recognized artist. The exhibit runs through Aug. 9. As part of its "Visiting Masterpieces" series, the MFA will be showing for the first time Austrian artist's Gustav Klimt's sensuous painting "Adam and Eve" alongside Oskar Kokoschka's life-sized portrait "Two Nudes (Lovers)," with a selection of works on paper on view through April 27. Info: 617-267-9300; www.mfa.org.

Fuller Craft Museum, Brockton

Ten ceramic artists who worked in Cambridge

Claudia Olds Goldie, "Navigating a Dream," part of the Fuller Craft Museum's "Pushing Boundaries: State of Clay" exhibit.
CONTRIBUTED PHOTO / WILLIE WOLFE

DANCE

The Boston-based contemporary Dance Company performs three premieres Feb. 20-21 at the Institute of Contemporary Art.
CONTRIBUTED PHOTO

All the right moves

10 hot dance performances to heat up winter

By Dana Barbuto
The Patriot Ledger

1. Drawn In

Dance Currents in Cambridge presents a showcase with guest artists from DanceVisions and work by choreographers Kathy Hassinger, Margot Parsons, and Ali Smith. Jan. 31 at Green Street Studios.

2. Works of Love

Make a Valentine's date with The Jose Mateo Ballet Theatre performing three powerful ballets that explore the intensity, emotion and playfulness of human relationships. Feb. 6-22.

3. Urbanity Dance

The Boston-based contemporary Dance Company performs three premieres Feb. 20-21 at the Institute of Contemporary Art.

4. Lady of The Camellias

The Boston Ballet takes a darker turn with a ballet version of Alexander Dumas's beloved – and tragic – 19th-century novel. Feb. 26-March 8 at the Boston Opera House.

5. Brian Brooks Moving Company

Daring choreographer Brian Brooks, originally from Hingham, returns home with his talented troupe for two shows at the Citi Shubert Theatre Feb. 28 and March 1.

6. Shantala Shivalingappa: Akasha

Indian dancer Shantala Shivalingappa performs an evening of storytelling, surprising rhythms and quicksilver movement in a format seldom seen in Boston, Feb. 27-28 at the Institute of Contemporary Art.

7. Transient Currents

As the weather warms, Jose Mateo Ballet Theater heats things up with a Cuban-inspired program of two ballets. March 13-29.

8. Dorrance Dance

Expect another cutting edge performance from the Dorrance troupe March 13-15 at the Institute of Contemporary Art.

SEE DANCE, ON NEXT PAGE

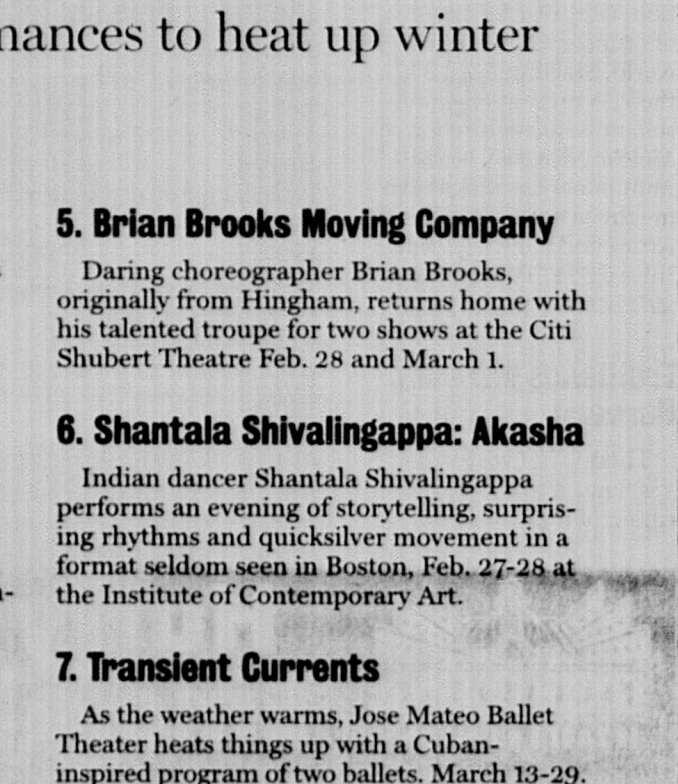
MUSIC

The Hub is hotbed of music this winter

By Ed Symkus
Wicked Local Arts Correspondent

Boston and its surrounding cities and towns have always been a hotbed of music, of all sorts. In the 1950s, there were jazz clubs galore. In the 1960s, rock clubs such as the Boston Tea Party and the Psychedelic Supermarket provided jumping off spots for bands that were beginning tours of the States, and folk dens including Club 47 (now known as Club Passim) and the Unicorn Coffeehouse hosted both upcoming and established acoustic acts. Classical music? Two words come to mind: Symphony Hall. It's still a good time for music around here. Over the next few months, aficionados will be busy trying to figure out how many great shows they can fit into their schedules. Here's just a sampling of what's

SEE MUSIC, ON NEXT PAGE



Jeff Beck plays the Paradise on April 19.
CONTRIBUTED PHOTO

ART

From Previous page

from 1976 to 1984 will be featured in an exciting retrospective, "Legacy of Fire: Clay Dragon Studio Revisited," which runs through April 26. In "Continuing Innovation," which opens Feb. 29, nine teachers from Haystack Mountain School of Crafts will be showing exciting work that "represents future directions in studio ceramics." Fifty ceramicists who have participated for 18 years in the Lexington Arts and Crafts Society's State of Clay exhibitions will be showing their work from March 7 through May 24. Info: 508-588-600; www.fullercraft.org.

Danforth Art, Framingham

Starting March 15, the museum in downtown Framingham will open five exhibits, including "Landscape Reimagined," the third installment of "The Expressive Voice," a yearlong exploration of works from the museum's permanent collection featuring artists associated with Boston Expressionists. Opening the same day, "David Berger: Space for the Human Heart" will showcase paintings, prints and sculptures representing "ecstatic representations of domestic life" by the late Framingham resident called "the poet of the home" by fellow artists. Other new exhibits feature paintings and photos by Prilla Smith Brackett and Amy Ragus, Elizabeth Ellenwood's photos, and Jennifer Goldfinger's work in the Children's Gallery. All five shows run through May 15. Info: 508-620-0050; www.danforthart.org.

Institute of Contemporary Art, Boston

Opening Feb. 4, "When the Stars Begin to Fall," features work in different mediums by 35 artists exploring the American South as "a real and fabled place." Opening the same day, "Sonic Arboretum" presents a collaboration between sculptor and instrument maker Ian Schneller and composer and violinist Andrew Bird, who both share a fascination with the interaction of sound with the natural world. Starting April 22, the ICA presents the first solo museum exhibition of Meleko Mokgosi, whose multipanel paintings examine the histories of southern Africa and painting itself. Info: 617-478-3100; www.icaboston.org.

Fruitlands Museum, Harvard

Though known for its spacious grounds and evocation of regional history,

Photographer and storyteller Duane Michals is featured at the Peabody Essex Museum. COURTESY PHOTO / CARNEGIE MUSEUM OF ART

the Harvard museum has established a reputation for showcasing award-winning photographers documenting the War on Terror and despoliation of the environment. On April 18, American photographer Ben Brody, who has covered the wars in Iraq and Afghanistan since 2003, will show his striking work in "Afghanistan Endgame." Opening the same day, Canadian photographer Edward Burtynsky will show his acclaimed photos in "The Industrial Sublime," an exploration of the collective impact of humans on the earth. Info: 978-456-3924; www.fruitlands.org.

DeCordova Sculpture Park and Museum, Lincoln

Through sculpture, film, photography and performance, 20 international artists use the act of walking as a form of expression in "Walking Sculpture 1967-2015." Opening May 9, the exhibit explores the history and "current engagement" of walking as a means to question social, political and economic hierarchies. Running through April 26, the ongoing "Walden, revisited" offers thoughtful and provocative responses by contemporary artists to Henry David Thoreau's 1854 memoir of his two-year sojourn in the Concord woods. Info: 781-259-8355; www.decordova.org.

Peabody Essex Museum, Salem

Using images to tell stories, Duane Michals pioneered new ways of imagining and creating photographs. Opening March 14, an engaging exhibit, "Storyteller," features more than 200 works by the photographer who sought to record "a realm beyond observation." Opening May 23, the museum's first-time outdoor sculptural installation, "Stickwork," was designed by Patrick Dougherty and constructed from saplings collected by local volunteers. Three ongoing exhibits that run through May 31 –"Raven's Many Gifts, "Double Happiness" and "Figuring the Abstract in Indian Art" – feature works by Native American, Chinese and Indian artists. Info: 978-745-9500; www.pem.org.

Worcester Art Museum, Worcester

Raphael's "The Small Cowper Madonna," regarded as one of the finest Renaissance paintings in North America, went on view Jan. 24 alongside WAM's own "art mystery," a painting known as "The Northbrook Madonna," that was once attributed to Raphael but is now of unknown origin. Two successive exhibits will explore different aspects of Japanese culture. Opening Feb. 28, "Uncanny Japan: The Art of Yoshitoshi" will feature images of supernatural creatures, historical figures and sensitive portraits of women by one of Japan's greatest 19th century woodblock artists. An original exhibition, "Samurai," which opens April 18, will showcase weapons and artifacts to explore Japan's famed ancient warriors and contemporary interpretations by Japanese and Western artists. Info: 508-799-4406; www.worcesterart.com.

Isabella Stewart Gardner Museum, Boston

Opening March 12, "Secret Flower Sculptures" showcases bronze models and watercolor sketches by artist-in-residence Jean-Michel Othoniel who seeks to explore natural beauty through its many transformations. Displayed on the exterior wall of the New Wing Façade, Nari Ward's site specific installation, "Divination X," which runs through July 1, features enlarged X-ray images of cowrie shells, used to predict the future in several cultures, to contrast different ways of knowing the present and the future. Info: 617-566-1401; www.gardnermuseum.org.

—Chris Bergeron is the Daily News and Wicked Local's senior arts reporter. Contact him at cbergeron@wickedlocal.com. Follow us on Twitter @WickedLocalArts or like our page on Facebook.

MUSIC

From Previous page

heading our way before the weather turns warm.

ROCK/POP

FEBRUARY:

The well-dressed veteran British pop-soul band Spandau Ballet plays House of Blues in Boston on Feb. 5.Ipswich's own goofy guys the Fools are at Johnny D's in Somerville on Feb. 7.Producer-composer-singer-pianist Leon Russell takes the stage at Johnny D's in Somerville on Feb. 12.George Clinton funks up House of Blues in Boston with Parliament-Funkadelic on Feb. 14.Rick Springfield will undoubtedly sing "Jessie's Girl" at House of Blues in Boston on Feb. 25.Dr. John pays tribute to Louis Armstrong (and New Orleans) in "The Spirit of Satch" at the Wilbur in Boston on Feb. 25.The British Invasion 50th Anniversary Tour, featuring Peter Asher, Denny Laine, Chad & Jeremy, Billy J. Kramer, Mike Pender's Searchers, and Terry Sylvester happens at the Wilbur in Boston on Feb. 26.

MARCH:

British post-punk band Gang of Four celebrates their new album "What Happens Next" at the Paradise in Boston on March 6.Pop singer-songwriter Paula Cole sings and plays two sets at Club Passim in Cambridge on March 7.The blues and rock of Government Mule merges with the jazz of guitarist John Scofield at the Orpheum in Boston on March 12.Scott Weiland and the Wildabouts rock out and play a ballad or two from their new album "Blaster" at Brighton Music Hall on March 14.The Moody Blues, with original members Justin Hayward, John Lodge and Graeme Edge are at the Hanover Theatre on Worcester on March 19.Jefferson Starship does the post-Airplane thing at the Center for Arts in Natick on March 19.Buffalo Springfield and Poco alum Richie Furay fronts the Richie Furay Band at the Center for Arts in Natick on March 21.Former Eagle Don Felder presents "An Evening at Hotel California" at the Wilbur in Boston on March 22.

APRIL:

Lots of rock when the Pat Travers Band shares the bill with the Dan Lawson Band at the Center for Arts in Natick on April 9.The catchy pop band OK GO plays House of Blues in Boston on April 9.Guitarist Dweezil Zappa brings another Zappa Plays Zappa show to Berklee Performance Center in Boston on April 12.John Mellencamp plays tunes from his recent "Plain Spoken" album at the Wang Theatre in Boston on April 15.Jeff Beck, Telecaster in hand, returns to the Orpheum in Boston on April 19.Get ready for "An Evening with They Might be Giants" at House of Blues in Boston on April 23.A raucous NRBQ makes some noise at Johnny D's in Somerville on April 30.

JAZZ

FEBRUARY:

Buckwheat Zydeco brings his big accordion and band to the Regattabar in Cambridge on Feb. 18.King of the B-3 organ Joey DeFrancesco plays two sets at Scullers in Boston on Feb. 20.Diana Krall croons, shows off her piano chops, and does tunes from her new album "Wallflower" at the Shubert Theatre in Boston on Feb. 25.

MARCH:

Seven-decade drummer Roy Haynes leads his Fountain of Youth Band at Scullers in Boston for two nights, March 6 and 7.Guitarist Pat Martino heads up the Pat Martino Organ Trio (Pat Bianchi on organ, Carmen Intorre Jr. on drums) at the Regattabar in Cambridge on March 13.

APRIL:

Pianist/composer Kyle Eastwood (his dad makes movies) is at the Regattabar in Cambridge on April 1.WICN radio holds a 45th anniversary celebration with Loretta LaRoche, Grace Kelly, Giacomo Gates, Pamela Hines, the Yoko Miwa Trio, Dale LePage, Jeff Colella, Michelle Willson and Aztec Two-Step at Mechanics Hall in Worcester on April 2.Pianist painter of many moods George Winston holds court at the Center for Arts in Natick for two nights, April 2 and 3.Keyboard legends Chick Corea and Herbie Hancock perform duo piano at Symphony Hall in Boston on April 12.

FOLK

FEBRUARY:

The Joe Val Bluegrass Festival returns to the Sheraton Framingham from Feb. 13-15.Singer-songwriter Freedy Johnston visits Club Passim in Cambridge on Feb. 15.

MARCH:

Punch Brothers will play all sorts of stringed instruments at House of Blues in Boston on March 6.Christine Ohlman & Rebel Montez offer a night of alt/folk at Amazing Things Arts Center in Framingham on March 21.Singer-songwriter Karla Bonoff is at the Center for Arts in Natick on March 28.

APRIL:

It'll be a big reunion for singer-guitarists Jim Kweskin and Geoff Muldaur at Club Passim in Cambridge on April 10.Singer-songwriter Joan Armatrading gets the spotlight at Berklee Performance Center in Boston on April 10.Powerfully-voiced singer-guitarist Joe Pug sets up at Brighton Music Hall on April 30.

CLASSICAL

FEBRUARY:

Soprano Renée Fleming will be accompanied by pianist Olga Kern at Symphony Hall in Boston on Feb. 5.A lecture and demonstration titled "Joyful Noise: The Pipe Organs of Trinity Church" is at Trinity Church in Boston on Feb. 15.A Far Cry Chamber Orchestra presents "Nordic Winter" at the Isabella Stewart Gardner Museum in Boston on Feb. 22.

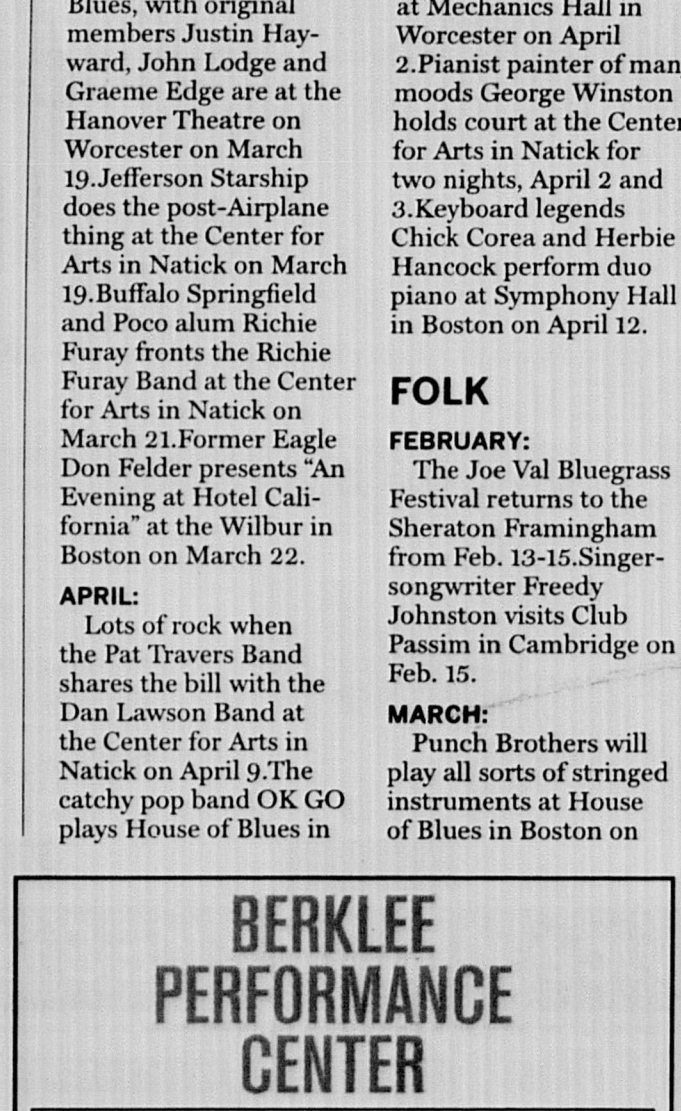
MARCH:

The Silk Road Ensemble with Yo-Yo Ma celebrates their 15th anniversary at Symphony Hall in Boston on March 4.Andris Nelson conducts the Boston Symphony Orchestra in a new work for orchestra and organ by Michael Gandolfi featuring organist Olivier Latry on Symphony Hall's recently restored Aeolian-Skinner organ, and Mahler's Symphony No. 6. March 26-28 and 31.Piano soloist Jeremy Denk joins up with Academy of St. Martin in the Fields at Mechanics Hall in Worcester on March 29.

APRIL:

"Words Without Music: A Conversation with Philip Glass," in advance of the legendary composer's upcoming memoir, takes place at Berklee Performance Center in Boston on April 1.

Conductor Bernard Haitink arrives to end the BSO's season and first leads the symphony and French pianist Jean-Yves Thibaudet in Ravel's "Mother Goose," illustrating the stories of Tom Thumb, Beauty and Beast and other fairy tales. He then directs the orchestra in Ravel's Piano Concerto in G, Ades' "Three Studies from Couperin" and Mozart's Symphony No. 36. April 23-28. Haitink also conducts a program of Schumann, Mozart and Brahms April 30 and May 1-2.



DANCE

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9. Shades Of Sound

On tap from the Boston Ballet are three works of magnificent musicality and exhilarating choreography featuring Wayne McGregor's "Chroma" and the company premieres of George Balanchine's "Episodes" and Hans van Manen's comic "Black Cake." March 19-29 at the Boston Opera House.

10. Alvin Ailey American Dance Theater

America's leading modern dance company makes its annual appearance in Boston March 26-29 at the Citi Wang Theatre.

—Dana Barbuto is the features editor at Wicked Local's sister paper, the Patriot Ledger. Contact her at dbarbuto@ledger.com.

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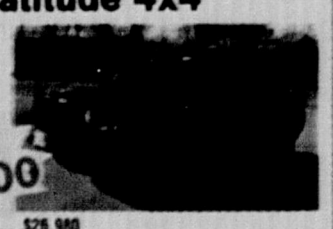

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Auto Show Bonus Cash ..... -500

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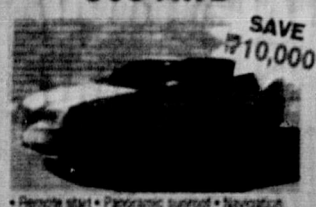

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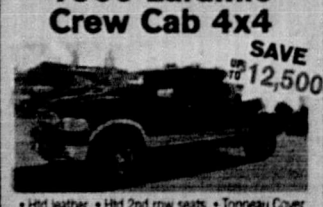

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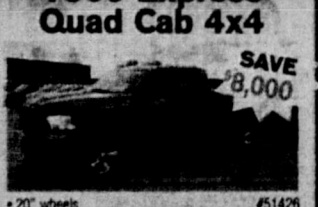

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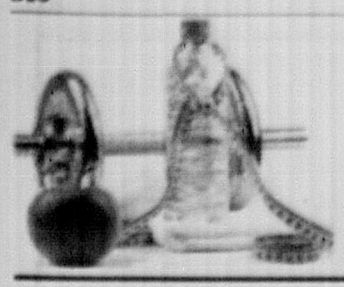

HEALTHYLIVING

A BETTER YOU THROUGH BETTER LIVING 2015

NUTRITION

Foods that pack a nutritious punch

A healthy diet is essential to long-term health. When coupled with routine exercise, healthy diets can be an effective way for men and women to reduce their risk of contracting a variety of diseases, not to mention the positive impact that such a healthy lifestyle can have on an individual's quality of life. The following are a handful of easily found foods that pack a nutritious punch.

One serving of fresh bagged spinach is just 20 calories and can provide 160 percent of the recommended daily value of vitamin A and 40 percent of the daily value of vitamin C. PHOTO COURTESY OF METRO

• **Whole wheat and multigrain pasta:** Once difficult to find, these low-calorie alternatives to traditional pastas are now available in many large chain grocery stores as well as organic marketplaces. That's good news, as a typical two-ounce serving of whole wheat or multigrain pasta typically includes about seven grams of protein and six grams of fiber.

• **Nonfat Greek yogurt:** Nonfat Greek yogurt is a great low-calorie source of protein, making it a great snack option for men and women who want a snack that can boost their afternoon energy levels without compromising their waistlines. Single serving containers of Greek yogurt tend to be right around six ounces, and that six ounces can include 120 grams of protein or more.

• **Russet potatoes:** If baked potatoes are a side dish you typically only enjoy in restaurants, you might want to consider eating more of them at home. One medium-sized Russet potato is roughly 170 calories and includes three grams of fiber, five grams of protein and 25 percent of your daily recommended dosage of potassium. Russet potatoes also are high in vitamin C and iron.

• **Fresh spinach:** Popeye was on to something, as a four-cup serving of fresh bagged spinach is just 20 calories and loaded with vitamins and nutrients. Just one serving of fresh bagged spinach can provide 160 percent of the recommended daily value of vitamin A and 40 percent of the daily value of vitamin C. Spinach is also a great source of folic acid, which can help prevent heart disease, stroke and certain types of cancer.

• **Dried lentils:** Dried lentils make great additions to salads, soups and stews and

SEE NEXT PAGE

EXERCISE

Fun, motivational, inspirational

Cardio Sport's proprietary group fitness classes will help bring out your best

By Kellie K. Speed
Correspondent

The signature mix of sports, music and motivation in CardioSport's proprietary exercise program makes people want to be in the classes. PHOTO COURTESY OF CARDIO SPORT

Going to the gym to participate in the same routine day in and day out can quickly become monotonous and boring. That's why almost a decade ago, John Duffy, created and founded Cardio Sport, a group fitness program that uses foundational athletic movements, combined with advanced functional and compound integration in a unique, high-energy rock concert-like environment.

What does that all mean? It means that Cardio Sport classes are a unique fitness adventure unlike any other in the market today. The signature mix of sports, music and motivation makes participants want to be in the classes, which translates to people getting tremendous results above and beyond even what they expected. Classes are ideal for both athletes and average people who just want to look and train like athletes. Cardio Sport classes became so popular here in Massachusetts, that in 2013 the company developed and began a national initiative to certify instructors all across the nation to teach Cardio Sport classes. In addition, this past September, Duffy opened the Cardio Sport Concept Studio, which serves as headquarters for the national certification initiative, as well as offering the local area over 30 Cardio Sport classes per week.

"Most people say classes feel like they are doing an incredible and inspiring sports-focused workout at the best rock concert they have ever been to," Vice President of Marketing and Business Development Hilary Hartman said. "The classes are based on athletic conditioning principles, and we use soccer balls as one of our core tools. This is very unique to our program. Cardio Sport merges intensive sports conditioning-style training with a bunch of different elements unique to our program to make it fun, motivational and inspirational. As a result of the way the classes are designed, people get inspired to stay consistent, work hard and achieve things they never imagined possible. People want to be inspired, and what Cardio Sport does best is motivate people to become the best version of themselves."

Cardio Sport is a complete exercise system that comprehensively meets the total fitness needs of both athletes and non-athletes alike.

"People of all different ages and fitness levels will see tremendous results," Hartman said. "We have heard people tell us how amazing the class is. It's so different, and there is really nothing else like it in the market. This year will be a breakout year for the company as we have a comprehensive marketing initiative that commenced this month. We have already certified 35 new instructors in just the first few weeks of 2015. There are over 150 certified Cardio Sport instructors in the U.S., spanning from Florida to New York to California. We are now becoming a national brand growing at an exponential rate."

The music used in the Cardio Sport classes is unique from standard group fitness music, and is one of the hallmarks of the program. As a result of the tremendous marketing engine the brand is becoming, many of the bands that are featured in Cardio Sport classes are now working with the company directly to help promote the music through its "Music+Movement Project."

"John is constantly creating new class designs, so what makes the Kingston location (located in the Hannaford Plaza) so special is that while we have a growing presence nationally, everything will be done here first, and the founder of the program teaches here," Hartman added. "Local participants benefit greatly by attending the home studio because the program is always evolving, so that the company can roll out new class designs to the national market. No two classes are the same, so every class is not only highly effective, but always a fun and engaging fitness adventure. We promote an inclusive, non-competitive environment, because whether you are an athlete training for your sport or an every-day person who just wants to get in shape, training and fitness should be about wellness. We have one main goal – to bring out the best of you!"

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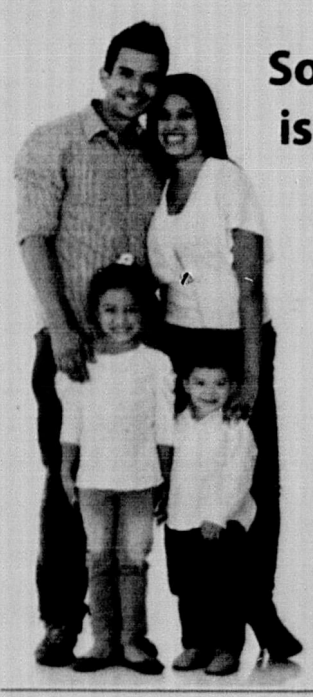

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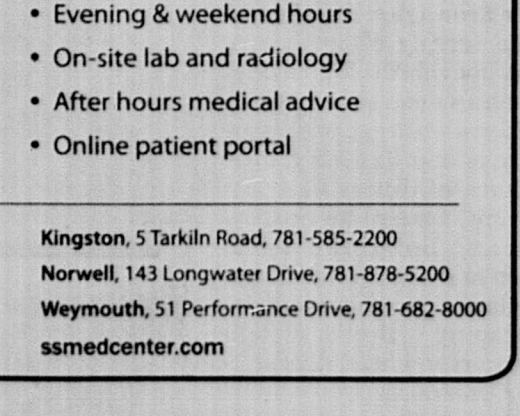
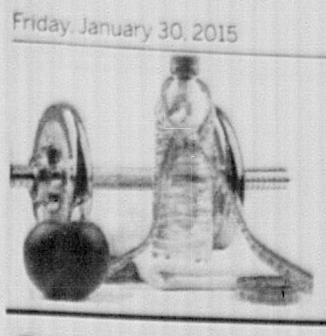


Please visit www.slpcenter.com to view the CBS - 60 Minutes "Apps for Autism" segment with clinic founder, Ms. Taylor and patient, Josh.



HEALTHY LIVING

A BETTER YOU THROUGH BETTER LIVING 2015

FINANCES

Getting a handle on stress

How financial advisors can reduce worry and increase wealth

By Florence Gonsalves
Correspondent

Financial advisors can help you organize your finances and make decisions how to best manage your money to attain your goals. PHOTO COURTESY OF METRO

When healthy living comes to mind, the first things we think of are diet and exercise; yet wellbeing extends beyond our bodies. Regardless of one's level of income, money issues can be a source of stress, and learning to manage one's finances is an important skill. Buying a house, sending a child to college, or saving for retirement can all be daunting. But fortunately, there are financial advisors out there who can help.

The term financial advisor can refer to anyone in the field of money management. It's a fairly broad term, and different kinds of advisors have different specialties. Certified Financial Planners are those who have undergone a particular course of training, recognized by a nationwide institution. According to its website, "the mission of the Certified Financial Planner Board of Standards Inc. is to benefit the public by granting the CFP certification and upholding it as the recognized standard of excellence for competent and ethical personal financial planning." Portfolio managers generally work with higher income individuals, helping to manage their assets by investing in stocks, bonds or mutual funds.

This may sound complicated but Easton resident Michael Graff, a financial advisor at Wellesley Financial Group and Insurance Agency, summed it up: "In the broad sense it's someone who helps a person organize their overall finances and make decisions regarding money."

Financial advisors might recommend an array of investment opportunities, such as bonds, real estate or even a plain old-fashioned savings account. They aim to predict which investments will have the biggest pay-off, and then recommend how to protect profits. These two basic strands – growing money and keeping it safe – are crucial for maintaining a consistent lifestyle after retirement, as well as providing a cushion for unanticipated emergencies.

Knowing which firm is best for you will take a little research. You can call to find out if your salary and goals are a good fit with the agency you've contacted; you can visit the company's website for information; and sometimes financial advisors will offer sessions you can attend to gather information.

Todd Johnston is a portfolio manager at 1620 Investments in Plymouth. When a client first comes in, he said, "The big thing we try to do is get a feel for his or her goals and objectives, their income levels and their assets. We also have them fill out a pretty involved expense form to match up income and expenses and help them see – at the very least – where their money is going."

This sort of meeting can be informative, as many people do not fully understand how their money is being spent, or how they might best allocate their funds. It can also help determine how much money a client might want to invest and their tolerance for risk.

Financial advisors get paid in several different ways, and it's important to ask any potential advisor the cost of their service and how it's calculated.

"We're a fee-based/fee-only company, so we get paid based on the value and the assets that we manage," Johnston said. "So when the client comes and we have a minimum of $225,000 portfolio they would pay us between .65 and .85 percent of the value of those assets per year, and to us it's a fair way to do it because if the value in the assets go down then our salaries actually go down, and if the value in the assets go up we get more money, too; we have the same incentives. Commission-based is flawed because you're getting paid to make trades and it doesn't say anything about growing the account, because either way you get compensated."

Contrary to what you might expect, financial advisors don't only help the wealthy to invest their money.

"The general rule of thumb is: Everyone needs help with their money," Graff said. "In fact, someone making less money probably needs more help than someone making more money."

Of course, money problems can't be solved overnight; financial advisors typically help implement 15- to 20-year plans meant to absolve debt, plan for retirement, or pay off student loans.

The best thing to do, said John Flanagan of Edward Jones, is "invest early." Nowadays companies aren't giving pensions the way they used to, so it's important for younger generations to be savvy about their finances in order to avoid debt down the road.

"The best savers don't necessarily have the most money, they're just the most consistent with their savings and investments," Flanagan said.

NUTRITION

Continued from previous page

pack a nutritious punch despite their relatively small serving size. A single serving of dried lentils is 1/4 cup, and that serving includes 10 grams of protein and 11 grams of fiber.

• **Brown rice:** A single 1/4-cup serving of brown rice has roughly 20 less calories than a similar serving of traditional white rice, and brown rice is also a much greater source of dietary fiber (1.8 grams) than white rice (0.4 grams). Brown rice also is rich in selenium, which can reduce a person's risk of developing arthritis, certain cancers and heart disease.

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SATURDAY

Clarinetist presents Mozart in ASO concert

By Constance Gorfinkle
Special to the Journal

Sam Boutris hesitates when he's asked what generated his love for music to the extent that today he's on the brink of a brilliant career as a classical clarinetist.

Thumbing through his Texas childhood memories, he finally says, "There really was no music in my life until I was in middle school, about 11 or 12 years old. We were given a choice of either joining the school choir or playing an instrument.

"I definitely didn't want to sing in the choir, so I tried out a sax and a trumpet, and finally chose a clarinet," he continued over the phone from the Curtis Institute of Music in Philadelphia, where he is finishing up his last year.

That choice ultimately resulted in his winning several competitions, including one held last year by the Atlantic Symphony Orchestra, with whom he'll perform on Jan. 31 at Thayer Academy's Center for the Arts.

"I wasn't that enthusiastic at first," he went on. "Kids that age really don't know what they want."

That might have remained the case if he hadn't seen "Amadeus," a film about Mozart that was filled with glorious renditions of the composer's music, including his sublime clarinet concerto.

"That set off a flame in me, and from then on all I wanted to do was play."

He was supported in that wish by his mother who was raising him as a single parent, and, after she died, by his grandparents, "who drove me all over Texas to different competitions," which he began winning when he was in the ninth grade.

As with his "Amadeus" experience, he had another important encounter when

Clarinetist Sam Boutris will perform with the Atlantic Symphony Orchestra Jan. 31st at Thayer Academy's Center for the Arts. COURTESY PHOTO

he was about to graduate high school in Fort Worth that pointed to the next direction his life would take.

He met Victoria Luperi, a clarinetist, who had just graduated from Curtis. From Luperi, with whom he studied for a while, he learned about this unique school.

What Boutris learned sounded too good to be true. A conservatory ranked with the best in the world, Curtis offers what many other music schools can't due to their much higher enrollments – the opportunity, explained Boutris, to attend classes so small they amount to tutorials and the chance to perform in at least four concerts a month. But most exciting was that a musical education at Curtis costs the students nothing.

As the school explains on its website: "Curtis's rare tuition-free policy was established in 1928 and to this day provides merit-based full-tuition scholarships for all Curtis students, under-graduate and graduate alike. Students continue to be accepted for study at Curtis solely on the basis of their artistic talent and promise."

Needless to say that a school with only 166 students, ("enough to maintain a full symphony orchestra") and "around 90 top-tier musical artists and highly credentialed classroom teachers," is going to be exceedingly particular about whom it admits.

Though it took him three tough auditions, with time out to attend the New England Conservatory for a year, Boutris, at 19, did win a coveted position at Curtis by performing the piece that had altered his life so many years earlier – Mozart's "Clarinet Concerto."

Boutris speaks with strong admiration for the school. With only their talent to recommend them, the students come from a myriad of backgrounds, economically and geographically. Since most hail from foreign countries and have to acclimate themselves to this new place along with developing their musical skills, "the school is very protective of the students," he says. Boutris, himself, has had a difficulty to overcome. He was born without a left ear, which for someone else might have been a deterrent to his chosen career, since he can only hear out of his right ear.

"Well, I don't consider it a disability. Sometimes I can't tell the direction a sound is coming from. But with my one ear I have better hearing than a lot of people have with two."

His audience will discover that this Saturday, when Boutris once again will perform Mozart's "Clarinet Concerto."

—Masterworks: After Hours "Mostly Mozart" is at 7:30 p.m., Saturday (Jan. 31) at the Center for the Arts at Thayer Academy, 745 Washington St., in Braintree. For tickets and information, visit: www.atlanticsymphony.org. Email: info@atlanticsymphony.org. Phone: 781-331-3600.

CONSERVATORY NOTES

Music that is made in America

By Katy Boc

As an actively performing musician, I am extremely excited to be playing fiddle, mandolin, and singing some songs in South Shore Conservatory's upcoming performance, Made in America, a concert featuring American roots music beginning with the songs of Appalachian mountain settlers that shaped bluegrass and classic country music, right up to present day Country and Americana. We'll be playing tunes by Bill Monroe, Hank Williams, Dolly Parton, the Band Perry, Nickel Creek, and SSC's own Cliff Williams, just to name a few.

Although I grew up as a classically trained musician, playing viola and violin in orchestras and chamber music groups, and received my degree in viola performance, I have always enjoyed playing non-classical music as well. When I was 8, I learned Cyndi Lauper's "Girls Just Want to Have Fun" album in its entirety – on the violin. I should have known then what lay ahead for me!

I studied classical music in Austin, Texas, which is truly one of the most amazing, eclectic and diverse music cities in the world. While there I was lucky to play and record with rock bands, singers and songwriters, and to even play occasionally in a tango band, but classical music was always my focus and passion. That is until about 4 years ago, when I literally stumbled into an Irish music session in a local bar and decided I wanted to do something like that! I dove into playing American roots music head first and I have never looked back.

There's something about that high and lonesome bluegrass sound, the rhythm of Cajun, and the heartfelt lyrics of today's Americana artists that moves me deeply and continues to inspire me to continue to learn and play more, and to develop and grow as a musician and songwriter.

Along the way I've had the privilege to play with some truly talented musicians, covering everything from Bluegrass to Cajun to Celtic to Country and Americana and just about everything in between! Today I play, sing and write original music in the Jones River band, and sit in with bluegrass, Celtic, country, Americana and American roots bands throughout Massachusetts. I am especially looking forward to the Made in America concerts because the talent and passion of SSC's faculty is second to none.

Made in America also features Maria Marini on vocals, Cliff Williams on guitar, banjo, and vocals, Erik Calderone on guitar and mandolin, Amanda Smith Roberts on fiddle, Ed Sorrentino on percussion, and special guest Paul Dilley on upright bass.

South Shore Conservatory's Made in America will be presented Sunday, Feb. 15 at 4 p.m., at One Conservatory Drive in Hingham, and Sunday, Feb. 8, 4 p.m., at the Ellison Center for the Arts in Duxbury. Thanks to the generosity of Boston Private Bank & Trust, this and all other Conservatory Concert Series performances are free and open to the public.

Katy Boc performs with other SSC faculty members in Made in America, on Sunday, February 15, 4 pm, at One Conservatory Drive. COURTESY PHOTO

For more information about South Shore Conservatory performances, visit www.sscmusic.org.

—Violinist, violist, singer and fiddler, Katy Boc has been a member of SSC's string and Suzuki department since 2003.

MARK YOUR CALENDAR

Civil War group meets

Sons of Union Veterans of the Civil War Satuit Camp 3188 meets at 7 p.m. the second Wednesday of the month at Grand Army Hall, 353 Country Way in Scituate.

The Sons of Unions Veterans of the Civil War (SUVCW) is a patriotic and educational organization.

Membership is open to males, ages 14 and older, who are direct descendants of a soldier, sailor, or Marine who served during the Civil War. Junior and associate memberships are also available.

The camp will help prospective members with the paperwork to determine eligibility. Members do not have to be Scituate residents.

For information contact Conley Ford at cfordcon@comcast.net or call 781-545-0054. Camp webpage www.satuitcamp3188.org.

READERS CHOICE AWARDS 2015

Readers Choice Ballot Board

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READERS CHOICE AWARDS

2015 WICKED LOCAL

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Vote for your CHOICE and a chance to win one of these great prizes!

Grand Prize! The Best of the Best
One Grand Prize winner will win a **Bose®- SoundLink® Mini Bluetooth Speaker**, which provides advanced audio performance while delivering a full-range listening experience!

Second Prize
THREE runners-up will each receive a pair of tickets to see **Boston's Favorite Baseball Team** at a pre-determined regular season game.

Third Prize
FIVE third prize winners will each receive a **Gift Certificate** to a local restaurant or entertainment event/venue.

SO GET OUT AND VOTE!
Vote locally. Write in your choice of the **BEST** in your area for the categories below. In order to be eligible, each vote must include the town where your choice is located. For businesses with more than one location, please indicate the address of your #1 choice. You must vote in at least 10 categories for your votes to be counted.

Ballots must be received by Wednesday, February 11, 2015 at 5 p.m. The ballots will be entered and tabulated by an independent data processing firm. Results will be published in a special section inserted into your newspaper the week of June 22nd.

Wicked Local Favorites @wickedfavorites WICKED LOCAL

Local Shopping

Business/Place Name *Town*

1 Men's Clothing Store _____
2 Women's Clothing Store _____
3 Children's Clothing _____
4 Optical Shop _____
5 Shoe Store _____
6 Bookstore _____
7 Photography _____
8 Frame Store _____
9 Gift Shop _____
10 Jewelry Store _____
11 Florist _____
12 Sporting Goods Store _____
13 Toy Store _____
14 Pharmacy _____
15 Liquor Store _____
16 Furniture Store _____
17 Carpet/Flooring Store _____
18 Appliance Store _____
19 Home Decorating Store _____
20 Hardware/Home Improvement Store _____
21 Garden Store/Nursery _____
22 Antique/Vintage Store _____
23 Consignment Shop _____

Local Services

24 Hair Salon _____
25 Day Spa or Massage _____
26 Manicure/Pedicure _____
27 Tanning Salon _____
28 Health Club/Yoga Studio _____
29 Weight Loss Center _____
30 Doctor/Primary Care Physician or Pediatrician _____
31 Dentist or Dental Office _____
32 Chiropractor _____
33 Daycare/Preschool _____
34 Dry Cleaner/Tailor _____
35 Auto Service/Repair _____
36 Community Bank _____
37 Insurance Agency _____
38 Dance/Gymnastics School _____
39 Retirement Living Residence _____
40 Pet Services _____

Local Flavor

Business/Place Name *Town*

41 Bagel Shop _____
42 Restaurant For Breakfast _____
43 Restaurant For Lunch _____
44 Restaurant For Dinner _____
45 Fine Dining Restaurant _____
46 Italian Restaurant _____
47 Pizza Place _____
48 Thai Restaurant _____
49 Mexican Restaurant _____
50 Indian Restaurant _____
51 Seafood Restaurant _____
52 Chinese Restaurant _____
53 Sushi Restaurant _____
54 Restaurant For Takeout _____
55 Restaurant For Steak _____
56 Bakery _____
57 Coffee Shop _____
58 Ice Cream Shop _____
59 Deli _____
60 Butcher Shop _____
61 Fish Market _____
62 Bar _____
63 Caterer _____

Regional Favorites

64 Hospital _____
65 Limo/Car Service _____
66 Hotel/Motel/Inn/B&B _____
67 Beach _____
68 Golf Course _____
69 Museum _____
70 Place To See Theatre _____
71 Place For Family Entertainment _____
72 Summer Camp _____
73 Mall _____
74 Department Store _____
75 Discount Store _____
76 Supermarket _____
77 Car Dealership _____
78 Computer or Electronics Store _____

Reminder: You MUST include the TOWNS where your choices are located!

*Readers Choice is a reader preference poll. This promotional program is not intended to be, nor is it represented as, statistically valid.

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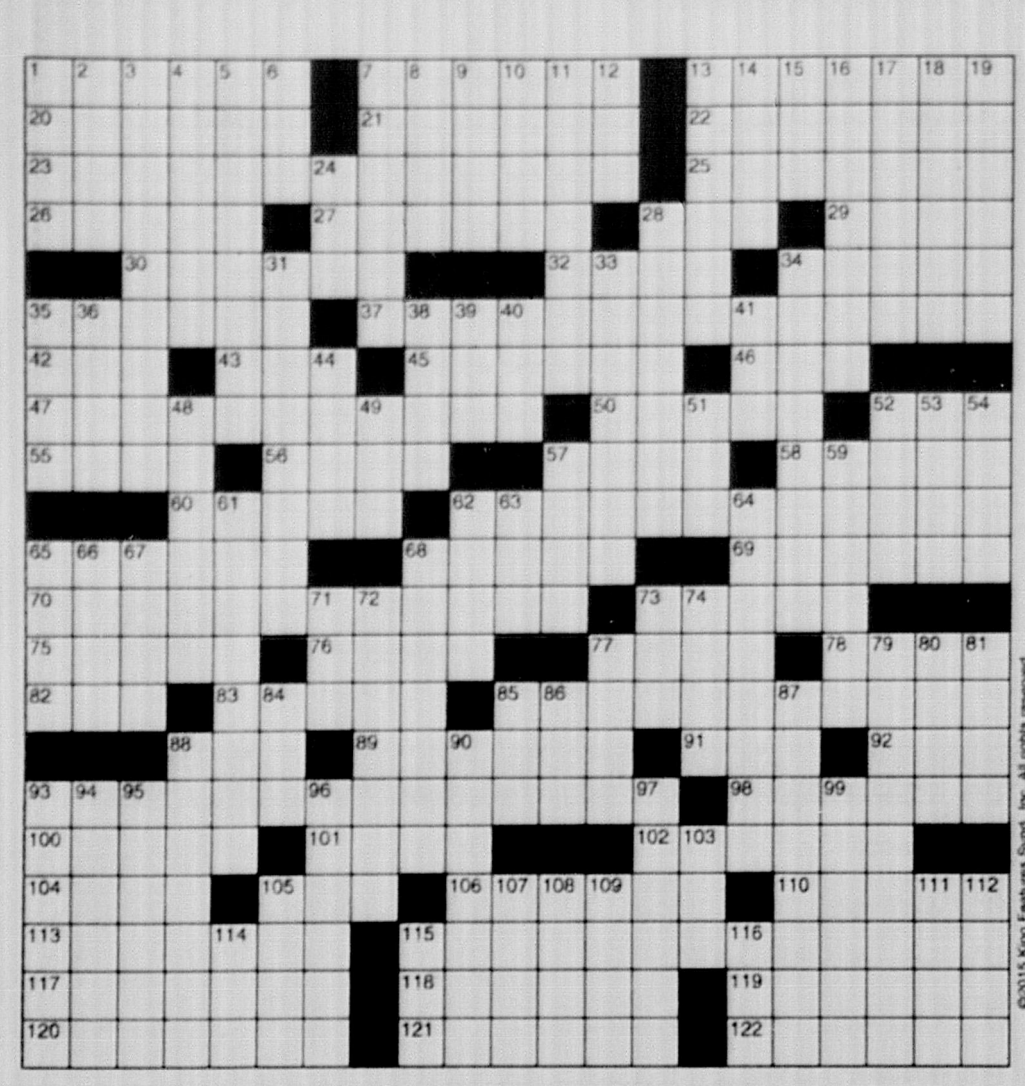
ADDRESS _____
CITY _____ **STATE** _____ **ZIP CODE** _____
PHONE _____
E-MAIL ADDRESS _____ ☐ **YES!** I would like to receive Wicked Local's special offers, news and promotions via email.

GUIDELINES (1) No purchase necessary. One entry per person. Must be a resident of Massachusetts. (2) Use original ballot, online ballot or insert only. No reproductions will be accepted. (3) No ballot will be counted without name, address and phone number. (4) All results are final. (5) At least 10 choices must be written in for votes to be counted. (6) All contest winners drawn at random. No exchanges for prizes permitted. Game dates will be selected by GateHouse Media New England. (7) You must be at least 18 years of age to enter. Winners will be notified by phone, mail or email. (8) Any taxes are the responsibility of the winner. (9) Winners free GateHouse Media New England, its agents, affiliates and assigns from any and all liability whatsoever including personal injury, property damage or financial loss incurred while using the Readers Choice Prizes. (10) Each winner gives GateHouse Media New England, permission to publish his/her name, town and likeness with regard to the outcome of this drawing. (11) Employees of GateHouse Media New England, Automated Solutions Direct Inc. and their immediate families are not eligible for prizes. (12) Entries become the property of GateHouse Media New England. Not responsible for lost, late or misdirected mail or email. Void where prohibited by law. (13) Ballots must be received by February 11, 2015.

Mail To: Readers Choice Awards 2015 c/o Automated Solutions Direct Inc., 200 Jefferson Rd Ste 203 , Wilmington, MA 01887

PUZZLES

Crossword - Snake Handling



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ACROSS
1 Appear on the scene
7 Mystery writer Christie
13 Sister of Snow White
20 Canadian dollar coin
21 As well
22 Retired female prof
23 Mischievous snake?
25 Capitol Hill bigwig
26 Bicycle part
27 Like Saturn
28 Ink-filled tool
29 Blend
30 One of the Musketeers
32 Graceful bird
34 Touchy- — (overly emotional)
35 Greets with a head bob
37 What there is when a snake is inside a keg?
42 Sioux tribe member
43 Beatle bride Yoko
45 Golfer Palmer
46 Vienna is its cap.
47 Study of snake vision?
50 Bottom line
52 HP or Dell products
55 Confused
56 Noble act
57 St. Louis Arch architect Saarinen
58 Canoe variety
60 Skeletal axis
62 Snake with a talk show?
65 1980s TV's "Remington —"
68 "Crash" actor Koteas
69 Peaceful
70 Snake's relatives?
73 Arcade game pioneer
75 TV prizes
76 See 81-Down
77 Union foe
78 Billfold filler
82 Org. fining polluters
83 1:50, e.g.
85 Noodles shaped like knotted snakes?
88 Emerald, e.g.
89 Symbol of a team
91 Camera type, for short
92 Frying vessel
93 Thing that hones a snake's skills?
98 Part of TLC
100 Gather up
101 Treater's phrase
102 Sobbing soul
104 Sour
105 Tit-for- —
106 "Pretty nice!"
110 Now being broadcast
113 Living an isolated life
115 Snake's balderdash?
117 Aromatic
118 Gazed
119 "— down the hatches!"
120 "No, No, —" (old musical)
121 Mistake list
122 Broom room

DOWN
1 — unto itself
2 — Hashanah
3 Boxing tactic used by Ali
4 Derives from logic
5 Rule breaker, e.g.
6 Always, to poets
7 On the line
8 Hired hood
9 Snug as — 10 "It Had — You"
11 Sticks with, as a belief
12 Nibbled away
13 Transmit again
14 Boding sign
15 Sun Yat- —
16 Pencil tops
17 John of "Three's Company"
18 Star, to Pierre
19 Baseballer Strawberry
24 Prefix with cycle
28 Infamous box opener
31 Lyric poems sung by single voices
33 Newswoman Barbara
34 "As I Lay Dying" novelist
35 Star burst
36 Big elevator producer
38 Incursion
39 Curve part
40 Connections
41 Lamb's call
44 Frank
48 Pass gingerly
49 Golf ball supporter
51 Pull along
52 Funeral pile
53 French city on the Orne
54 — terrier (dog breed)
57 Internet auction site
59 Ghana's land
61 Wall coatings
62 Film snippet
63 Petroleum
64 Actress Huppert
65 "Peter Pan" pirate
66 Pack down tightly
67 Actress Stone
68 Where some very big birds are raised
71 Goldfish part
72 Superhero insect
73 Put-on
74 Mai — (rum drinks)
77 Surfeit
79 Hopefuls
80 Jazzman Kenton
81 With 76-Across, quit, informally
84 "Jimmy" has two
85 Pre-A.D. abbr.
86 Suffix with ball or bass
87 Suggestion
88 Body signal
90 Unthrifty type
93 Mete (out)
94 Actress Seyfried
95 30-year late-night host
96 Raspy
97 Kigali's land
99 Rome's Via —
103 Tokyo, once
105 Tightly strung
107 Polish river
108 Prefix with byte
109 Boone of baseball
111 "Gotcha"
112 Pay to live in
114 Filming locale
115 Pal of Tarzan
116 "Go On" network

Sudoku

5					4		9	
	3			8				6
		1	3	2		8		
		6		7			2	
8					2	9		
	9		5				7	1
		3		1			4	
7					6			3
	8	2	4			7		

Level: Challenging

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Magic Maze - Words With Letters Formed Without Lifting Pen

J X U Q N K H E B Y V S P M J
H E B Y V T Q O L I G D B Y W
T R P M K I F D B Y W U S Q S
B P O M K I F D B Z X W U M S
Q O I S O N G L D J H F U C D
C U G L L C A O G Y W G I V N
T N S U S I W Q D N G M P W N
L D K N S N O W P L O W O I H
F E O G S C O C I C L L C B Z
Y O L I V I C N W V C U B U S
M R Q P N P G M D O O L B O L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

BLOOD
BOGUS
BULLDOG
CIVIL
CLOWN
COILS
COMIC
DOWNS
MOONS
NONSLIP
OBLONG
PICNIC
SLUNG
SMUGGLING
SNOWPLOW

HOROSCOPE

Salome's Stars

ARIES (March 21 to April 19) You need to be certain that all the right conditions are in place before you take that first step. It can't hurt to listen to good advice from those who have your best interests at heart.

TAURUS (April 20 to May 20) Be careful not to get involved in other people's disputes unless you know the facts behind the disagreements. That's the best way to be assured of making wise and honest decisions.

GEMINI (May 21 to June 20) You still need to be careful about how you're going to spend those energy reserves you finally got around to restoring. Best advice: Avoid overdoing it. Let things take their course.

CANCER (June 21 to July 22) Your aspect continues to favor travel — alone or with that special person. So if you've been putting off making those getaway plans, it's still a good time to get started on them.

LEO (July 23 to August 22) Those so-called golden opportunities that continue to dazzle the Lion still need to be carefully checked out. Be suspicious about anything that looks like the "perfect" prospect.

VIRGO (August 23 to September 22) Changes at the workplace could make it more difficult to do things the way you prefer. But the wise Virgo who shows some flexibility could find it paying off in a big way.

LIBRA (September 23 to October 22) You might want to check out the explanation you were given for a sudden shift in your duties. There's a possibility that you haven't been told all the facts that you deserve to know.

SCORPIO (October 23 to November 21) Having confidence in your abilities is important, especially when you could be facing a new challenge, whether it's in the workplace or in a personal relationship. Good luck.

SAGITTARIUS (November 22 to December 21) A new work-related opportunity might not be all that it seems. Before making any decisions, you might want to check with others who have had some experience in that area.

CAPRICORN (December 22 to January 19) A situation involving someone close could benefit from your timely intervention. Avoid being judgmental. There'll be plenty of time later for those "little talks" you like to have.

AQUARIUS (January 20 to February 18) Travel could be a surprise element in that new project. Be prepared for other previously undisclosed aspects that also might come to light as you proceed with the work.

PISCES (February 19 to March 20) Try to balance your work-related responsibilities with the time you're spending on your recently revived social life. An old friend might be planning to return after a long absence.

BORN THIS WEEK: Your sensitivity makes you aware of the needs of others. Have you considered a career as a counselor?

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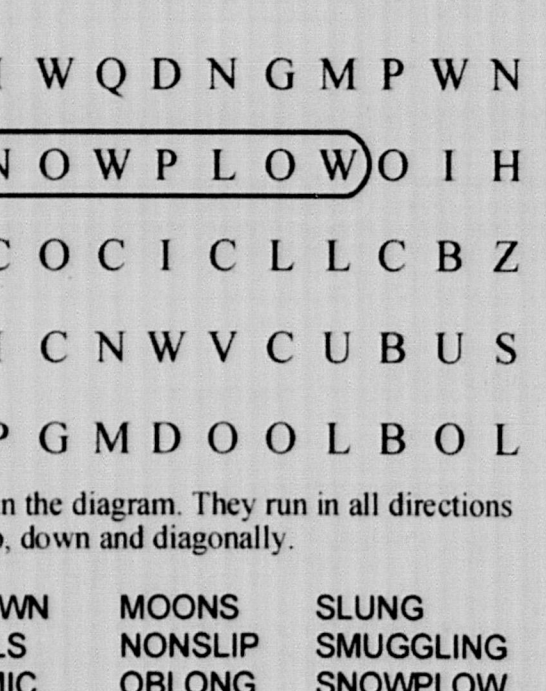
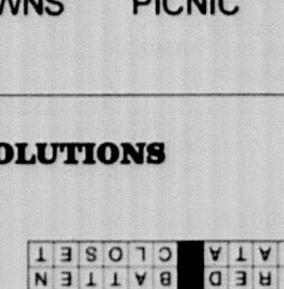
SOLUTIONS





5	2	8	1	6	4	3	9	7
4	3	9	7	8	5	2	1	6
6	7	1	3	2	9	8	5	4
3	5	6	9	7	1	4	2	8
8	1	7	6	4	2	9	3	5
2	9	4	5	3	8	6	7	1
9	6	3	8	1	7	5	4	2
7	4	5	2	9	6	1	8	3
1	8	2	4	5	3	7	6	9

CALENDAR

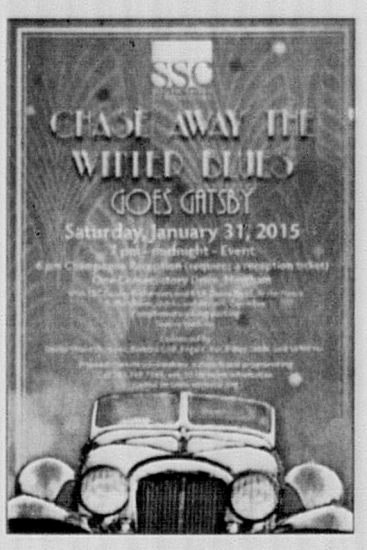
HOW TO SUBMIT

Planning an event? Send your event information by email to scalendar@wickedlocal.com or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

Jake Hill and Hayley Sabella debut their album

WHEN: 8 p.m. Saturday, Jan. 31.
WHERE: The Spire Center for Performing Arts, located at 25 1/2 Court St., Plymouth.
INFO: "Billington Sea," CD release concert. Tickets are $10, and are available at www.spirecenter.org.

Chase Away the Winter Blues gala



WHEN: 7 p.m. to midnight, Saturday, Jan. 31.
WHERE: One Conservatory Drive, Hingham
INFO: Enjoy an evening of SSC jazz and blues vocalists, pianists and ensembles, and the rhythm and blues Boston band, In the House. This year, the Blues goes Gatsby with a roaring '20s theme. The evening includes a raw bar and hors d'oeuvres, buffet dinner, dessert and drinks, silent auction, raffles, trips and gifts. Dress is creative black tie. Tickets at $125 include an open bar. Special $250 tickets include admission to the pre-event champagne reception from 6 to 7 p.m. For tickets and information, visit www.sscmusic.org or call Eileen Puzo at 781-749-7565, ext. 30, or email e.puzo@sscmusic.org.

Exhibit of paintings by Ann M. Murphy at South Street Gallery

WHEN: On display until Feb. 28. Artist reception Friday, Feb. 6 from 6 to 9 p.m.
WHERE: South Street Gallery, 149 South St., Hingham.
INFO: At the reception, the public is invited to stop by and meet and chat with the artist, light refreshments will be served. 781-749-0430.

SATURDAY, JAN. 31

Walk Thru the Bible: New Testament Live! From 9 a.m. to 3:30 p.m. at First Baptist Church of Abington, Routes 58 and 139, Abington. Using hand motions, catch phrases, visual aids, and group review, you'll understand the New Testament like never before. It will rekindle your desire to read the Bible and pray daily. This seminar is geared towards adults and children (grades 3 and up). Led by Pastor George Stephens from Marsh Corner Community Church in Methuen. Cost: $20 adults, $15 grades 3 - 12 includes lunch. Register at www.abingtonfbc.com or 781-878-2447.

Drowned Hog Day in Hull. For the 20th year at noon the Drowned Hogs will storm Nantasket Beach and make their mad dash into the Atlantic Ocean to benefit the Wellspring Multi-Service Center. All individuals, teams, groups or families are welcome. to join the craziness! Anyone can join, but there are a few rules: The swim doesn't count unless the swimmer fully dunks. Wet suits are allowed ONLY if the wearer also wears a tutu and a tiara! Registrations are still being accepted. Information and pledge sheets are available at www.drownedhogs.org or www.wellspringhull.org. Registration fee is $10 and includes the eagerly awaited 2015 Drowned Hog T-Shirt.

Book & Collections Clubs. Duxbury Rural and Historical Society pairs books of historic interest with objects from the museum collections. These discussions are fun and informal, and take place in the Double Parlor at the Nathaniel Winsor Jr. House (1807), 479 Washington St., Duxbury at 3 p.m. Today: "The Map Thief" by Michael Blanding. DRHS members, free; $5 a session for non-members. Reservations suggested: 781-934-6106 or email colson@duxburyhistory.org www.duxburyhistory.org/events.

Meatloaf Dinner & Homemade Cake Auction beginning at 5 p.m. at The Halifax Congregational Church, 503 Plymouth St., Halifax. Following dinner, the annual Cake Auction will begin where a variety of delicious homemade cakes will be auctioned off to the highest bidders. Tickets are $9-adult, $5-children and $20-family of three or more. To reserve tickets, call Nancy Wiley at 781-294-0108 or the church at 781-293-6393.

Baked Ham Supper along with mashed potato, vegetables, beverage and dessert at 6 p.m. at Norwell Grange Hall, 142 Main St., Norwell. Cost: $9 for adults; $4.50 for children. Bring a non-perishable for the Norwell Food Pantry and receive a free raffle ticket. For reservations call Rebecca McArthur, 781-383-0362 or Rita Joseph 508-830-1964. All are welcome.

South Shore Conservatory's Chase Away the Winter Blues gala will be held from 7 p.m. to midnight, at One Conservatory Drive, Hingham. Tickets at $125 include an open bar. Special $250 tickets include admission to the pre-event champagne reception from 6 to 7 p.m. For tickets and information, visit www.sscmusic.org or call Eileen Puzo at 781-749-7565, ext. 30, or email e.puzo@sscmusic.org.

Masterworks: After Hours featuring Sam Boutris, clarinet at 7:30 p.m. at Center for the Arts, Thayer Academy, Braintree, 745 Washington St. Boutris returns to perform Mozart's beloved clarinet concerto. Haydn's joyful "Morning" solo symphony and Mozart's "Little G Minor" symphony complete the program. A fun & cool "After Hours" party will follow this mostly Mozart program.
Order tickets online www.atlanticsymphony.org or call 781-331-3600. $43 adults/$38 seniors/$20 under 30/$10 under 20.

Mobfellas murder mystery. Dinner theater returns this year with new comedy, murder mystery and music at the John Carver Inn & Spa, 25 Summer St. in Plymouth. Dinner and a show is $59.95 per person and includes premium seating and buffet dinner. Show-only tickets may be available for $25 each. For reservations, visit www.johncarverinn.com or call 855-318-9749. Doors open at 7 p.m.

Singers/songwriters Jake Hill and Hayley Sabella join forces to debut their duo act's premiere album, "Billington Sea," at a CD release concert at 8 p.m. at the Spire Center for Performing Arts, located at 25 1/2 Court St., Plymouth. Tickets are $10, and are available at www.spirecenter.org.

Bad Medicine: A Tribute to Bon Jovi in concert at 8 p.m., at The Company Theatre, 30 Accord Park Drive, Norwell. Tickets are $28. To order tickets, or information, visit www.companytheatre.com, call the box office at 781-871-2787, or email boxoffice@companytheatre.com. The box office is open Monday to Friday from 11 a.m. to 6 p.m., and during all performances. Free parking handicap-accessible.

Comedy Night with comedian Mike Donovan along with Paul Elwell, Art Milmore and Jere Pilapi hosted by Craig Martin at Quans Kitchen, Washington St., Route 53, Hanover, 9 p.m. Reserve early for show and dinner by calling 781-826-8868. $20 cash only for comedy show.

The New Band at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

John Foster at The Snug, 116 North St., Hingham, 781-749-9774. www.thesnugpub.com, 9:30 p.m.

Justin Beech at Stars on Hingham Harbor, 2 Otis St., Route 3A, Hingham. 781-749-3200, www.starshingham.com.

Comedy Night featuring Sean Sullivan at Surf Lounge, 45 Hull St., Hull. 8 p.m. 781-925-6606, www.paragongrill.com.

Draw the Line at C-Note, 159 Nantasket Avenue, Hull. 781-925-4300, www.cnotehull.com

Jeff Hilliard at Mr. Dooley's, 9 Depot Court, Cohasset. 9 p.m. 781-383-3366.

Smoking Jackets at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361. 9 p.m.

Mike and Betsy Show at The Tavern, One Proprietors Drive, Marshfield. 781-837-0000.

Brit and Nate Duo at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, www.great-chow.com.

Whiskey Wild at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999. southshoressportsbar.com

Jake Ash Band at Damiens Pub, 279 Spring St., Hanson, 9 p.m. damienspub.com 781-447-6556.

The Joneses at McGuiggans Pub, 546 Washington St., Whitman, 9:30 p.m. 781-447-7333, www.mcguigganspub.com.

Gainsville Road at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

The Coozies at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

Mark Darling and Erin Dale at Wildflower Café & Tavern, 8 Chestnut St., Duxbury. 781-934-7814, www.wildflowercafe.us/

Huxster at The Cavern in The New World Tavern, 56 Main St., Plymouth. 508-927-4250, wwwthenewworldtavern.com

SUNDAY, FEB. 1

All-you-can eat buffet breakfast from 8 to 11:30 a.m. at Corner Stone Lodge, 585 Washington St., Duxbury, first Sunday of each month. The menu includes scrambled eggs, home fries, bacon, sausage, toast, English muffins, baked beans, French toast, juice and coffee. Pancakes will be cooked to order. Price is $7 per adult, $6 per senior, $5 per child age 12 and under. If possible, take can tabs to donate for Shriners hospitals. This is open to the public.

MONDAY, FEB. 2

Italian Cultural Event hosted by (IACO) Italian-American Cultural Organization of the South Shore; An Italian culture group that fosters a greater awareness of the Italian culture based on the South Shore of Massachusetts. Annual Italian Movie Night. This year's movie will be "Benvenuti al nord" or "Welcome to the North" It is a sequel to the film Benvenuti as Sud. A comedy directed by luca Miniero at 7 p.m., Grove Manor, Braintree. Refreshments will be served. General public and visitors are always welcomed.

New Beginnings Singles Support Group, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. NB is a singles support organization dedicated to healing, growing and learning; not a dating service. Information: visit http://nbnorwell.org/, email at info@nbnorwell.org or call 781-499-2659.

TUESDAY, FEB. 3

Owl Moon Adventure presented by Mass Audubon from 6 to 7:30 p.m. at North River Wildlife Sanctuary, 2000 Main St., Marshfield. After a fireside reading of Jane Yolen's classic story, "Owl Moon," everyone will take a short hike along the Woodland Trail to do some owling of our own. Hot cocoa and cookies will be provided. $10/$8 member adult, $8/$6 member child – ages 4+. Preregistration is required, and can be completed online at www.massaudubon.org/southshore or by calling 781-837-9400.

Call for Artists. The Scituate Arts Association announces its Juried Show, open to all, to be held at the Front Street Art Gallery from April 1 to 19. Entry Delivery: Entries must be delivered to the Ellis House, 709 Country Way, Scituate on Thursday, March 19, 5 to 7 pm or Saturday, March 21, 11 a.m. to 2 p.m. For a complete prospectus and entry, go to www.scituaeart.com, and click on 2014 Juried Show. Works will remain on display during Gallery hours through Sunday, April 28.

Scituate Democratic Town Committee Speaker Series at the Scituate Library, 85 Branch Street, Scituate. The event will focus on criminal justice reform and legislation being put forward in Massachusetts. State Senator Jamie Eldridge, and Becca Miller, an aide to State Representative Tom Sannicandro, will speak about ending mandatory minimums for drug offenses, bail reform, and restorative justice. Andrea James from Families for Justice as Healing will also speak about recently introduced legislation. Discussion to follow. Everyone is welcome. For information, contact patriceuk@aol.com or contact her on 203-535-6740.

Ballroom Dancing every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue, Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is $10. Information: 781-784-2678 or 781-335-3171.

South Shore Men of Harmony rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to10:30 p.m. 781-337-SING (7464). Information: 781-337-7464.

Open mike with Jackson Wetherbee at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361.

Dave Foley performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Wicked Trivia with Pat Lally, 7:30-9:30 p.m. at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999.

WEDNESDAY, FEB. 4

Waterwatch Lecture Series. Watching the Weather, Danielle Vollmar, WCVB Channel 5 meteorologist will discuss the sun's uneven heating of the surface of the earth, the water cycle and more in this meteorologist's-eye view of the weather we encounter every day. Admission is free. The lectures are at the South Shore Natural Science Center, 48 Jacobs Lane, Norwell at 7 p.m. every Wednesday night through March 18. www.nsrwa.org.

CPAP Talk - Live! from 7 to 8 p.m. Free virtual support group for people who use CPAP machines and anyone who thinks they may have sleep apnea. Hosted by Eric Cohen, president of National Sleep Therapy. Special Guest: 'Big Mike' Katz – Bodybuilding legend featured in the film Pumping Iron, who now uses CPAP therapy to get the healthy sleep he needs. All are welcome. Just prior to the session, call 1-800.204.6655, enter access code 342-2187#. Send questions in advance via Facebook or use cpaptalklive.com form. More info at www.nstherapy.com.

Free Panel Discussion and Wine Social for Women " the Will to Plan: Estate Planning" at 6:30 p.m. with Hingham attorney Kaitlin Robinson, 615 Raw Bar and Grill, Washington St., Pembroke. Register at www.financiallysecurewomen.com. Bring a friend or two.

Audition for Shrek the Musical Jr., with The Academy of The Company Theatre (ACT). Auditions for young actors ages 7 to 13 take place today and tomorrow from 3:45 to 6 p.m. at The Company Theatre Centre for the Performing Arts, 30 Accord Park Drive, Norwell. For information call the box office at 781-871-2787 or email Sally at Sally@companytheatre.com. www.companytheatre.com.

The Full Monty, a comic musical presented by the Company Theatre from Feb. 4 through 8, at 30 Accord Park Drive, Norwell. at 7:30 p.m. Tickets are available for $37 to $39. For a complete performance schedule or to order tickets, visit www.companytheatre.com.

Evening With Author Dick Lehr at the Hingham Public Library, 66 Leavitt St., Hingham, at 7 p.m. as he discusses his latest book "The Birth of a Nation: How a Legendary Filmmaker And a Crusading Editor Reignited America's Civil War." at 781-741-1405 x1404.

The Rockland Country Garden Club invites the public to attend their free evening meeting "Winter Pursuits for the Passionate Gardener." Carolyn Housman, a club member, will share ideas on how to maintain contact with our gardening interests through the winter months. Meetings are held in the lower level of the Rockland Memorial Library, 20 Belmont St., (next to the Fire Station). Doors open at 6:30 for social time before the program begins at 7 p.m. Men and women from all towns are invited. Information: email abijahfarm@yahoo.com or call 781-837-1433.

Open mike with Mother Nature at The Banner Pub, 167 Union St., Rockland, 781) 878-8717, www.thebannerpub.com.

THURSDAY, FEB. 5

Nature's Music at South Shore Natural Science Center, 48 Jacobs Lane, Norwell, for ages 3.5 to 5 years every Thursday until Feb. 12 from 9:30 to 11 a.m. Have fun with Miss Jen in this class focusing on sounds found in nature, by singing, dancing, enjoying nature stories and making a collection of instruments with recycled materials and items from outdoors. At the end of the six-week session, each child will take home his/her music box filled with a wonderful collection of instruments and projects to enjoy. Preregistration required. Fee: $80 Member, $100 non-member for the 6-week series. 781-659-2559 or www.southshorenaturalsciencecenter.org.

Audition for Shrek the Musical Jr., with The Academy of The Company Theatre (ACT). Auditions for young actors ages 7 to 13 take place today from 3:45 to 6 p.m. at The Company Theatre Centre for the Performing Arts, 30 Accord Park Drive, Norwell. For information call the box office at 781-871-2787 or email Sally at Sally@companytheatre.com. www.companytheatre.com.

Scott Shetler on saxophone with The Willie J Laws Band, followed by open mike with Willie J Laws Jr. Jammers invited and welcome. Free pizza at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Karaoke with Mark Shaom at The Banner Pub, 167 Union St., Rockland. 781-878-8717, www.thebannerpub.com.

Nick Pangakis at The Tavern, One Proprietors Drive, Marshfield. 781-837-0000.

Jake Hill will host Open Mike Challenge at 7 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. Free admission. Visit www.spirecenter.org or call 508-746-4488 for details.

FRIDAY, FEB. 6

New Exhibit of paintings by Mary A. Smith at South Street Gallery, 149 South St., Hingham on display Feb. 28. The artist reception will take place Feb. 6, 6 to 9 p.m. Public is invited to stop by and meet and chat with the artist, light refreshments will be served. 781-749-0430.

Cohasset Dramatic Club will again present "Briefs", its popular festival of 10-minute plays, at 7:30 p.m. at Cohasset Town Hall Theatre. Tickets are $20 for the evening, which includes cabaret-style seating, complimentary snacks, dessert and beverages, and seven 10-minute plays. Tickets can be purchased at the door, or by calling 617-922-0280, or online at www.brownpapertickets.com/event/1149495.

Bridgewater Community Dance Series, featuring folk, square, and contra dance, 7:30 to 9 p.m. at the Bridgewater Senior Center, Wally Krueger Way, Bridgewater. $8 admission. Information: sbaumgarten@verizon.net or 774-208-2933.

Johnny Bluehorn and the Caretakers at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Splash of Blues at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, www.great-chow.com.

Jay Psaros at The Olde Hitching Post, 48 Spring St., Hanson, 781-447-2592.

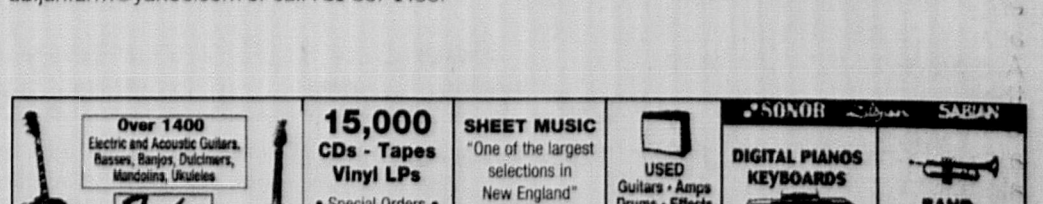
Eastern Standard Duo at McGuiggans Pub, 546 Washington St., Whitman, 9:30 p.m. 781-447-7333, www.mcguigganspub.com.

Nico Rivers at The Tavern, One Proprietors Drive, Marshfield. 781-837-0000.

Live entertainment every Friday and Saturday night from 8 p.m. at the WaterFire Tavern at the John Carver Inn & Spa, 25 Summer St., Plymouth, 855-580-5665.

Comedy Night with Nick Albanese and Friends at 8 p.m. The Spire, 25 1/2 Court St., Plymouth, tickets $15 at spirecenter.org.

Code 7 at The Cavern in The New World Tavern, 56 Main St., Plymouth. 508-927-4250, wwwthenewworldtavern.com



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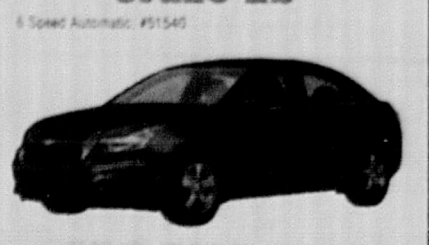

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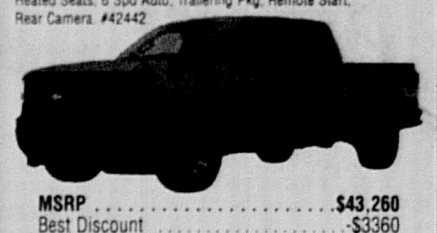

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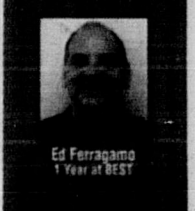
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